



ABYC Learn to Sail Spring 2018

DATE	EVENT	LOCATION	TIME
January 14 th	Clinic #1	ABYC	10am-2pm
January 28 th	Clinic #2	ABYC	10am-2pm
February 11 th	Clinic #3	ABYC	10am-2pm
March 4 th	Clinic #4	ABYC	10am-2pm
March 18 th	Clinic #5	ABYC	10am-2pm

Clinic Dates: Clinic times as posted are the time when sailors should be rigged and ready for a chalk talk. Coaches will be at the venue 1 hour previous to the time posted to complete rig checks and assist with rigging as needed.

Clinic Cost: \$125 for the whole session. Due to the progression in Learn to Sail, drop-ins are not recommended. If you have questions, please email the Sailing Director at juniors@abyc.org.

Charters: Use of the Optimist Sail Cube and accompanying gear is provided during clinics and is included in the clinic cost!



ABYC Sabot Fleet Spring 2018

DATE	EVENT	LOCATION	TIME
January 13 th	Clinic #1	ABYC	11am-4pm
January 20 th -21 st	Jr. Invitational	ABYC	8am-5pm
January 27 th	Clinic #2	ABYC	11am-4pm
February 10 th	Clinic #3	ABYC	11am-4pm
March 3 rd	Clinic #4	ABYC	11am-4pm
March 10 th	Clinic #5	ABYC	11am-4pm
March 17 th	North Series #4	NHYC	8am-5pm
April 14 th	Clinic #6	ABYC	11am-4pm
April 28 th	Clinic #7	ABYC	11am-4pm
May 12 th	Clinic #8	ABYC	11am-4pm

Clinic Dates: Clinic times as posted are the time when sailors should be rigged and ready for a chalk talk. Coaches will be at the venue 1 hour previous to the time posted to complete rig checks and assist with rigging as needed.

Clinic Cost: \$360 for the whole session. Daily drop in rates are \$45/day. Drop-ins are based on availability and must be confirmed with the Sailing Director by the Wednesday prior to the clinic.

Regatta Cost: ABYC Hosted Regatta: \$20/day

Local Travel Regatta: \$40/day (hotel not required for coaching staff)

Travel Regatta: \$50/day

Charters: Please contact the Sailing Director, Craig Ramsay, for any questions regarding Sabot charters.



ABYC Optimist Green Fleet Spring 2018

DATE	EVENT	LOCATION	TIME
January 13 th	Clinic #1	ABYC	11am-4pm
January 20 th -21 st	Jr. Invitational	ABYC	8am-5pm
February 3 rd	Clinic #2	ABYC	11am-4pm
February 10 th -11 th	Carrie #4	DRYC	8am-5pm
February 17 th	Clinic #3 (comb)	ABYC	11am-4pm
February 24 th -25 th	Harken #1	Cal YC	8am-5pm
March 3 rd	Clinic #4 (comb)	ABYC	11am-4pm
March 10 th -11 th	Carrie #5	MorroBay YC	8am-5pm
March 24 th	Clinic #5	ABYC	11am-4pm
April 7 th -8 th	Harken #2	SFYC	8am-5pm
April 14 th -15 th	Special Clinic	CBYC	11am-4pm
April 28 th -29 th	Special Clinic	KHYC	11am-4pm
May 5 th -6 th	Carrie #6	KHYC	8am-5pm
May 19 th -20 th	Harken #3	CBYC	8am-5pm
June 2 nd -3 rd	Clinic #6	ABYC (w/ CBYC/KHYC)	11am-4pm
June 15 th -17 th	Harken #4	StFYC	8am-5pm

Clinic Dates: Clinic times as posted are the time when sailors should be rigged and ready for a chalk talk. Coaches will be at the venue 1 hour previous to the time posted to complete rig checks and assist with rigging as needed.

Clinic Cost: \$280 for the whole session. Daily drop in rates are \$45/day. Drop-ins are based on availability and must be confirmed with the Sailing Director by the Wednesday prior to the clinic.

Regatta Cost: ABYC Hosted Regatta: \$20/day

Local Travel Regatta: \$40/day (hotel not required for coaching staff)

Travel Regatta: \$50/day

Charters: Please contact the Sailing Director, Craig Ramsay, for any questions regarding Optimist charters.

***Special Clinic:** These clinics are not included in the base price for the Spring Season. Each of these clinics are \$80 (\$40/day, same price as regular clinics for the Spring Season).



ALAMITOS BAY YC ABYC Optimist Champ Fleet Spring 2018

DATE	EVENT	LOCATION	TIME
January 14 th	Clinic #1	ABYC	11am-4pm
January 20 th -21 st	Jr. Invitational	ABYC	8am-5pm
February 4 th	Clinic #2	ABYC	11am-4pm
February 10 th -11 th	Carrie #4	DRYC	8am-5pm
February 17 th	Clinic #3 (comb)	ABYC	11am-4pm
February 24 th -25 th	Harken #1	Cal YC	8am-5pm
March 3 rd	Clinic #4 (comb)	ABYC	11am-4pm
March 10 th -11 th	Carrie #5	MorroBay YC	8am-5pm
March 25 th	Clinic #5	ABYC	11am-4pm
April 7 th -8 th	Harken #2	SFYC	8am-5pm
*April 14 th -15 th	Special Clinic	CBYC	11am-4pm
*April 28 th -29 th	Special Clinic	KHYC	11am-4pm
May 5 th -6 th	Carrie #6	KHYC	8am-5pm
May 19 th -20 th	Harken #3	CBYC	8am-5pm
June 2 nd -3 rd	Clinic #6	ABYC (w/ CBYC/KHYC)	11am-4pm
June 15 th -17 th	Harken #4	StFYC	8am-5pm

Clinic Dates: Clinic times as posted are the time when sailors should be rigged and ready for a chalk talk. Coaches will be at the venue 1 hour previous to the time posted to complete rig checks and assist with rigging as needed.

Clinic Cost: \$280 for the whole session. Daily drop in rates are \$45/day. Drop-ins are based on availability and must be confirmed with the Sailing Director by the Wednesday prior to the clinic.

Regatta Cost: ABYC Hosted Regatta: \$20/day

Local Travel Regatta: \$40/day (hotel not required for coaching staff)

Travel Regatta: \$50/day

Charters: Please contact the Sailing Director, Craig Ramsay, for any questions regarding Optimist charters.

***Special Clinic:** These clinics are not included in the base price for the Spring Season. Each of these clinics are \$80 (\$40/day, same price as regular clinics for the Spring Season).



ABYC CFJ Fleet Spring 2018

DATE	EVENT	LOCATION	TIME
January 14 th	Clinic #1	ABYC	11am-4pm
January 28 th	Clinic #2	ABYC	11am-4pm
February 11 th	Clinic #3	ABYC	11am-4pm
February 18 th	Clinic #4	ABYC	11am-4pm
March 3 rd -4 th	Shadden #4	ABYC	9am-5pm
March 18 th	Clinic #5	ABYC	11am-4pm
April 15 th	Clinic #6	ABYC	11am-4pm
April 29 th	Clinic #7	ABYC	11am-4pm
May 20 th	Clinic #8	ABYC	11am-4pm

Clinic Dates: Clinic times as posted are the time when sailors should be rigged and ready for a chalk talk. Coaches will be at the venue 1 hour previous to the time posted to complete rig checks and assist with rigging as needed.

Clinic Cost: \$320 for the whole session. Daily drop in rates are \$45/day. Drop-ins are based on availability and must be confirmed with the Sailing Director by the Wednesday prior to the clinic.

Regatta Cost: ABYC Hosted Regatta: \$20/day

Local Travel Regatta: \$40/day (hotel not required for coaching staff)

Travel Regatta: \$50/day

Charters: Use of CFJ's and CFJ equipment is covered in the Clinic Cost for the spring. This includes a boat and equipment for regattas.



ABYC Laser Fleet Spring 2018

DATE	EVENT	LOCATION	TIME
March 23 rd & 24 th & 25 th	Ullman Frost #3	SBYC	8am-5pm
May 5 th & May 6 th	Ullman Frost #4	SBSC	8am-5pm
July 12 th -15 th	Laser NA Champs	ABYC	8am-5pm

Practices:

Every Sunday @ 10am-3pm at ABYC

January 14th-April 29th

Cost: No cost, these practices are without a paid coach, but are designed to get sailors on the water with minimal barrier to entry. If you have questions regarding these practices, please call the ABYC Sailing Director at (562)343-8030.

Extra Practice Dates:

- February 3rd- Laser Starts Practice hosted by Laser Masters
Cost: TBD, costs to cover a coach boat could be assessed and split between participating sailors
Contact: Jorge Suarez & Craig Ramsay (562) 343-8030

Separate paid clinic dates that are focused on specific skills will be announced, dates are TBD at the moment.