Dear Parent or Guardian,

Your student's school has been invited to participate in the BRAVE Summit (Be Resilient and Voice Emotions), a youth mental health and resilience event hosted by UF Health St. Johns Care Connect on March 25, 2026, at the St. Augustine Amphitheatre.

The BRAVE Summit is designed to support students' emotional wellbeing and ensure they are aware of trusted support systems available to them. As we welcome students from all backgrounds, the event:

- Welcomes all students regardless of background or circumstance
- Focuses on mental health education, resilience, and help-seeking
- Provides access to community organizations offering youth and family support services
- Supports students in identifying trusted adults and available resources
- Reinforces positive coping skills, emotional wellness, and personal wellbeing

Participating organizations include licensed healthcare providers and nonprofit community agencies that serve youth and families with a wide range of needs and experiences. These organizations provide general information about available services and are present to ensure students and families are aware of supportive resources that reflect and serve our diverse community.

Students will hear from speakers, participate in educational activities, and learn about community resources available to support their overall wellbeing. Participation is coordinated through your student's school.

We respect the important role parents and guardians play in their child's wellbeing and are committed to transparency. Parents are encouraged to review full event details, including the agenda, speakers, and participating organizations, by scanning the QR code included with this notice or visiting:

https://getconnected.careconnectplus.com/brave-summit-2026/

This website provides detailed information so families can learn more about the event and the resources available.

If you have additional questions, please contact UF Health St. Johns Care Connect at 904-819-4425 or BRAVE@flaglerhealth.org.

Sincerely,

Paige Stanton
Executive Director
UF Health St. Johns Care Connect