

# How to Celebrate Catholic Family Life

September 24 – October 2, 2022

1. Check **[oakdiocese.org/CCFL](https://oakdiocese.org/CCFL)** for all the events scheduled throughout the diocese!
2. Attend any event(s) that will help your family unite
3. Submit your photos and Participation Passport at **[catholicfamilylife@oakdiocese.org](mailto:catholicfamilylife@oakdiocese.org)**

## Celebrating at Home

**FORMATION:** Watch a documental or video offered on the website and discuss it after

**PRAYER:** Pray the Rosary or read the Bible together

**SERVICE/OUTREACH:** Call or Visit a person or family in need (companionship or support)

**SOCIAL:** Start with prayer, intentionally eat together and share your favorite family moments