

How to Celebrate Catholic Family Life

September 24 – October 2, 2022

1. Check **oakdiocese.org/CCFL** for all the events scheduled throughout the diocese!
2. Attend any event(s) that will help your family unite
3. Submit your photos and Participation Passport at **catholicfamilylife@oakdiocese.org**

Celebrating at Home

FORMATION: Watch a documental or video offered on the website and discuss it after

PRAYER: Pray the Rosary or read the Bible together

SERVICE/OUTREACH: Call or Visit a person or family in need (companionship or support)

SOCIAL: Start with prayer, intentionally eat together and share your favorite family moments