

Sample High-Performance Team Session

8:30 am – 4:30 pm Zoom

Session Objectives:

- Create a common framework and language for how a successful team functions, using Lencioni's model as a foundation.
- Strengthen the foundation of trust amongst team members using the Herrmann Brain Dominance Instrument (HBDI) to further understand our own and each other's thinking styles and communication preferences, under normal circumstances and when in conflict situations or under pressure.
- Learn the team's overall team strengths and blind spots and how they can capitalize on their diversity of thought to enable a more cohesive, collaborative, and productive team to emerge, thus enhancing the team's output and results.
- Achieve understanding and commitment to the team's overall goals/priorities, how each person's role contributes to the accomplishment of these, and who they count on to help them be successful in that role.
- Identify activities the team will undertake in the next 45 days to support its commitment to teamwork.

WHEN	WHAT
8:30 – 10:15	<ul style="list-style-type: none"> ❖ Welcome and Session Overview ❖ Discussion of Lencioni's Model for High-Performance Teams
10:15 – 10:30	<i>Break</i>
10:30 – 12:15	<ul style="list-style-type: none"> ❖ Overview of the Whole Brain Model and Communication Preferences ❖ Walk-through and Discussion of Individual and Team HBDI Results
12:15 – 1:00	<i>Lunch Break</i>
1:00 – 2:30	<ul style="list-style-type: none"> ❖ Aligning Our Team Goals & Our Roles/Contributions
2:30 – 2:45	<i>Break</i>
2:45 – 4:30	<ul style="list-style-type: none"> ❖ Decide Teamwork Activities for the Next 45 Days ❖ Conduct the Feed Forward Exercise ❖ Wrap Up & Next Steps