



Every chapter includes clear, practical
take-aways and next steps.

Take the stress out of career transitions.

Raymond Lee believes that not only is change good but that it is possible to take the stress out of career transitions at any level! He gives readers a fresh way to think about their careers and practical advice to consolidate individual power for meaningful changes and to assess choices to make successful transitions.

He explores ten fascinating stories that bring to life the key components of effective career transition—choice, mindset, agility, and trust—and highlight how they interplay during a career change.

“Lee presents a truly compelling and memorable way to acquire crucial life and career success principles as lived out in the authentic stories of others who navigated the challenges most careers will face. Inspiring!”

—Hank Boyer, Founder and CEO, Boyer Management Group

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About the Author

Raymond Lee is the founder and CEO of CareerMinds, a global virtual outplacement company launched in 2008. He has over 18 years of human resource, outplacement, and career consulting experience, and he's also a certified retirement coach. He pioneered the concept of virtual outplacement after years of delivering traditional outplacement in a variety of HR roles, and saw a huge opportunity to align career transition programs with the way people were actually looking for jobs.

When Raymond started the company, he had one goal in mind: to create forward-thinking transition programs that reduced employee stress. This included developing robust software to personalize the transition experience for all levels of the organization and hiring expert consultants to support participants every step of the way.

Lee holds his bachelor's in psychology and a master's degree in industrial/organizational psychology from Louisiana Tech University. He sits on the CareerMinds Board of Directors, is the past president of the Philadelphia Society of People and Strategy, and is an active speaker and contributor to HRPS & SHRM. Raymond has been featured on SiriusXM Business Radio, the *Wall Street Journal*, CNN Business, and Fox Business News.

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