



SAA/CBHS Football Cheer: 2023-24

Clinic/Try-Outs @ Mullins Methodist Gym

Sat. March 25th, 10 am - 1 pm

Sun. March 26th, 8 am - 1 pm

Mission Statement

- **Promote and uphold school spirit, unity, and pride**
- **Represent the SAA and CBHS to the highest degree**
- **Set an example of good behavior and sportsmanship at all times (in uniform or not)**
- **Promote friendship with each other and with students at other schools**
- **Promote the development of lifelong values and skills**

SAA-CBHS Cheer Program Rules and Regulations

Cheerleaders understand that teamwork and discipline are the keys to success of the program. Cheerleaders are dedicated to promoting spirit, enthusiasm, and positive winning attitude through example. Adherence to the Cheer Program rules and regulations is vital to achieve goals. All members realize that the manner, in which they conduct themselves in or out of uniform, directly reflects on the entire team, squad, and both SAA and CBHS.

ELIGIBILITY

- All cheerleading candidates and parents must sign a contract stating that they agree to and are aware of the amount of time, expense, commitment, and responsibility required and expected.
- Please read the SAA-SDS student handbook for athletic eligibility as these rules take precedence.
 - Students entering 9th-12th grade for the 2023-24 year may try out and must be under contract to attend SAA for the 2023-24 academic year.
 - Must be in good financial standing with SAA-SDS.
 - Must be in good academic standing per details in the student handbook.

CONDUCT

- By being a part of the cheerleading squad, you are accepting the fact that your actions are more prominent than those not associated with such an activity. Exemplary behavior is mandatory at all times, anywhere in the community and at all school functions where you are recognized as a representative of SAA-SDS and CBHS.
- Promoting good sportsmanship by way of example is required at all times. Members must not use foul language at activities, in school, at games, or camps, etc.
- **Due to social media your presence can be seen everywhere. Behavior on and off campus can impact a girl's spot on the team.**

ABSENCES

Cheerleading is unlike any other sport. There will be no substitute members/alternates when needed. Being present is very important. Illness or other extreme emergencies are the only valid reason for missing practices and games.

- One person being absent affects the entire squad. Absences will be excused in the event of a personal illness with dr. excuse, family emergency, or death of a family member. Jobs, routine appointments and obligations, or other reasons for absence must work around the cheer schedule.
- Attendance at a game or practice without proper shoes, clothes or uniform will be considered an absence.
- Unexcused absences can result in sitting out football games and removal from the squad.

SUMMER/FALL

It is imperative that football cheerleaders attend and participate in **ALL** summer activities and events including camp, clinics, and assemblies.

At the beginning of the summer, a Vacation Log will be distributed. At that time please list family vacations that will keep you from weekly practices. Outside of the times listed on the log, all summer practices and camp are mandatory. Summer practices will be held on Tuesday and Wednesday afternoons.

Regardless of attendance all students are financially responsible for all coaching fees.

The 2023-24 Cheerleaders will attend camp this summer. The camp is all day, will be held at SAA, and attendance is mandatory to be a member of the team.

FINANCES – CHEERLEADING PROGRAM FINANCES

PLEASE NOTE Cheer is an expensive sport. We will do our best to keep costs at a minimum, and although specifics have not been determined, a family can expect to spend approximately the amounts listed below. This will be broken into two installments and deducted from your school FACTS account. A \$1,500 deduction will be made from your FACTS account April 1st and the remaining balance will be deducted in August.

APPROXIMATE/EXPECTED EXPENSES: Not to exceed the amounts listed below.

Coaching Fees per month per cheerleader	100 per mo. / 800 max
Camp	500
Equipment upkeep	100
Practice/camp clothing	500
Uniform/apparel and accessories	700
Misc.	200

Approx. Cost to be a cheerleader for the 2023-24 Football Season is \$2,800. (maximum)

Charges will only be made for what is spent.

*Returning cheerleaders from (22-23) season will spend less due to reuse of uniform, backpack, jacket, etc.)