

# BODIES IN PROGRESS

AN EVENING FOR GIRLS AND THEIR MOMS  
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## What's It All About?

At this event girls will learn about changes that occur in females during puberty, including emotional changes, hygiene, physical changes, menstruation, sanitary supplies, conception, and the benefits of abstinence. This program promotes positive self-image and reinforces that the changes of puberty are normal. This program is taught from an abstinence until marriage perspective.

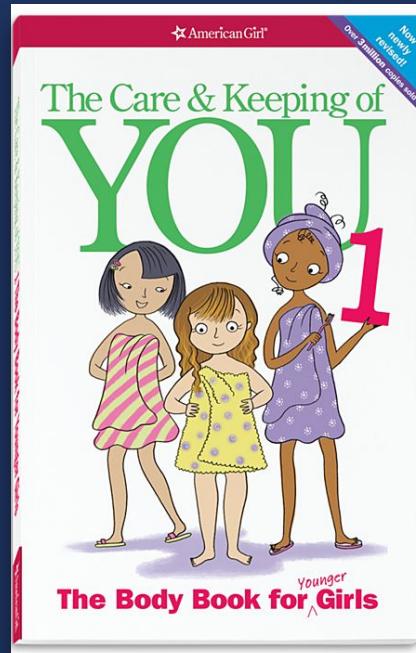
The evening will start with a 45 minute distance learning presentation by the professionals at McMillen Health. Dinner will follow in the Cyber Cafe.

All students will receive a copy of *The Care and Keeping of You, Part 1* and a goody bag.

Date: October 17, 2022 @ 5:30

Location: SAA-SDS Distance Learning Center

Cost: \$20.00



**Bodies in Progress Registration - Please register at the following link:**

<https://forms.gle/xS9ovDvs4Crq1RPf8>

Checks can be made payable to SAA-SDS and sent to the attention of Mrs. Casey.