







Personal Care Assistance Issues

The Center for Independent Living Options, Inc. (CILO) is hosting a support series where people who use Personal Care Assistance Services in Ohio can safely share their PCA experiences with others by **Zoom**.

Week 1 – September 9 Finding & Hiring a Good PCA

Week 2 – September 23 How to Communicate with Your PCA

Week 3 – September 30 Develop a Contingency Plan for When Your PCA

is Off

Week 4 – October 7 Self-Advocacy: Importance of Expressing Your

Needs to Your PCA

Each session begins at 1:00PM



To register and receive the Zoom link:

Email: Beth Blaylock at bblaylock@cilo.net or call 513.241.2600 Ext. 114