

A Little Bit about ASRC's New Recreation Director

FRANCESCA LOGAN

Francesca Logan is ASRC's Director of Recreation. Francesca brings extensive experience and knowledge in assessing, planning, implementing and facilitating recreational activities in the community.

Francesca wholeheartedly believes all people are capable of enhancing their overall emotional, social, mental, physical and spiritual well-being through recreation and leisure experiences.

Francesca supervised and coordinated staff, volunteers and interns across 21 after school sites to provide support services for children with disabilities. Conjointly launch and maintain 13 different annual recreational and social groups.

Francesca translated information of birth to three services, written and verbal instructions for Spanish speaking parents. Francesca is a English/Spanish credentialed supervisor in Positive Parenting Program (Triple P).

Francesca was awarded the Bridgeport Hospital Quality Award for advocating, creating and implementing an individualized plan for patients with autism in a hospital setting. Francesca continuously collaborates with multidisciplinary teams to address special needs and/or modifications as needed.

Francesca is a Certified Therapeutic Recreation Specialist (CTRS) who works with people of all abilities at all stages of life to enhance their quality of life.

Francesca holds a Bachelor of Science in Recreation and Leisure Studies from Southern Connecticut State University.

With limitations and restrictions placed on the hospital due to the pandemic, Francesca was looking for a way to influence and impact communities in a positive manner. Francesca has over 10 years experience working with children and adults with autism, and found ASRC to be a perfect fit.

With her children, Francesca enjoys outdoor activities such as hiking, snowboarding/skiing, paddle boarding, kayaking, archery and biking. Different forms of fitness such as barre, yoga, dancing, jujitsu, Krav Maga and weightlifting. Some of Francesca's hidden talents are knitting, sewing ,soap and candle making, cooking and art.