

Set limits together: Agree on boundaries for treats, screen time, or activities, and help your child stick to them.

Practice waiting: Encourage pausing before going back for seconds or asking for more time, building patience.

TEMPERANCE

Praise self-control: Notice and celebrate when your child makes a balanced choice on their own.

SAFE ENVIRONMENT - QUESTIONS TO DISCUSS

- If someone I do not know starts to talk to me I should... (Walk away and find a trusted adult.) Do not go with strangers.
- Rules keep me safe at home and at school. Some rules at home are... (Discuss some of your house rules that help keep your child safe at home and out in the community.)
- If I am home alone some house rules change. Some rules might be... (If your child is ever home alone, discuss if it is appropriate to answer the door or phone. Who can they contact in case of an emergency? Example: Phone numbers? Neighbors?)

HALLOWEEN COSTUMES

On Thursday, October 30, 2025, HandS is hosting an All Saints Day party at Holy Ghost from 12:15-2:15.

Students may bring their costumes to school, and will change into them after lunch. Costumes must be school appropriate (no gore, please) and students must be able to move freely in their costumes.

Please keep the following in mind as you decide on a costume to bring to school:

- We should be able to see your face (no masks).
- We would like you to sit in desks (no inflatable/blow up costumes).
- A single prop is welcome, but it should not be a weapon.
- Hats/Hair Color/Wigs are all okay, but should stay on your head.

We are asking that all students try to link their costume with a patron saint and fill out a paper ribbon that will be coming home in October. Please look at [THIS WEBSITE](#) for patron saint ideas.

PLEASE CLICK [HERE](#) TO CHECK OUT WHAT'S BEEN HAPPENING IN ART.



OCTOBER:
BREAKFAST MENU

LUNCH MENU

UPCOMING

September 29: 3rd Grade Library
 September 30: Terrific Tuesday
 October 1: 8am Mass (Eckwright)
 October 1: 5th Grade Field Trip: Conservation Day
 October 3: Student-Led Conferences: Sign up [HERE](#)
 October 6: 4th/5th Grade Library
 October 8: Adoration 12pm
 October 9: 4th Grade Field Trip: Ice Age Trail
 October 24: 3rd Grade Field Trip: Cathedral of St. Paul
 October 30: All Saints Day Party
 October 31: No School
 November 24-28: Thanksgiving Break
 December 8: Feast of the Immaculate Conception
 December 8-12: Holy Spirit Week
 December 16: Christmas Program
 December 22-January 2: BREAK