



the world is brighter
with you in it

Walk for Tomorrow 2026



Saturday, Sept. 12



10:00 a.m.



Johnson Lake – Fremont, NE

FREE Community Walk for Mental Wellness

Join Methodist Fremont Health's Behavioral Health team for Walk for Tomorrow, a free, family-friendly community event focused on connection, support and mental wellness.

Enjoy a relaxing walk around Johnson Lake and connect with local organizations and mental health resources. Activities for all ages include face painting, a food truck, coffee vendor, sidewalk chalk and more.

Walk at your own pace—pets welcome on a leash.

Get Details & Register

Visit bestcare.org/calendar or scan the QR code to register and for full event information.



T-Shirts

Event T-shirts are available for purchase.

Deadline to purchase: Aug. 26

Pick-up: Sept. 10, 5–6 p.m. at Methodist Fremont Health Main Entrance OR the morning of the event

