



# Woman 2 Woman

*It is healing for a woman in prison to have a relationship that is caring, honest, and trustworthy. Most have had very few, if any, of those.*

## Who We Are

- Nancy Gernert, elder at Bedford Presbyterian Church (BPC), co-founder and coordinator of Woman 2 Woman
- 90 women in the Bedford community and 80 inmates at Bedford Hills Correctional Facility (BHCF)

## What We Do

Launched by Bedford Presbyterian Church in the fall of 2013, Woman 2 Woman is a prison ministry program that connects women in our congregation and community with women incarcerated at Bedford Hills Correctional Facility. These women are our neighbors, yet many of them have little to no outside contact. Our visiting program is designed to provide much-needed emotional support, encouragement and friendship. Our goal is also to stretch our own capacity for empathy and understanding by developing a relationship of mutual respect and caring with someone whose history and circumstances is typically very different from our own.

## What You Can Do

- Attend a 2-hour training session to discuss the program guidelines and to ask questions. If you choose to become a visitor, you will then be given the Department Identification Number (DIN#) and name of your inmate.
- Commit to visiting your inmate at least once a month.
- Determine whether you would like an experienced visitor to accompany you on your first visit.
- Attend visitor support groups, which are held three times a year. They provide a forum for sharing both the joys and frustrations of prison visiting and for discussing any questions or concerns you may have.
- In the interim, please contact Nancy Gernert at 914-763-0750 or via email at [nancygernert@gmail.com](mailto:nancygernert@gmail.com) with any immediate issues.