

# Religion and Mental Health: Practical Guidance for Clergy and Spiritual Caregivers

Monday, June 17, 2019  
8:30 AM - 12:30 PM

Studies show that nearly one quarter of people with mental illness approach their clergy first for help or guidance. ***Religion and Mental Health*** is a symposium for clergy and spiritual caregivers to explore and discuss this intersection. Participants will learn tips to navigate these issues from a psychiatrist and clergy who specialize in working with people with mental illness.

Topics Include:

- Recognizing symptoms of common mental illnesses
- Distinguishing between spirituality and psychiatric symptoms
- Meeting the spiritual needs of those with mental illness

NewYork-Presbyterian Westchester Division  
21 Bloomingdale Road  
White Plains, NY 10605

Free parking. Breakfast and lunch will be provided.

To register, please visit [www.nypwdmentalhealth.eventbrite.com](http://www.nypwdmentalhealth.eventbrite.com)

Questions? Contact Community Affairs at 914-997-5779.