Upgrade Your Health

Gilead Reiki Fund Raiser

Sunday March 8, 2020

Gilead Presbyterian Church

9 Church St., Carmel, NY 10512

12 – 4 pm

Learn about and experience the power of energy healing to augment your health routine and traditional medical treatments you may already be receiving. Experience a trial session of Reiki.

There will a 30-minute information and Q and A session at 12 pm provided by by Anne Bentzen, Jikiden Reiki teacher and Usui Reiki Master.

Massage tables will be available for 20-minute mini sessions. Used in major metro NY hospitals, energy healing is accepted as a complementary therapy to improve health and well-being. Suggested donations of $25 are appreciated to support Gilead Presbyterian Church.

Hosts: Gilead Presbyterian Members Mariah Warren and Renae Meyer Lent, Jikiden Reiki Practitioners.

RSVP: punkierml@aol.com

Or Text/Call: 914-954-1847