August 18, 2024
The Thirteenth Sunday after Pentecost

Trinity Episcopal Church Welcomes You!

8:00 a.m. and 10:00 a.m. Holy Eucharist

The Word of God

Voluntary *Récit de tierce en taille* Nicolas de Grigny

Hymn 432, v. 1-3 *O praise ye the Lord!* tune: Laudate Dominum

Welcome

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and for ever. Amen.**

Collect for Purity *Book of Common Prayer, p. 355*

Gloria: S-278 *Glory to God in the highest* William Mathias
Please note: S-music means service music found at the front of the blue hymnal.
Spoken at 8 a.m.

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father, Amen.

Celebrant The Lord be with you.
All **And also with you.**
Celebrant Let us pray.

Collect of the Day
Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Reading *Ephesians 5:15-20*
Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.
Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 34:9-14
9 Fear the Lord, you that are his saints, *
for those who fear him lack nothing.
10 The young lions lack and suffer hunger, *
but those who seek the Lord lack nothing that is good.

11 Come, children, and listen to me; *
I will teach you the fear of the Lord.
12 Who among you loves life *
and desires long life to enjoy prosperity?
13 Keep your tongue from evil-speaking *
and your lips from lying words.
14 Turn from evil and do good; *
seek peace and pursue it.

Hymn 440 *Blessed Jesus* tune: Liebster Jesu

Gospel The Holy Gospel of our Lord Jesus Christ according to *John 6:51-58*
People **Glory to you, Lord Christ.**
Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."
Gospeller The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Sermon The Rev. Matthew J. Lindeman, *Priest-in-Charge*

Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People - Form VI *BCP, p 392*

In peace, we pray to you, Lord God.
Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, Jeffrey and Laura, our Bishops; We pray also for our Presiding Bishop Elect Sean Rowe, and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation, remembering those on our parish prayer list: Craig Carbery, Tim Hunt, Sandy, Emmet and Olivia, Jimmy, Sam Porter, Chris, Jane Dean, Clare, Wendy Safyre, Tereza Valle, Olivia Charney, Claudia, Cooper, Jay Galluzzo, Kari, Michael Banten, Patria Swann, Michael Garcia, Sister Carmel Garcia, and Teresa Garcia.
Silence
The People may add their own petitions

We pray for peace in the Middle East, Ukraine and throughout the world.
Silence

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.
Silence
The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, especially Charles and Mary van Conta, that they may have a place in your eternal kingdom.
Silence
The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.
Silence may be kept.

Leader and People
Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

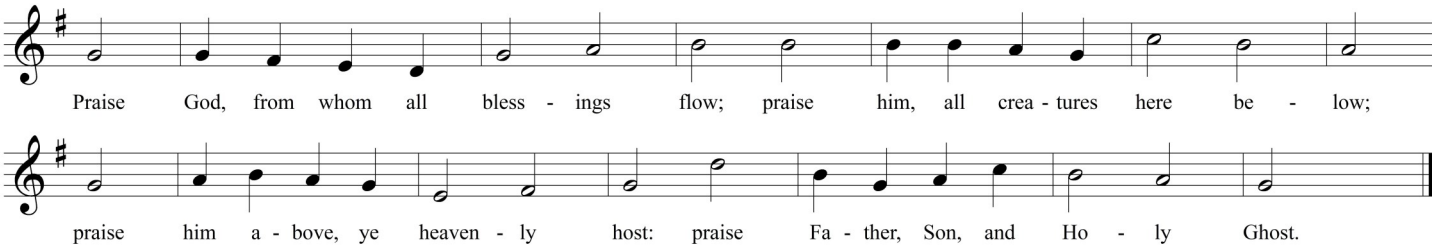
Absolution
The Peace
Announcements
Prayer For the Human Family *BCP, p. 815*
O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. *Amen.*

The Holy Communion

Offertory Sentence

Offertory Solo *Tuba Tune* Craig Sellar Lang

Hymn at the Presentation *Praise God, from whom all blessings flow* tune: Old 100th



Eucharistic Prayer A *(Please stand)* *BCP, p. 361*

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**
Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. . . . Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus S-128 *Spoken at 8 a.m.* *Holy, holy, holy Lord* William Mathias

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy and gracious Father: . . . . . *(the prayer continues)*

Therefore, we proclaim the mystery of faith:

Celebrant and People **Christ has died.**
Christ is risen.
Christ will come again.

. . .And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer *BCP, p. 364*

The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia.**

Hymn 309 *O Food to pilgrims given* tune: O Welt, ich muss dich lassen

Postcommunion Prayer

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

Blessing

Hymn 488 *Be thou my vision* tune: Slane

Dismissal

Voluntary *Improvisation* Ethan Haman

The flowers on the altar are given to the glory of God and in memory of:
~ Jane Camp Hunt, on her birthday, by her daughter and son-in-law, Margaret and Chris Rieck ~

Liturgical Participants:	
Celebrant and Preacher::	The Rev. Matthew J. Lindeman
Music:	10 a.m. Ethan Haman, *Organist*
Crucifer:	10 a.m. TBD
Acolyte:	David Knott
Lectors:	8 a.m. John Kreitler
	10 a.m. John Weber
Intercessors:	8 a.m. Daniel King
	10 a.m. Dale Wright
Chalice Bearers:	8 a.m. Daniel King
	10 a.m. Cathy Andersen
Ushers:	8 a.m. Thomas Benton, Nelson North
	10 a.m. Burdin Hickok, Matt Kern
Greeter:	Jane Hickok
Flower Guild:	Barbara Burian
Altar Guild:	Judy Urquhart, Peggy Morris
Audio/Visual:	Ethan Kontarovich

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~ Trinity Episcopal Church ~

VISION: To know Christ and to share God's love.

A MISSION OF FAITH, COMMUNITY, & SERVICE:
To provide a vibrant 21st century Episcopal community that inspires spiritual growth, nurtures genuine connections, and promotes charitable service.

WELCOME TO TRINITY SOUTHPORT

Episcopal Church TRINITY
www.trinitysouthport.org

Sunday Holy Eucharist

- **8:00 a.m.** Southport Beach - Please bring a chair.
- **10:00 a.m.** Trinity Church in person and online at:
  Facebook (@TrinitySouthportCT) &
  YouTube (Trinity Southport)
- Join us for lemonade and treats on the lawn after the 10 a.m. service



Weekday Morning Prayer

- **7:30 a.m**. Chapel open individual prayer - use kitchen door.

TRINITY MEDITATION ROOM: ***On SUMMER BREAK through Labor Day***
To receive your Zoom invitation, contact Harry Schmitz at hschmitz@hvsassoc.com

Wednesday: 6:30-7 p.m. in the chapel and online
Sunday: 5:20-6:30pm online only

Office Hours: The office is open from 9:00 a.m. - 1:00 p.m. Monday – Thursday and closed on Friday.

Ministry of 12: August Captain: Judy Nessel jnessel@icloud.com or (203) 255-1608

COFFEE HOUSE CONTEMPLATION



We usually meet twice monthly on Saturdays, 9:00 - 10:00am. **Next date: August 24th**
The Porch at Christie's, 161 Cross Highway Westport, CT https://www.theporchatchristies.com
Questions? Contact Harry Schmitz hschmitz@hvsassoc.com

TRINITY OUTREACH



Toiletry Collection: We are collecting toiletries—soap, shampoo, toothpaste, toothbrushes, and feminine hygiene products like tampons and pads—for local shelters. Travel size is best, but regular sizes will be happily accepted. We have a collection box for drop off in the foyer beyond the red doors.

Trinity is a founding sponsor of Laundry Love Bridgeport (a collaborative interfaith project). Laundry Love pays the cost of washing/drying clothes for individuals of no/little income every 3rd Tuesday.
You facilitate the payment of the washing machines but do not wash the clothes. If you can donate your time, please sign up here to help: https://www.signupgenius.com/go/9040B4DAEAA22A6F58-laundry#/

Please consider opportunities to help others.
Questions? Contact Thomas Benton at thomasbenton@me.com.

TRINITY OUTREACH

Want to Volunteer in the food pantries?

- **Saint John's** is looking for Food Pantry volunteers. Open all Saturday mornings except first Saturday each month. Contact: Aly Lake - alyhopelake@gmail.com
- **St. Luke's/Saint Paul's Food Pantry** is looking for volunteers. Contact: Fr. Martinez curajlm@gmail.com

Support Trinity's outreach initiatives to address food insecurity

1. **St. John's Food Pantry - Park Avenue, Bridgeport** They are in need of cereal, oatmeal, granola bars and other breakfast items; paper lunch bags, plastic sandwich bags, water bottles, and bags of chips. Donations can be left inside Trinity's red doors on Center Street weekdays 8 a.m. - 1 p.m.
2. **Operation Hope - Fairfield** If you can help, please send in a check made out to Trinity Church and in the memo line identify: Outreach-Operation Hope.



Saint John's Episcopal Church in Bridgeport is looking for volunteers to distribute back-to-school backpacks on **Saturday, August 24th from 9 a.m. to 12 p.m.**

No RSVP needed to volunteer.

Saint John's is located at 768 Fairfield Avenue, Bridgeport. Thank you!

YOUTH

Join us During Church on Sundays for Pray & Play this summer (ages 3 and up)!

Youth Ministry Director, Naomi Cunningham, will meet families in the Narthex when they arrive, gather children, and weather-permitting go out on the lawn, or into the parish hall during the lessons and sermon. Children return to their parents during the peace (in time for communion).



Register your children now for the 2024-2025 Program Year!

You can register for Choir, Sunday School and/or Youth Group using this link:

https://forms.gle/HmPoaxUEzo5NJngS6



TRINITY CHRISTMAS PAGEANT PHOTOS



Calling for past Christmas Pageant photos!

In preparation for Trinity's 100th Annual Christmas Pageant, please share photographs from ALL PAST TRINITY PAGEANTS. Please email a digital copy to Annie Ringelheim at: admin@trinitysouthport.org. Thank you!



Upcoming Events

August 18 ~ The Thirteenth Sunday after Pentecost
- 8 a.m. Holy Eucharist, Southport Beach - Please bring a chair!
- 10 a.m. Holy Eucharist ~ In-person and Virtual (on Facebook & YouTube) Childcare in Classroom 5

August 21 ~ Wednesday
- 11 a.m. Healing Service - Chapel
- 12 noon Bible Study - Parish Library

August 24 ~ Saturday
- 9 a.m. Coffee House Contemplation, The Porch at Christie's, Westport

August 25 ~ The Fourteenth Sunday after Pentecost
- 8 a.m. Holy Eucharist, Southport Beach - Please bring a chair!
- 10 a.m. Holy Eucharist ~ In-person and Virtual (on Facebook & YouTube) Childcare in Classroom 5

August 28 ~ Wednesday
- 11 a.m. Healing Service - Chapel
- 12 noon Bible Study - Parish Library

September 1 ~ The Fifteenth Sunday after Pentecost
- 8 a.m. Holy Eucharist, Southport Beach - Please bring a chair!
- 10 a.m. Holy Eucharist ~ In-person and Virtual (on Facebook & YouTube) Childcare in Classroom 5

September 2 ~ Monday, Labor Day - Office Closed

September 4 ~ Wednesday
- 11 a.m. Healing Service - Chapel
- 12 noon Bible Study - Parish Library

September 8 ~ The Sixteenth Sunday after Pentecost - Youth & Family, Welcome Back Sunday
- 8 a.m. Holy Eucharist, Southport Beach - Please bring a chair!
- 10 a.m. Holy Eucharist ~ In-person and Virtual (on Facebook & YouTube) Childcare in Classroom 5



Thank you to all who donated to our recent backpack drive to benefit St. John's Bridgeport and our Adopt a Social Worker Program. We collected over 60 backpacks!

Trinity Church

651 Pequot Avenue, Southport, CT ● 203-255-0454 ● www.trinitysouthport.org
Priest-in-Charge - The Rev. Matthew J. Lindeman rev.matt@trinitysouthport.org
Associate Rector - The Rev. Cathy Quinn associate@trinitysouthport.org