



alzheimer's association®

FEBRUARY SUPPORT GROUPS

In an effort to promote safety and support, our virtual and telephone support groups are available and open to everyone no matter where you live. Please find a date and time most convenient to you.

Virtual Caregiver Support Group

February 1st | 1st Monday the month

5:00 PM CT/ 6:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

February 10th | 2nd Wednesday of the month

11:00 AM CT/ 12:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

February 11th | 2nd Thursday of the month

9:30 AM CT/ 10:30 AM ET

Click [HERE](#) to register or call 1-800-272-3900

February 15th | 3rd Monday of the month

3:30 PM CT/ 4:30 PM ET

Click [HERE](#) to register or call 1-800-272-3900

February 15th | 3rd Monday this month

5:00 PM CT/ 6:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

February 16th | 3rd Tuesday of the month

3:00 PM CT/ 4:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

February 18th | 3rd Thursday of the month

12:00 PM CT/ 1:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

February 25th | 3rd Thursday of the month

2:30 PM CT/ 3:30 PM ET

Click [HERE](#) to register or call 1-800-272-3900

**Gateway & FIVCO Area:*

For caregivers of loved ones in a facility

Caregiver Support Group by Phone

February 23rd | 4th Tuesday of the month

9:30 AM CT/ 10:30 AM ET

**For caregivers of loved ones in a facility*

Click [HERE](#) to register or call 1-800-272-3900

February 23rd | 4th Tuesday of the month

3:00 PM CT/ 4:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

February 25th | Last Thursday of the month

11:00 AM CT/ 12:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

Virtual Early-Stage Support Group

Living with Early-Stage Memory Loss

February 12th | 2nd Friday of the month

11:00 AM CT/ 12:00 PM ET

Call 1-800-272-3900 for information

Early-Stage Caregiver Support Group

February 19th | 3rd Friday of the month

11:00 AM CT/ 12:00 PM ET

Call 1-800-272-3900 for more information



For more information or assistance, please call our 24/7 Helpline at 1-800-272-3900