



Sarpy County Swim Club

WHAT IS THE SCSC CUP?

IT ALL STARTS WITH THE DRAFT...

Each team's coach selects their roster.

Swimmers are drafted to one of six teams for the whole season. Each team has a coach, and that coach may or may not be your swimmers' practice group coach.

NEXT COMES THE PRE-MEET

Team practices + festivities.

The days before the SCSC Cup Meet, all six teams will get together for a team practice, team activities/bonding, and followed by a team dinner.

SCSC CUP MEET DAY!

This meet is unlike any other meet you will attend.

Swimmers will warmup with their team, and compete in events, with 1st - 6th place event winners scoring points for their team.

Swimmers participate in a team walkout, cheers and more! This is a high spirit, high energy event! Following the last event, we will present awards to the team who scores the most points, and another award to the team with the best spirit.

This year, swimmers and families can look forward to a live DJ, and a transformed pool atmosphere during the meet.

AFTER A MEET CHAMPION + SPIRIT AWARD WINNER ARE CROWNED...

We move onto other events throughout the season.

Events include a pop tab drive for the Omaha Ronald McDonald House, all-team relay night, home meet attendance/participation, and championship swim meet attendance/participation.

Each event is a chance for your team to earn points to become the overall season champion.