## Play Like a Champion Today Educational Series

PLAY LIKE
A CHAMPION
TODAY

Character Education Through Sports

## Calling all Sport Parents!

Join us during Catholic Schools Week to experience the

> Parent Like a Champion Workshop

Thursday, January 30 6:30 – 7:30pm

## Carmel Catholic High School

1 Carmel Parkway Mundelein

Workshop will be held in the: "Information Commons" Enter Door 2 Play Like a Champion Today provides leadership in an effort to renew the culture of youth sport. It does this by educating ethically responsible sport leaders. These coaches, parents, and athletic administrators in turn will reach millions of young people.

## Sport as Ministry Educational Program

Crafted by leaders in the fields of sports psychology, coaching education, Catholic theology, and moral development, Play Like a Champion Today is centered around the principles of justice, tolerance, respect & solidarity. The program is supported by research on character development & faith formation in sports. From its origins at the University of Notre Dame to collaboration across the country, Play Like a Champion is designed to bring the best athlete-centered practices to our Catholic School sports programs.

Play Like a Champion Today deals with tough sport issues and supports schools by promoting:

- · Athletics as Character Building
- · Building Teams as Moral Communities
- Champion-Centered Sport Parenting
- Best Sportsmanship Practices
- · The Spirituality of Sport
- Faith Formation through Sports
- The GROW Approach to Athlete Motivation
- · "Guidelines for Sidelines"
- The Ten Commandments for Sport Parents
- Strategies for Developing Partnerships Between Coaches and Parents.











Website: playlikeachampion.org