



Swim & Tennis Club - Pool Rules

The pool facilities are operated to provide enjoyment to our members and guests. The following rules have been established to ensure safe and sanitary operation of the pool facilities. Parents are urged to read and discuss these rules with their children. **The club is not responsible for loss, theft or damage to personal property.**

The enforcement of these rules, which apply any time the pool is open, is the duty of the Pool Manager and Lifeguards. Violators of these rules may be immediately expelled from the pool area and repeat violators will be referred to the Board of Directors for further action. (Please see Rules Enforcement section.)

Maintaining a happy and safe pool experience is very important and our members' feedback is paramount to helping us to keep it that way. Any concerns with the operation of the pool facilities, lifeguard duties/behavior, or actions of other members, should be addressed in writing to the property manager either by email, using the QR code, or in written form. Members should first contact the pool manager regarding any issues or concerns and may follow up by contacting the HOA Property Manager, at clientcare@integritycommunitymanagement.com or 571-832-5499. QR codes can be found posted inside the bathroom alcoves. All communications will be directed to the HOA Property Manager and then shared with the HOA Board anonymously.

Member Admission

1. A photograph of all pool members over the age of two will be kept in the electronic check-in system to be used by the lifeguards for identification purposes. A current photograph must be on file to enter the pool facility. You will be asked to scan your membership card, electronic pass, or provide your name or address upon entry .
2. Children under 12 years of age must be accompanied by a chaperone. A qualifying chaperone is either a parent, guardian, or designated person 15 years of age or older, who has completed their freshman year of high school. All chaperones and guardians must be S&T members. Non-members/adult guests serving as chaperones/guardians must be 19 years old or older.
3. Members who are 12 years old, have passed the advanced swim test AND have written parental permission shall be admitted without adult supervision. The written parental permission must be kept in the membership electronic system. A parent or legal guardian shall be present when the child takes the advanced swimming test. Guards may retest at any time they feel the child's swimming ability is questionable. Passing the advanced swim test does not guarantee a child is competent to swim on their own. The swim test merely provides some assurance of their skill level at the time of testing. Parents are ultimately responsible for the safety and behavior of their children.

The "Advanced Swimming Test" shall consist of:

Swimming 50 meters of the pool (across and back) without stopping or struggling and treading water for a two minute period.

4. Unpaid dues or late fees prohibit entry to the pool area.

Guest Admission

1. All members bringing a guest must have a pre-paid guest pass. Guest passes are added to your digital pool pass and MUST be purchased in advance of visiting the pool.
2. A guest is anyone who does not permanently reside at the home of the certificate holder. Membership certificate is for one household only. A seasonal Nanny Pass may be requested for adults who do not reside in a member household that wish to accompany member children under the age of 12 to the pool. If approved, a photo of the adult must be provided at a cost of \$50 per season, paid to the Hiddenbrook Swim and Tennis Club prior to use.
3. Members may bring guests to the pool under the following provisions:
 - a. Guests must register with the gate attendant.
 - i. Cost for 10 passes = \$20.00
 - ii. These passes are valid from year to year
 - iii. Purchase via Access Granted -
<https://swimmingpoolpasses.net/hiddenbrook-swim-tennis-club/>
 - b. The guest fees must be pre-paid. Under no circumstances will credit be extended.
 - c. Persons not in swimwear, on the pool deck, will be allowed to watch without paying a guest fee.
 - d. Members must accompany and remain with their guests while using the facility. Guests will not be allowed to remain at the pool if their sponsoring member has left. Members are responsible for the conduct of their guests.
 - e. No member family shall have more than four guests (or one guest family) at one time.
 - f. The pool may be closed to guests at the discretion of the Pool Manager as a result of capacity limits or staffing issues.
 - g. Members must be at least 15 years of age to bring a guest.
 - h. Parties/gatherings are allowed with these provisions:
 - i. Only one party/event may be scheduled per day.
 - ii. No reservations will be accepted for holidays.
 - iii. Up to 2 tables may be reserved for 2 hours.. The Picnic Reservation must be completed online at
<https://swimmingpoolpasses.net/hiddenbrook-swim-tennis-club/> no less than 72 hours prior to the event and is limited to availability.
 - iv. There is a maximum of 20 people (regardless of whether they are swimming or not).

- v. 1 adult must be present for every 5 children.
- vi. Guest passes may be used for 5 non-members and can be combined with 5 other guest passes through a different S&T member. All other guest policies apply.

Pool Operations

1. The Schedule of Operations and Calendar can be found on Access Granted at <https://swimmingpoolpasses.net/hiddenbrook-swim-tennis-club/>. Members may apply for pool passes, purchase guest and nanny passes and reserve the picnic area through Access Granted..
2. The pool management company reserves the right to close the pool or any section of the pool for any reason, including but not limited to: reasonable considerations related to safety, operations staffing, maintenance issues, or inclement weather. In the event of inclement weather, the pool will remain closed for the period of 30 minutes for each rumble of thunder or flash of lightning. This is consistent with the Fairfax County outdoor water facilities practice. The pool management company will keep the appropriate time to allow members and guests back in the facility once the poor weather has cleared. All pool users must be out of the pool and off the deck area during this time. A text notification will be sent out through CINC, notifying members of the pool closure.
3. In the event of an accident involving human discharge into the pool, Fairfax County Health Code procedures will be followed. (In the event of fecal or vomitus contamination, the pool chlorine level will be raised to a minimum of 20 parts per million and the pH level adjusted to 7.5 or less for a minimum of 9 hours.)
4. All injuries must be reported to the pool management immediately.
5. A 15 minute lap swimming period will be observed from the :45 until the top of the hour.
 - a. A whistle blast at the :45 minute mark will indicate that all persons will exit the pool unless they intend on swimming or walking laps during the 15 minute period.
 - b. Lap walking is defined as purposeful forward movement restricted to a lane. If there is more than one walker in the lane, each person would walk single file so as to have a counter clockwise movement within the lane, allowing for multiple walkers at a time. No walking side-by-side, unless there are no other walkers in the lane.
 - c. Lap swimming etiquette will be observed at all times. If two persons are using the lap lanes, the lane shall be split so that each person takes one side and stays on their side. "Circle swim" should be used for three or more swimmers where the swimmers swim counter-clockwise in the lane. The 3 lanes closest to the diving well are reserved for lap swimming and the 3 lanes closest to the shallow end will be reserved for lap walking.
 - d. No use of any type of equipment is allowed, except for a kickboard in the swim lanes.
 - e. The diving well and shallow walk-in (including the stairs) portions will be closed. Sitting on the edge/coping stone, dangling feet in the water is not allowed.

- f. The basketball hoop and the use of balls, footballs or other toys will not be permitted during the lap swimming period.
6. The wading pool is reserved for children 6 years of age and under, with supervision. CHILDREN SHALL NOT BE LEFT UNATTENDED. Supervision of children in the wading pool is the responsibility of an adult or responsible person of at least 15 years of age. Older children may not use the wading pool during the lap swim period.

Rules and Expectations for Pool Usage

General

1. Persons using the pool do so at their own sole risk, responsibility, and expense. Any person using the pool may be required to take and pass a swim test.
2. All Members and guests shall obey all instructions and directions of the Pool Manager and Lifeguards. Failure to do so will result in privileges being modified and/or revoked, see Rules Enforcement section.
3. No person is allowed in the pool unless a lifeguard is on duty.
4. A responsible parent, guardian, or chaperone must closely supervise all children, swimming and non-swimming, at all times.
5. The club and pool management will not be responsible for the loss of or damage to personal belongings.

Pool & Pool deck

6. Children 10 and under (members and guests) must pass the "Basic Swimming Test," administered by the lifeguards and receive a wristband permitting them to swim in the deep water. Guards may re-test at any time they feel swimming ability is questionable. Passing the swim test does not guarantee a child is competent to swim on their own. The swim test merely provides some assurance of their skill level at the time of testing. Parents are ultimately responsible for the safety and behavior of their children.

The "Basic Swimming Test" shall consist of:

Swimming 25 meters of the pool without stopping or struggling and treading water for a one minute period.

7. Proper swimming attire shall be worn when in the pool.
8. All non-toilet trained or incontinent persons are required to wear a swim diaper and rubber/waterproof pants over the swim diaper. Swim diapers are to be changed frequently and disposed of properly. Out of respect for other members, please change "messy" diapers inside the

changing room area or on a chair out of view, in lieu of a tabletop. Swim diapers are available in the guard office for members who have forgotten to bring one.

9. No running on deck, climbing on gates, or exiting/entering through the fence.
10. No roughhousing, dunking, or rough play will be permitted on the deck, in the pool, on the diving board, slide or in the changing rooms.
11. No jumping, diving, or playing into, or over, the lap lanes when it is in use.
12. No spitting, spouting water, or blowing nose in the pool.
13. No tennis, hard basketballs, or footballs shall be permitted in the pool area.
14. No balls may be thrown from one side of the pool to the other.
15. Do not sit or linger inside the ADA handrails in the center of the stairs at the entry to the main pool.
16. Parents must monitor children playing on the stairs at the pool entry.

Lifeguards

17. No distracting lifeguards on duty or in the Lifeguard Stand. Direct all questions to the lifeguards in the pool entry area.
18. No loitering in the Lifeguard Office or Lifeguard Break Table area, along the office windows.
19. No placing of chairs, tables, or personal items in the outlined blue zone" leading from the Lifeguard Office to the entry of the shallow end of the pool. (Lifeguards must have direct unobstructed access to the pool.)
20. No loud, abusive, or profane language or other breach of good behavior directed at the staff or other members will be tolerated.

Food and Beverages

21. No intoxicated persons shall be allowed in the pool area. The HOA Board is evaluating the permission of alcoholic beverages at our facility. Based on our experience during the season it may be changed in the future.
22. No glass, ceramic, or other breakable objects, shall be permitted anywhere in the pool enclosure.
23. No tobacco products (including vaping) is permitted anywhere on Hiddenbrook grounds.
24. Food must be consumed in the fenced-in picnic area only. Users are responsible for cleaning up after themselves after their meal so others may use the table. Items left behind may be moved by the lifeguards. (*Any table located outside the fenced area is not permissible for eating.*)
25. Trash and recycling must be placed in proper receptacles.

Vehicles and Parking

26. Bikes must be parked in the designated area and no bikes or other accessories may block the walkway.
27. Drive slowly in the parking area
28. No overnight parking; violators will be towed.
29. Do not blow your vehicle horn to summon members or guests.
30. No parking in any yellow curbed fire lanes.

Diving & Slide Well

1. All users must have passed the "[Basic Swim Test](#)" to be in the Diving and Slide Well.
2. All divers or slide users, who have entered the pool, must have reached the ladder or the wall before the next person enters the pool.
3. No floats, balls, or toys are to be taken onto either the slide or the diving board, nor thrown to the user on either equipment.
4. No one may be in the diving well waiting to "catch" or assist a child.

Diving

1. Only one person on the diving board at a time. No more than one bounce and no horseplay is allowed.
2. Divers need to know the water depth of the area they are diving into before diving. **ABSOLUTELY NO DIVING IN THE SHALLOW END.**
3. Divers need to look before diving, complete their dive, and then clear the diving area immediately.
4. No dive may be made off of the side of the board; dives may only be made in a forward direction.

Slide Usage

1. No sitting at the bottom of the slide or climbing over the top.
2. No one is allowed to take artificial devices such as arm floats, life vests, noodles or paddle boards on the slide.
3. All slide users must go feet first, in a sitting position when using the slide; no head-first, or stomach sliding.
4. Only one person on the slide at a time. Anyone waiting must stand on the ground (not the slide ladder) until the person in front goes down the slide and the area is clear.
5. Children under 48" tall must be supervised closely at all times.
6. No standing at the top of the slide.
7. No roughhousing on or near the slide.

8. Weight limit 325 lbs.
9. Do not slide if you are pregnant.
10. Do not use the slide if it is damaged.
11. Always hold onto the handrails.

ADA Chair Lift and Handrails

1. Members or guests using the chair lift may contact lifeguards for assistance.
2. Only lifeguards may move the ADA chair equipment
3. Do not play on or with chair equipment
4. Do not block any member or guest from necessary usage of new handrails.

Bathrooms & Sanitation

1. Fairfax County code states that a shower must be taken before entering the pool area. The shower removes body oils, perfumes, etc, which reduces the amount of chemicals that must be added to keep the pool chemically balanced.
2. Misuse of the showers can mean expulsion from the pool area. (Playing with the water, running in the restroom, wasting paper products, etc.)
3. Parents should encourage children to use the toilet facilities before entering the pool and whenever necessary thereafter.
4. All children 6 years of age and under may accompany either parent to either the women's or men's restroom.
5. All non-toilet trained or incontinent persons are required to wear a swim diaper and rubber/waterproof pants over the swim diaper. Swim diapers are to be changed frequently and disposed of properly. Out of respect for other members, please change "messy" diapers inside the changing room area or on a chair out of view, in lieu of a tabletop. Swim diapers are available in the guard office for members who have forgotten to bring one.
6. No pets, other than documented and active service animals, are permitted on the pool deck.
7. Water shoes are permitted and encouraged. However, for safety reasons, street clothes, excessively loose garments, cutoffs, buckles, rivets or other protruding elements will not be permitted for swimming.
8. Persons who have any communicable health problem will not be admitted to the pool.

Rules Enforcement

Breaking ANY pool rules will result in the following:

1. Temporary suspension of member privileges - Same day occurrences - 3 days

- a. First verbal warning from lifeguard - behavior monitored
- b. Second verbal warning from lifeguard - 10 minute time out
- c. Third occurrence - time out + written documentation
- d. Fourth occurrence - suspension of entry to pool for three days

*Any harassment of a lifeguard would not receive the 2nd step: verbal warning, written referral, suspension of entry for 3 days.

2. Temporary suspension of member privileges - recurring behavior - entire season

- a. First verbal warning from lifeguard - 10 minute time out
- b. Second occurrence - written documentation
- c. Third occurrence - suspension of entry to pool for one week
- d. Fourth occurrence - expulsion from pool for entire season
- e. Permanent expulsion or revocation of membership - Final Action

* All penalties levied by lifeguards are at the discretion of pool management

* All penalties resulting in suspension of privileges are at the discretion of the Board of Directors

* All penalties resulting in Expulsion or Revocation of member privileges are at the discretion of the Board of Directors / Legal