

HELP ME GROW (HMG) WASHINGTON NETWORK TIMELINE



2010: Launch of HMG WA

- WA State adopts HMG as a model to increase child developmental screening and connection to services
- WithinReach selected as State Affiliate

2010 - 2014: Early Implementation

- HMG WA adopted the ASQ-3 and ASQ:SE-2 tools, focused on building a developmental screening program
- Existing WithinReach statewide hotline expands to serve as the HMG statewide access point
- Key partnerships included WA State Department of Health (DOH), Department of Early Learning, and University of Washington

2014 - 2017: Systems Building

- HMG WA broadened the supports offered beyond child development to be holistic of other social and health needs
- Focus on utilizing statewide infrastructure to support local pathways
- Began serving as the Central Referral line for King County ESIT (2015)
- Launched home visiting referral pathway for King County families enrolled in DSHS's TANF program (2016)

2018: Interconnected State and Local Expansion

- Sub-affiliate structure created for local HMG systems with technical assistance provided by State Affiliate
- Pierce County became a HMG WA Sub-Affiliate
- Expanded home visiting referral pathways into Snohomish, Skagit, Whatcom, and Island counties through DSHS's TANF program
- Rebranded the statewide hotline from Family Health Hotline to Help Me Grow Washington Hotline

2019: Expansion Through Spread and Scale

- Central Washington and King County/Best Starts for Kids became a HMG WA Sub-Affiliate
- Partnership with Dept of Children, Youth, and Families (DCYF) to work on a coordinated systems approach
- Explored shared leadership structure with Washington Communities for Children, DCYF, and WithinReach

2020: Development of Different CAP Models and Key Funding

- Funding from Preschool Development Grant (PDG), catalytic to the growth of the network
- Skagit County became a HMG WA Sub-Affiliate
- Created three Coordinated Access Points (CAP) models to allow for greater community customization
- Piloted local Family Resource Navigators (FRN) in Central WA (Kittitas/Yakima Counties) and Skagit county as community-based satellite CAP

2021: Expanded Referral Pathways

- Funding from Early Childhood Comprehensive Systems (ECCS) grant, in partnership with DOH, increases integration of health sectors into early childhood systems
- Launched Plan of Safe Care referral pathway
- Increased supports and service linkages to mental and behavioral health resources
- Northwest Early Learning Coalition becomes a HMG WA Sub-Affiliate

2022: Strategic Planning

- HMG set of CAP Essential Services adopted
- HMG Tribal Adaptation work launched
- Expanded home visiting referral pathway statewide
- HMG WA network began a 5-year strategic planning process
- Creation of a more formal governance structure
- Creation of a HMG cost model for local to state interconnectivity