



Save  
The  
Date

# HEALTH & WELLNESS

TEAM LARGO HEALTH FAIR

THU, APR 11 | 8AM-12PM  
CPPAC PARKVIEW ROOM

## FREE BIOMETRIC SCREENINGS

Including: blood pressure, cholesterol, blood sugar and overall health risk assessment.



SIGN UP FOR  
**BIOMETRIC SCREENINGS**

<https://pickatime.com/CityofLargo>



SIGN UP TO  
**DONATE BLOOD**

<https://tinyurl.com/LargoBlood>



Enjoy chair massages, stretching, tai chi, cardio drumming, art, and more!  
Connect with healthcare professionals at various tables for personalized discussions.

# VISIT THE TEAM LARGO HEALTH FAIR ENTER TO WIN GREAT PRIZES

- Paid Time Off (PTO)
- Apple AirPods
- JBL Wireless Headphones
- Muscle Massager
- Breathing Buddies (Meditation & Mindfulness Tools)
- KardiaMobile EKG Monitor
- VIP Parking Pass to Largo Fourth of July Fireworks
- 1-Month Archery Sessions with Largo Rec
- Two Tickets to a CPPAC Show
- Two Tickets to Rowdies Game on April 27



## BRING IN DONATIONS, RECEIVE EXTRA RAFFLE TIX

Along with receiving your vendor stamp card, you can receive extra raffle tickets by bringing in non-perishable food items or donations for the SPCA. For every three donated items, you'll snag another ticket for a chance to win prizes!



Scan QR to view SPCA Wish List  
or visit [SPCATampaBay.org/wish-list](https://SPCATampaBay.org/wish-list)

## WIN PRIZES BY VISITING VENDOR TABLES

Get in on the excitement and enter to win amazing raffle items from our vendors! Make sure to swing by their booths to discover their services and seize the chance to win fantastic prizes generously provided by them.

