



ALBANY MEDICAL COLLEGE



McGill

Division of  
Geriatric Medicine

## **1<sup>st</sup> Annual International Geriatrics Symposium for the Primary Care Provider**

September 18-20, 2019  
The Conference Center  
3<sup>rd</sup> Floor Van Hoevenberg  
2608 Main Street  
Lake Placid, New York 12946



In collaboration with New York Chapter, American College of Physicians

Sponsored by Albany Medical College's Department of Medicine and the Office of Continuing Medical Education and McGill University Division of Geriatric Medicine



## **Who Should Attend**

This program has been designed to be of interest to the physician, physician assistant or nurse practitioner whose practice involves the delivery of primary care to the geriatric patient. While generalists are the target audience, sub-specialists who provide primary care will also find the topics useful.

## **About the Symposium**

The Scientific Committee, composed of members of both Faculties has put together a CME program tailored to the needs of busy primary care practitioners who wish to gain practical skills in the care of older adults. This should appeal to the diverse professional demographic that comes to this meeting.

The Scientific Committee is committed to delivering an informative and innovative meeting. The formal program provides an assortment of engaging plenary sessions delivered by carefully selected speakers that should make your experience at the Symposium a positive one.

We have put together a strong program comprising topics as varied as impaired cognition and its consequences, medication optimization, gait and falls, nutrition and frailty, functional and decisional capacity assessment, advance care planning, elder abuse, driving evaluation and pain management in older adults. We look forward to your participation and encourage your feedback as we strive to meet the needs of those who attend. It is our intention to renew this symposium in the future and your feedback would be invaluable to continue delivering relevant topics to your practice.

The Symposium will start with an optional reception on the evening of Wednesday, September 18 at the Golden Arrow Hotel to facilitate socializing with delegates and speakers. Throughout the Symposium, we sincerely hope that you will enjoy the interactions with your colleagues and encourage you to network with others on geriatric topics and experiences in the diverse field of your practices.

## **Learning Objectives**

At the conclusion of this conference, participants should:

- Identify patients at risk of falling and recommend appropriate interventions.
- Provide rational management of pharmacotherapy for elderly patients.
- Recognize and manage behavioral and psychological symptoms of dementia.
- Rationally approach ethical dilemma and advance care planning in late life.
- Assess functional and decisional capacity.
- Recognize the clinical syndrome of frailty and address nutritional care needs.
- Manage pain in elders with prevalent musculoskeletal diseases.
- Recognize potential driving impairment and have an approach to referral.
- Know risk factors for and signs of elder abuse and means of prevention and protection.

## Accreditation

Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Albany Medical College designates this live activity for a maximum of 8.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert *AMA PRA Category 1 Credits™* to Royal College Maintenance of Certification (MOC) credits.

Through an agreement between the Canadian College of Family Physicians and the American Medical Association, physicians may convert *AMA PRA Category 1 Credits™* to Canadian College of Family Physicians Mainpro+ credits.

## Physician Assistants

AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

For information regarding other professional credit, contact the Office of Continuing Medical Education.

## Tuition

### Registration Deadline is September 13, 2019

Physicians	\$215.00 US
Others	\$165.00 US
Full-time AMC and McGill Employees, Residents and Students	\$110.00 US

Tuition includes admission to the symposium, access to an on-line course syllabus and breaks

Optional Welcome Reception on Wednesday, September 18 At 7pm at Generations at the Golden Arrow	\$ 35.00 US
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## Tuition Refund Policy

Tuition refunds are possible if notification is received by September 6. After that date no refunds are available. Refunds will be processed upon receipt of a written request.

## Need Information?

For information regarding the conference, contact the Office of Continuing Medical Education by phone at (518) 262-5828, Fax at (518) 262-5679 or e-mail at [pricej@amc.edu](mailto:pricej@amc.edu)

For emergency calls during the conference, call The Lake Placid Conference Center at (518) 523-5200.

## Web Sites

Albany Medical Center: <https://www.amc.edu>

McGill University Website: <https://www.mcgill.ca/geriatrics/>

The Golden Arrow: <https://www.golden-arrow.com/>

The Conference Center: <https://www.lakeplacid.com/meetings>

## On-Line Registration

On-Line Registration at [http://www.amc.edu/academic/cme/events\\_and\\_programs.cfm](http://www.amc.edu/academic/cme/events_and_programs.cfm)

Click on the registration bar at the top of the page.

## Confirmation

All registrants will receive a confirmation immediately after registering on-line . **If you register and do not receive a confirmation notice within one week of your registration, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.**

Lodging reservation confirmation will be handled by the Golden Arrow.

## Special Needs

Should you have a disability, dietary restrictions, or require other special arrangements, please call the Office of CME by September 1 to discuss your needs.

## Attire

Attire during the conference sessions is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or light jacket.

## On-Line Syllabus

Printed syllabus material will **NOT** be available at the conference. If syllabus material is available it will be posted on-line before and after the conference. In order to receive access you must provide your e-mail address at time of registration. You will receive access information via e-mail. If you do not receive access information please call (518) 262 5828.

## **Lake Placid**

Stretching along the shores of two spectacular bodies of water and surrounded by the Adirondack High Peaks, the Village of Lake Placid is located in the heart of the six million acre Adirondack State Park. Host to the 1932 and 1980 winter Olympics, the Lake Placid area offers a variety of recreational activities. Enjoy golf, tennis, fishing, hiking, biking, boating and rock climbing. Tour the Olympic Museum and the Olympic Sports and Jumping Complexes. Stroll in the Olympic Village where you'll find a variety of boutiques and eateries. Lake Placid has something for everyone.



## **The Golden Arrow**

The Golden Arrow property includes 143 guest rooms with indoor pool and private beach on Mirror Lake. Dining pleasures await you at Generations Restaurant where Adirondack hospitality is demonstrated at breakfast, lunch, and dinner.



This is a no smoking property.

## **Accommodation Information**

A block of rooms has been reserved at The Golden Arrow for the conference from Wednesday, September 18 through Friday, September 20, 2019. The rate is \$129 per night single/double occupancy, village side room and \$149 per night Lake front room. Rates quoted do not include sales tax. Room rates will not be guaranteed after August 20, 2019.

All lodging reservations are to be made directly with the Golden Arrow by calling (800) 582-5540. Mention Albany Medical College Geriatric Conference to secure the above rates.

## **Acknowledgment**

A complete list of supporters will be provided at the conference.

## **Agenda**

### **Wednesday, September 18, 2019**

7:00 pm                      Optional Welcome and Reception  
Golden Arrow Hotel – Generations Restaurant

### **Thursday, September 19**

7:30- 8:00 am              Exhibits & Continental Breakfast

8:00- 8:15                      Introductory Remarks  
Kevin Costello, MD, MPH – Albany Medical College, Albany, NY, USA  
José Morais, MD – McGill University, Montreal, Canada

8:15- 9:15                      Falls, Gait and Balance Disorders  
Shek Hong Fung, MD - McGill University, Montreal, Canada

9:15 – 10:15                  Medication Management  
Michael Brodeur, PharmD – Albany College of Pharmacy and Health  
Sciences, Albany, NY, USA

10:15 – 10:30                Break and Exhibits

10:30 – 11:30                Dementia – BPSD – Including Depression and Anxiety  
Michael Burke, MD – St. Peter's Health Partners, Albany, NY, USA

11:30- 12:30                Advanced Care Planning and Ethics  
Kevin Costello, MD, MPH – Albany Medical College, Albany, NY, USA  
Wayne Shelton, PhD – Albany Medical College, Albany, NY, USA

12:30                              Adjourn

## Agenda Continued

### **Friday, September 20, 2019**

7:30- 8:00	Continental Breakfast & Exhibits
8:00- 9:00	Functional Assessment and Decision Capacity Wendy Chiu, MD – McGill University, Montreal, Canada
9:00- 10:00	Nutrition and Frailty José Morais, MD – McGill University, Montreal, Canada
10:00 – 10:15	Break and Exhibits
10:15- 11:00	Pain Management in Musculoskeletal Disease David Lussier, MD – University of Montreal, Montreal, Canada
11:00- 12:00	Lunch and Poster Session
12:00 – 12:45	Driving Evaluation Rebecca Stetzer, MD – Albany Medical College & Stratton VA, Albany, NY, USA
12:45 – 1:30	Elder Abuse Mark Yaffe, BSc, MDCM, MCISc, CCFP, FCFP - McGill University, Montreal, Canada
1:30	Adjourn

## Faculty

### **Course Directors**

#### **Kevin Costello, MD, MPH**

Assistant Professor of Medicine  
Albany Medical College  
Albany, NY, US

#### **José Morais, MD, FRCPC**

Associate Professor of Medicine  
Director, Division of Geriatric Medicine  
McGill University  
Montreal, Canada

## Faculty

### **Michael Brodeur, PharmD, BCGP, SAFCP**

Professor

Department of Pharmacy Practice

Albany College of Pharmacy and Health Sciences

### **Michael Burke, MD, CMD, MBA**

Associate Chief, Continuing Care Services

St. Peter's Health Partners

### **Wendy Chiu, MD**

Assistant Professor of Medicine

Geriatrician

McGill University Health Centre

### **Shek Fung, MD**

Assistant Professor of Medicine

McGill University

Staff Physician

St. Mary's Hospital,

Montreal

CIUSSS of West Island

### **David Lussier, MD**

Associate Professor of Medicine

Director of the Chronic Pain Management Clinic of the CIUSSS – IUGM

University of Montreal

### **Wayne Shelton, PhD**

Professor

Department of Medicine and Alden March Bioethics Institute

Albany Medical College

### **Rebecca Stetzer, MD**

Assistant Professor, Department of Family and Community Medicine

Albany Medical College

Attending Physician, Department of Geriatric Medicine, Primary and Memory Care

Stratton VA Medical Center

### **Mark Yaffe, BSc, MDCM, MCISc, CCFP, FCFP**

Professor, Department of Family Medicine

McGill University and St. Mary's Hospital Center

Integrated University Centre for Health and Social Services of West Island of Montreal