

Sanibel Recreation Center
Weight Room Phase 1 Re-Opening Procedures

As of August 1, 2020, the weight room operating hours for Phase 1 Re-Opening are:

- Monday – Friday 8am to 4:45pm
- Saturday and Sunday closed

During Phase 1 a reservation is required to use the Weight Room at the Sanibel Recreation Center. Effective August 10th, reservations are to be made online [here](#). To request your unique user name and password, email Charlotte.Durand@mysanibel.com or call (239) 472-0345 between the hours of 8am and 5pm.

- The safety of our patrons and staff are our top priority
- The Weight Room is open by reservation with a maximum capacity of 8 people at a time starting on the hour
- Reservations will be for 45 minutes
- After each reservation, we will allow 15 minutes for cleaning and disinfecting high touch surfaces
- All reservations are first come first served basis
- Any future reservation may be made no more than seven days in advance
- One reservation per member per day
- Patrons are not to enter the facility if they have a fever, been ill in the last 24 hours, are symptomatic of COVID-19 or are suspected to have been exposed to a person who has tested positive for COVID-19 in the past 14 days
- All members will check-in at the front desk upon arrival each time they enter the facility
- Each member will sign a City of Sanibel COVID-19 Release Form

- It is each person's responsibility to clean and wipe down each piece of weight room equipment before and after each use
- The weight Room is divided into zones and only 1 member per zone at any one time
- The use of cardio equipment will be in 20-minute segments. Sign-up sheets will be in the weight room
- Only family restrooms will be available at this time
- Locker rooms and showers are closed
- During Phase 1 congregating and lounging is not permitted in the facility
- Spectators/family are not be permitted inside the facility
- Bottle filler stations will be available. Patrons are highly encouraged to bring their own water
- At this time Personal Training is not being offered at the Recreation Center
- Members not adhering to these policies may be asked to exit the facility immediately

Capacities

The combined Weight Room and Stretching Room occupancy during Phase 1 is eight (8) persons

Cleanings and Disinfection

The weight room will be closed for approximately 15 minutes after each 45-minute session for disinfecting of "high traffic touch points" in the weight room such as:

- Door handles inside and outside
- Equipment
- Cubbies
- Paper towel dispensers
- Water fountain