

Sanibel Recreation Center
Weight Room Phase 1 Re-Opening Procedures

As of June 15, 2020, the weight room operating hours for Phase 1 Re-Opening are:

- Monday – Friday 8am to 4:45pm
- Saturday and Sunday closed

During Phase 1 a reservation is required to use the Weight Room at the Sanibel Recreation Center. Reservations can be made by calling or by stopping at the Front Desk of the Sanibel Recreation Center. Name and phone number are required for reservations. Phone reservations can be made by calling 239-472-0345 between 8:00am-5:30pm.

- The safety of our patrons and staff are our top priority.
- The Weight Room is open by reservation with a maximum capacity of 8 people at a time starting on the hour
- Reservations will be for 45 minutes to allow for sanitizing between reservations
- After each reservation, we will allow 15 minutes for cleaning and disinfecting high touch surfaces
- All reservations are first come first served basis
- Any future reservation may be made in person or by phone but no more than seven days in advance
- One reservation per member per day
- Patrons are not to enter the facility if they have a fever been ill in the last 24 hours, are symptomatic of COVID-19 or are suspected to have been exposed to a person who has tested positive for COVID-19 in the past 14 days

- All members will check-in at the front desk upon arrival each time they enter the facility
- Each member will sign a City of Sanibel COVID-19 Release Form
- It is each person's responsibility to clean and wipe down each piece of weight room equipment before or after each use
- The weight Room is divided into zones and only 1 member per zone at any one time
- The use of cardio equipment will be in 20-minute segments. Sign-up sheets will be in the weight room
- Only family restrooms will be available at this time
- Locker rooms and showers are closed
- During Phase 1 congregating and lounging is not permitted in the facility
- Spectators/family are not be permitted inside the facility
- Bottle filler stations will be available. Patrons are highly encouraged to bring their own water
- At this time Personal Training is not being offered at the Recreation Center
- Members not adhering to these policies may be asked to exit the facility immediately

Capacities

The combined Weight Room and Stretching Room occupancy during Phase 1 is eight (8) persons

Cleanings and Disinfection

The weight room will be closed for approximately 15 minutes after each 45-minute session for disinfecting of "high traffic touch points" in the weight room such as:

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| • Door handles inside and outside | • Cubbies |
| • Equipment | • Paper towel dispensers |
| | • Water fountain |

