## Getting through the maze: Mental health in our community

## Novant Health Forsyth Medical Center, Conference Center Friday, April 26, 9 a.m. to noon Registration begins at 8:30 a.m.

Navigating through the healthcare system for mental health services can be difficult. This workshop is designed to help professionals as well as community members learn how to access the appropriate mental health services in our area. Please join us for a panel discussion with guests from various healthcare organizations, an opportunity to engage with mental health agencies to learn about service offerings, and a dynamic keynote speaker who will address the barriers accessing services and how we as community can support one another.

## Registration is required. To register, please email gettingthroughthemaze@gmail.com. RSVP by April 17. For more information, please call Andy Hagler at 336-768-3880.

Light refreshments will be served.

Novant Health Forsyth Medical Center Conference Center 3333 Silas Creek Parkway Winston-Salem, NC 27103

Free parking will be available.





Mental Health Association in Forsyth County

