



**Construction is Essential. Is  
Your Safety Plan Ready?**



## **Supplemental Health and Safety Plan to address Novel Coronavirus COVID 19**



## NYS Guidelines

- **Business Safety Precautions**
- Each business and industry must have a plan to protect employees and consumers, make the physical work space safer and implement processes that lower risk of infection in the business.
- In developing these plans, businesses will need to consider three main factors.

- **The first factor is protections for employees and customers.**
- These include possible adjustments to workplace hours and shift design as necessary to reduce density in the workplace; enacting social distancing protocols, and restricting non-essential travel for employees.

- **The second is changes to the physical workspace.**
- This includes requiring all employees and customers to wear masks if in frequent close contact with others and implementing strict cleaning and sanitation standards.

- **The last factor for businesses to consider is implementing processes that meet our changing public health obligations.**
- Situations like screening individuals when they enter the workplace, or reporting confirmed positives to customers and employees.

\*\*\* While these processes will vary from business to business, almost everyone will have to adapt, in some way or another, to our new normal.



## HOW COVID-19 SPREADS

The Management and the Field Employees will focus on how best to decrease the spread of COVID-19 and lower the impact on our workplace. This will include activities to:

- a. Reduce transmission among employees,
- b. Maintain healthy business operations, and
- c. Maintain a healthy work environment.



# **Corporate Safety and Health Officer's Role & Responsibilities**



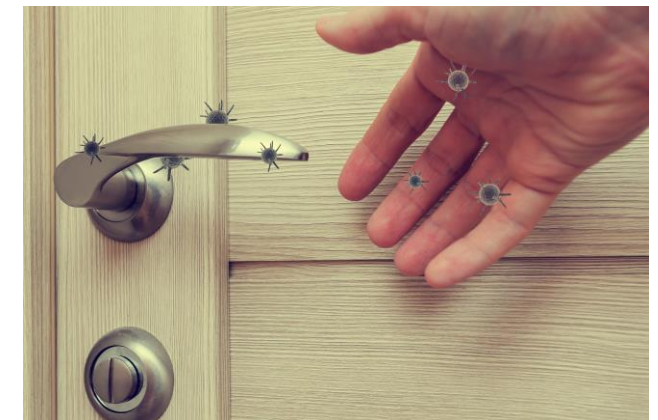


Know the SIGNS –  
Respond Appropriately

## Causes (Transmission)–

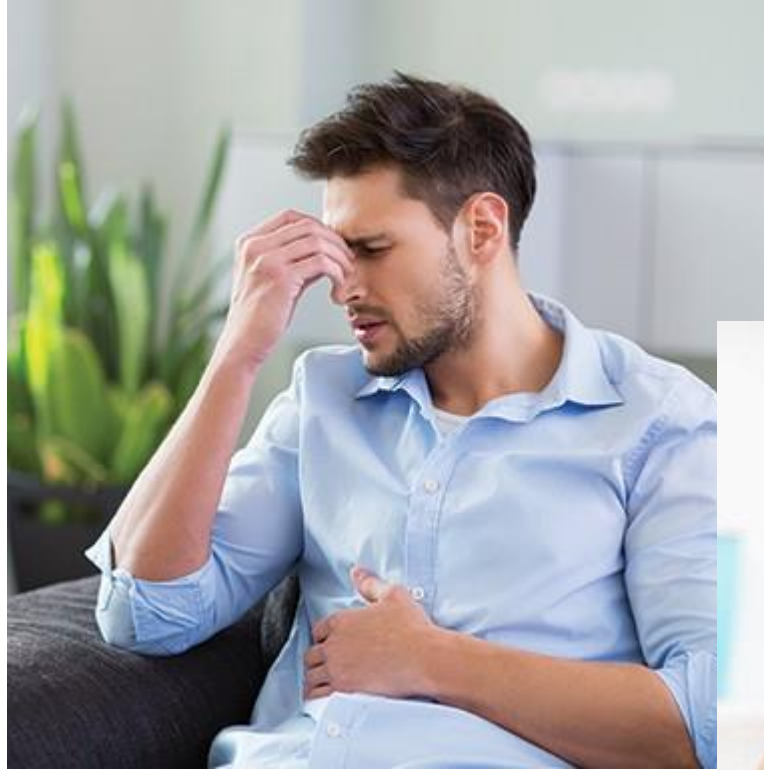
Contact with surfaces or airborne droplets that contain the Coronavirus (SARS-CoVid-19)

- Coughing
- Sneezing
- Loud Speaking
- Talking too closely
- Touching contaminated surfaces then touching
  - Eyes
  - Nose
  - Mouth



## Symptoms —

- Low grade fever
  - 100 degrees F or higher
- Dry cough
  - Cough associated with phlegm
- difficulty breathing
- runny nose
- Sore throat
- Chills
- Unusual Muscle Pain
- Headache
- Loss of Taste or Smell



## Post someone at the Entrance to Evaluate Incoming Workers

- ✓ A Site Safety Monitor **MUST** be designated, whose responsibilities include continuous compliance with all aspects of the Safety Plan.
- ✓ This monitor asks and records responses from each worker as they enter.
- ✓ Screening should be performed to prevent intermingling of sick workers
- ✓ Must be fully protected with Facial covering and gloves
- ✓ Notifies Management if any worker responds with health concerns





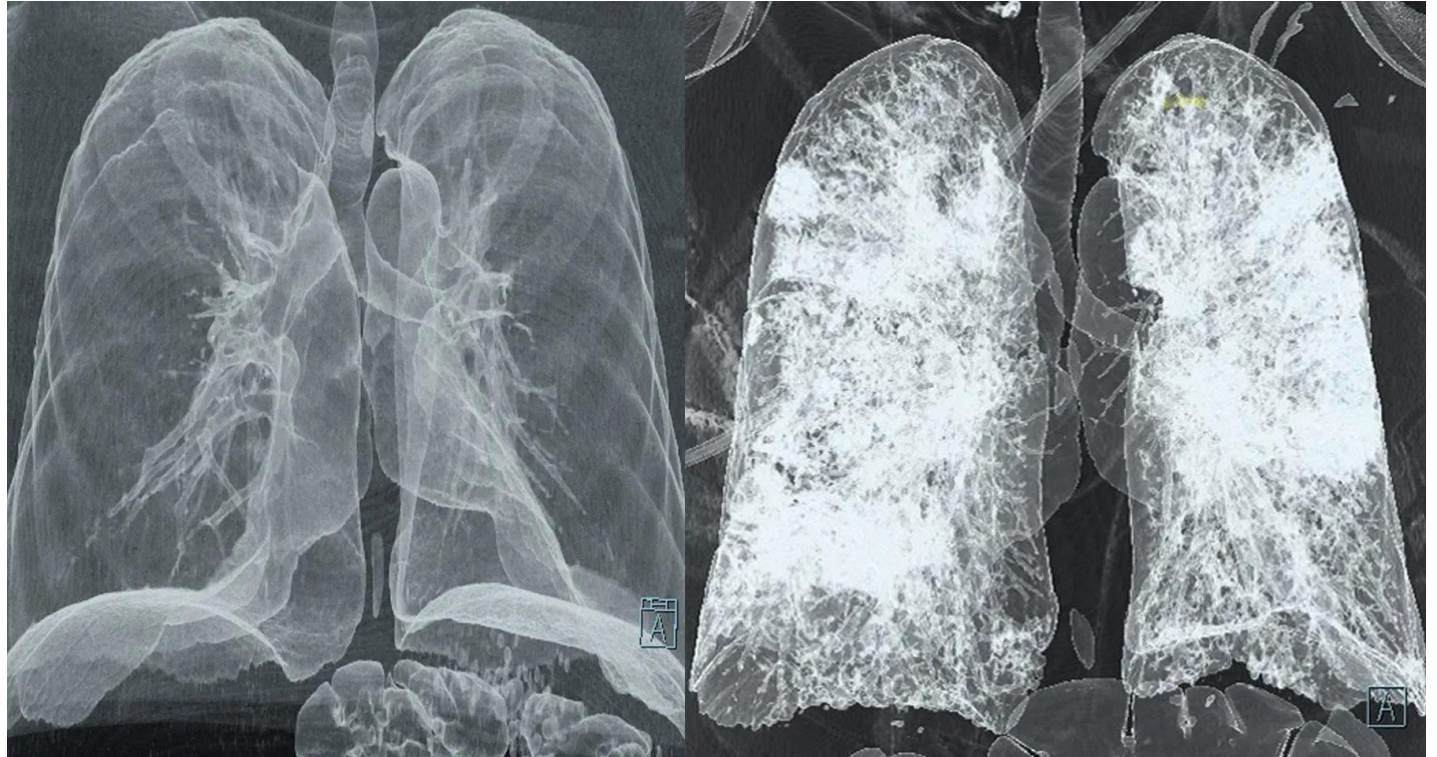
# PRIOR TO COMING TO THE JOBSITE:

- Are you experiencing any of the following symptoms as identified by the CDC?
  1. Cough
  2. Shortness of Breath
  3. Chills
  4. Muscle Pain
  5. Headache
  6. Sore Throat
  7. Loss of Taste or Smell
  8. Diarrhea
  9. Feeling Feverish or have a measured Temperature of 100 degrees Fahrenheit or higher
- Within the last 14 days, did you have close contact with a person confirmed to have COVID-19?
- Have you travelled outside the local area in the last 14 days?
  1. Generally considered 100 miles or less



## Effects —

- A persistent Pneumonia like condition causing pockets in the lungs to be filled with fluid causing reduced inner lung surface for oxygen exchange with the blood.



## Response —

- Immediate Medical Attention in all cases should be advised
- A Site Safety Monitor **MUST** be designated, whose responsibilities include continuous compliance with all aspects of the Safety Plan.
  - Train someone to understand symptoms and have the authority to enforce compliance
  - Notify Management of concerns immediately
  - Has the power to determine if the worker is healthy enough to perform work on the site.





TO ALL EMPLOYEES: If you feel Sick...STAY HOME



**Feeling Sick?**

Stay home when you are sick!





# When to Seek Medical Attention:

## Basic Symptoms:

**Low grade fever, Dry cough, difficulty breathing, runny nose,  
Sore throat**

- Anyone who believes that they have been exposed or is experiencing symptoms or the virus – will be sent to seek medical attention.
- If exposure to COVID-19 is confirmed – they will go home and quarantine for 14 days.
- If in quarantine they begin to experience symptoms – they will seek medical attention.



# Emergency Warning Signs

**If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include\*:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

**\*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.**

# DIAGNOSED EMPLOYEE

May return to work when **ALL** three of the following criteria are met:

- A minimum of 3 days have passed since resolution of fever without fever-reducing medications
- A minimum of 3 days have passed since respiratory symptoms (cough, shortness of breath, etc.)
- At least 7 days have passed since symptoms first appeared





# SYMPTOMATIC BUT UNDIAGNOSED BY MEDICAL PROFESSIONAL or NOT TESTED

**May not return to work until all three of the same criteria are met:**

\*\*\*\*\***Vitally Important to Track your Employees Health**

- A minimum of 3 days have passed since resolution of fever without fever-reducing medications
- A minimum of 3 days have passed since respiratory symptoms (cough, shortness of breath, etc.)
- At least 7 days have passed since symptoms first appeared



Project Site specific protocol  
and Best Practices to prevent  
spread and transmission.



# POLICY COMPONENTS

\*\*\*Based on DOH Interim Guidelines

## ✓PEOPLE

- ✓Physical Distancing
- ✓Gatherings in Enclosed Spaces
- ✓Workplace Activity
- ✓Movement and Commerce

## ✓PLACES

- ✓Protective Equipment
- ✓Hygiene and Cleaning
- ✓Phased Reopening
- ✓Communication Plan

## ✓PROCESSES

- ✓Screening and Testing
- ✓Tracing and Tracking

## PEOPLE -

- For any work occurring indoors (construction within an existing building), no more than **1 worker per 250 square** feet is allowed on site, excluding supervisors
- A distance of at least six feet must be maintained among workers at all times, unless safety of the core activity requires a shorter distance.
- Face coverings are **REQUIRED** to be on all workers at all times, they must be worn, covering the nose and mouth, anytime workers get within 6' of each other or when dealing with the public.
- Cloth face coverings cannot supplement N95 masks when tasks require them.

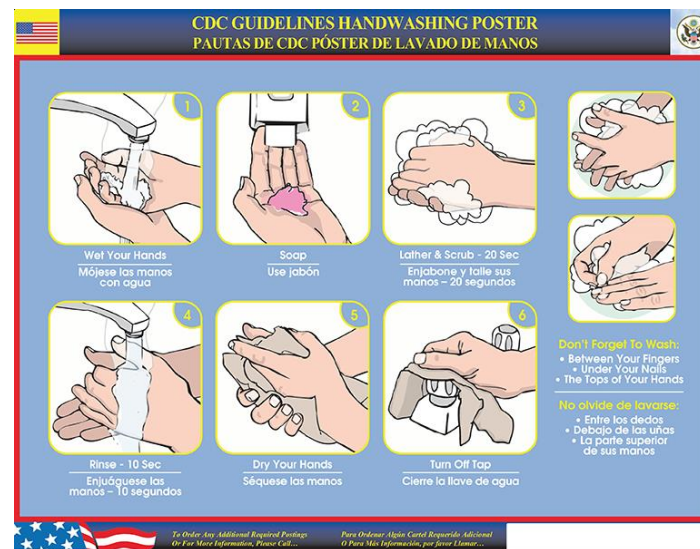




# As you Phase Back to the Jobsite..... Post SIGNS Everywhere!!! (REQUIRED by DOH)



- ✓ At The Main Entrance.
- ✓ On Restroom Doors
- ✓ In Office Trailers
- ✓ Prominent Locations





- Practices for adequate social distancing in confined areas, such as restrooms and breakrooms, must be put in place.
- Avoid multiple crews and/or teams working in one area by staggering scheduled tasks and using signs to indicate occupied areas.
- Non-Essential visitors should be prohibited on site.
- Designated areas for pickup and delivery should be established.



# Face Coverings

- Face coverings must be cleaned or replaced after use and may not be shared.
- Employees must be allowed to use their own acceptable face coverings, but cannot be required to supply their own face coverings
- Workers must be trained on how to adequately put on, take off, clean, and discard face coverings.



# CLEANING

- Appropriate cleaning / disinfection supplies for shared and frequently touched surfaces must be provided, and employees should be encouraged to use these supplies.
- Regular cleaning and disinfection of the work site must be conducted, as well as more frequent cleaning and disinfection for high risk areas used by many individuals and for frequently touched surfaces.
- Equipment and tools must be regularly disinfected using registered disinfectants.



# PHASED REOPENING

- Reopening activities are encouraged to be phased-in.
- A limited number of employees and hours, when first reopening should be considered.
- Avoid the urge to overload the job too fast with workers.
- Determine number of workers based on the 250 sq. ft. per worker metric.
- Communication of new procedures should be performed with every worker before they are allowed to return to duty.







# Topics To Be Discussed With Employees

- Understanding the symptoms of Covid-19 and how it spreads.
- What to do when you feel sick or have come into contact with a person that tested positive Covid-19.
- Current sick leave policies.
- Cleaning your hands thoroughly.
- Practicing social distancing.
- Avoid touching your face.
- Practicing good hygiene.
- Coughing and sneezing etiquette.
- Proper care and use of personal protective equipment (Face Coverings) – When, Why, Disciplinary Action



- Increasing physical space between employees at the worksite
- Flexible work hours (e.g., staggered shifts)
- Implementing flexible meeting and travel options (e.g., postpone non-essential meetings or events)
- Use Phones, Email, or Text for communication whenever possible
- Hand shaking should be avoided, other noncontact methods
- Maintain Social Distancing during Lunch and Breaks
- Do not share food, drinks, dishes, or utensils
- Do not ride in groups in vehicles at lunch whenever possible
- Do not allow visitors on the site unless their presence is purpose driven

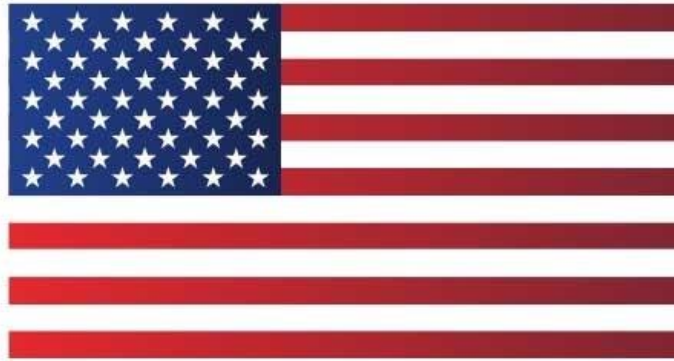


# **MAIN POINTS!!!**

- **Have a plan.**
- **Present the Plan to all Employees.**
- **Make the Plan available to Public Officials and the Public in General.**
- **Follow the Plan.**
- **Enforce the Plan.**



**WE WILL  
BEAT THIS  
TOGETHER**



**# COVID19**

Courtesy of Plum Grove Inc.





**Q&A?**