March 6, 2020

Community Partners and Businesses:

Routt County and Moffat County Public Health continue to work closely with our Public Health Officer, healthcare and community partners, neighboring counties and the Colorado Department of Public Health and Environment in a proactive, strong, and collaborative effort to minimize the spread of COVID-19/Coronavirus in Colorado. While there are **0** cases of COVID-19 in Routt and Moffat Counties as of right now, as with other infectious diseases there are preventative measures your organizations/businesses can take to prevent the spread of infectious diseases:

- Stay home when sick and practice cough and sneeze etiquette/encourage others to do the same.
- Place signs up around your organization encouraging people to take simple measures against the spread of illness such as vigilance in handwashing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Regularly clean high-touch surfaces around your organization with a disinfectant cleaner. There is a list available on the EPA website: https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2
- Help employees and community members feel safe. The threat of an infectious outbreak can be traumatic to cope with and affect people in different ways. Connect staff with available resources to encourage appropriate stress management and remind them staying calm and informed is important now.
- Encourage others who have upcoming travel to check with the CDC's travel health notices for the latest travel recommendations and guides
- Implement plans to continue your essential organization functions in case there is higher absenteeism than usual
- Cross-train personnel to perform essential functions at your workplace to operate even if key-staff members are absent

- The COVID-19 hotline continues to be an excellent resource for the latest information. People who have general questions about coronavirus disease 2019 can call CO HELP at 303-389-1687 or 1-877-462-2911 or email them at COHELP@RMPDC.org, for answers in English and Spanish (Español), Mandarin (普通话), and more.

Kari Ladrow, Public Health Director