



SOMERS LIBRARY NEWSLETTER

Your Library in the Park

OCTOBER 2023



Director's Corner

Fall is here and we are busy with lots of exciting things to celebrate the season. One of those things will be of particular interest to those of you who love Harry Potter: we are celebrating Halloween Harry Potter style on Saturday, October 28 with events happening between 12-4pm. There are several events planned for the entire family. Please join us!

In addition, we will be having a pumpkin decorating contest for all ages, to be judged by a panel of local celebrities, including our Town Supervisor! There will be four categories: Kids, Teens, Adults and Family. The drop offs will take place between October 19-21 and will be on display from October 23-28.

Our new parent support group (New Parents Together with Beth Villeneuve, IBCLC) starts on Thursday, October 10 and will be held every Thursday at 11am in our Program Room.

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Director's Corner *(Continued)*



Want to enjoy the fall foliage? I highly recommend checking out one of our museum passes to some places that will be extraordinarily beautiful this time of year, including Boscobel, Storm King Art Center, and Stamford Museum and Nature Center.

Our regular programs are continuing as well including Mahjong, Threads and Yarns, Tot Time, Playdate at the Library, ESL Conversation Classes, Art Programs (in collaboration with the Pollock-Krasner House), Bookclubs, Creative Writing, and much more.

We look forward to seeing you soon.

With Kind Regards,

Jennifer



**Indigenous Peoples' Day & Columbus Day
Library Closed on October 9**



The Somers Library will be closed all day on Monday, October 9, in observance of Indigenous Peoples' Day and Columbus Day.

We wish all our patrons a happy and safe holiday!



Our programs are supported by Friends of Somers Library through our patrons' generous contributions.

Adults, Teens, Kids and Family Library Event
Celebrate Halloween & Harry Potter Day!
Saturday, October 28th, 10:30 AM - 4PM



Bring the whole family for this Halloween fun! This year we are celebrating Harry Potter and his magical world with a variety of programs for all ages.

- Make your own wand, craft Harry's owl, Hedwig or Escape from Hogwarts in our escape room.
- We also have fall wreath crafting and Pottering Around the UK: Real Life Locations from the World of Harry Potter as a virtual program *at home or in our reading room*.

Something for everyone and if you come in costume you can claim a prize. Registration is required for the escape room, the wreath crafting, and the Pottering Around the UK Zoom.



Adult Programs & Events

Please register on our calendar or call the library for assistance.



Energy Smart Homes Workshop

In Person, Thursday, October 12th, 7-8 PM

Join us to learn about decarbonizing your home heating and cooling. Plan for the future to avoid a missed opportunity for heat pumps in your home and find out more about state, utility and Inflation Reduction Act incentives for the weatherization and electrification. Speakers include Sustainable Westchester's Energy Smart Homes Installer Partners. This presentation is sponsored by Somers Energy Environment Committee.

Demystifying Medicare & Healthcare Coverage for Seniors

In-Person, Tuesday, October 17, 10:15 AM - 1:15 PM

This workshop is for people who already have Medicare, as well as those soon to be 65, planning their retirement, or assisting relatives and friends with their medical decisions. Topics include: Original Medicare, Medicare Advantage Plans, Prescription drug plans (Part D), Medigaps (supplemental plans), Various cost-saving programs (MSPs, Extra Help, EPIC, etc.).

Responding to Opioid Overdose/Narcan Training

In-Person, Tuesday, October 17th, 6:30 PM - 8 PM

Naloxone (Brand name Narcan) is an intranasal medication that can be used to reverse opioid overdose. Using naloxone and other evidence-based prevention and harm-reduction strategies, we as a community can help reduce overdose deaths. This FREE training will teach you how to recognize opioid overdose, and how to administer naloxone. All participants will receive a free opioid overdose rescue kit including naloxone.



Adult Programs & Events

Please register on our calendar or call the library for assistance.

Intro to Sound Healing Meditation

In-Person, Thursday, October 19th, 6:30-7:30 PM



What is a Soundbath or a sound healing meditation? Sound healing is a passive form of healing so you essentially lay down and are “bathed” in the sounds. During this workshop we will cover what sound healing is, what to expect & experience a gentle sound healing meditation. During this meditation the presenter will be guiding an elemental journey through different sound healing instruments. Honoring the earth, water, fire, air and ether with different instruments such as 432 hz singing bowls, gongs, chimes, drone instruments and more. About the Presenter - Marissa Dinki is a Sekhem Sound Healer and Sekhem Seichim Reiki Master Teacher.

M&M Theater Series: Voices & Echoes

In-Person, Sunday, October 22nd, 2 PM



M&M Theater Series presents a co-production with Red Monkey Theater Group. A pair of original short plays by authors Amy Frey and Sharon Latimer-Mosley. These one-acts will be presented together, and examine how the race, gender, class, and freedom in late 19th and early 20th century America still shape and inform modern sensibilities and struggles. No registration - First come, first served.

Trust Talk: Learn the Ins and Outs of Trust Planning

In-Person, Tuesday, October 24th, 6:30 PM - 8 PM



Everything you need to know about trusts but were afraid to ask - an informative but relaxed discussion about the ins and outs of trust planning and what is the best fit for a multiple number of circumstances. Sponsored by Tracy Reimann with the Law Offices of William G. Sayegh.

Adult Virtual Programs

Please register on our calendar or call the library for assistance.

Viva la Vida! Frida Kahlo Workshop w/the Pollock-Krasner House - Virtual, Wednesday, Oct. 4th, 7 -8 PM

Celebrate the art of Mexico's most famous female artist -- Frida Kahlo. Learn about what she and Lee Krasner share in common. Discover how Kahlo told the dramatic story of her life in amazing paintings. Then create your own picture story that tells a memory in your life in an imaginative way. This is a shared program with the Pelham, Chappaqua, Croton, Mt Kisco, Somers and Tuckahoe libraries.



Why plan for a funeral before you're ready to have a funeral?

Virtually, Wed., Oct. 11th from 6:00-7:00 p.m.

Death planning can be a heavy topic, but it doesn't have to be. Whatever our circumstances and whatever our age, creating and communicating a plan while we're healthy can be the greatest gift we leave behind for those we love, and gives us the peace of mind that our wishes are known and carried out. It takes a village! Join us for our upcoming panel discussion covering key planning strategies and steps you can start to take today.



Speakers:

- Judi McAnaw, Financial Advisor, Edward Jones
- Lauren C. Enea, Attorney-at-Law, Enea, Scanlan & Sirignano, LLP
- Meredith Faulkner, Cemetery Operations Manager, Westchester Hills Cemetery



Adult Virtual Programs

Please register on our calendar or call the library for assistance.

Decorating Your Home to Sell (or Dwell)

Virtual, Monday, October 23rd, 7-8:30 PM

If you want to learn the tricks of the staging trade to sell your home or listings faster and for more money, or you just want to revitalize your home's appearance, join home staging expert Susan Atwell as she teaches you: The 3 keys to outshining the competition when selling your home. Our top 10 DIY home staging tips guaranteed to sell homes fast. How to accentuate your home's most attractive features. Tips to ditch the stress, and mess, and get it all done at lightning speed! Whether you are a home seller, real estate professional, or just someone who enjoys interior decorating, this workshop is for you!



Market Update and Outlook – What lies ahead for the balance of 2023? - Virtual, Wed., Oct. 25th, 6-7pm

Join us for a timely discussion around the current investing landscape, key drivers and themes we're watching, and implications for investment portfolios. We'll also answer your most pressing questions. Speaker: C. Fitzgerald, J.P. Morgan Asset Mgt.; Presented by: Judi McAnaw, Financial Advisor, Edward Jones. Please register.



Pottering Around the UK: Real Life Locations from the World of Harry Potter - Virtual, Sat., Oct. 28th, 1-2 PM

Travel vicariously as Anglophile and former UK resident Claire Evans takes you on a historic, scenic, architectural and occasionally culinary tour of Harry Potter's magical world. Admire the amazing real-life locations picked throughout the best of the British Isles, and get tips if you'd like to visit the sights yourself one day.



Ongoing Adult Programs & Events

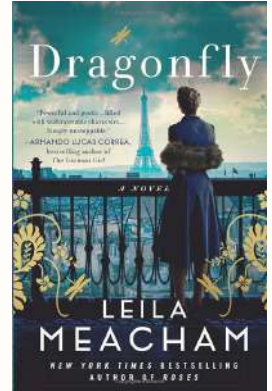
Please register on our calendar or call the library for assistance.

Somers Library Book Group meets to discuss
“Dragonfly” by Leila Meacham

Hybrid, Friday, October 20th, 2:30-4 PM*

**Registration required. Meeting max. 20 people.*

Virtual, Monday, October 23rd, 6:30-7:45 PM



This Book Group has both a day and an evening session. The Somers Library Book Group meets both sessions to discuss Leila Meacham’s “Dragonfly.” *At the height of WWII, five idealistic young Americans receive a mysterious letter from the OSS, asking them if they are willing to fight for their country. All come from different backgrounds; all respond to the call, each for a secret reason of their own...* This Library-sponsored book group is led by Diana Cunningham, Librarian. Registration is required; interested individuals should specify the desired session. For more information please call at 914-232-5717 ext.3. Copies of the book to be discussed are available on a first-come first serve basis.



Bedford Audubon Members' Photo Exhibit:
Celebrating the Beauty & Diversity of Birds in our Region
On display the entire month of October.



Ongoing Adult Programs & Events

Please register on our calendar or call the library for assistance.

Tech Help at the Somers Library
Staff member Juan Carlos provides Tech Help for those seeking advice in operating their electronics and other e-services offered by Somers Library. Call for available times and to schedule your appointment in-person or virtually.



ESL Conversation Group

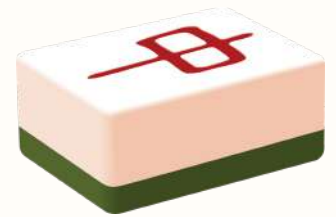
Every other Tuesday, 6:30 PM - 7:30 PM

Are you a non-native English speaker looking to brush up on your English conversation skills? Come join us for a low key meeting with like minded individuals and native/fluent English speakers to practice your English speaking and listening skills. No classwork! No homework! Just good conversation and pointers on pronunciation to improve your speech. New members welcome! *Meeting Dates: 10/10, 10/24, 11/14, 11/28, & 12/12. (Note: No meeting on 11/7).*

Drop-In MahJong Club

Fridays from 10:30 AM - 12:30 PM

Drop in to play MahJong with your neighbors. This is for anyone who loves the game, wants to meet new people, and have some fun. All are welcome, but enough knowledge to play unassisted is best. The library has a very limited number of MahJong sets, so please try to bring your own.



Threads & Yarn Club

Fridays, 10:30 AM - 12 PM

Join us on Friday mornings with your knitting, crochet work, or anything that uses threads & yarn! All levels welcome, no registration needed!



Teen Programs and Events

Please register on our calendar or call the library for assistance.

MORE THAN A PRETTY FACE: Pollock, Picasso, and Cubism Workshop for Teens

Thursday, October 5th, 4 PM - 5 PM

Why would a woman have a blue face or two noses? Discover the meaning behind Picasso's portraits and his influence on artists like Jackson Pollock. Then, create a unique Cubist face that expresses emotion using cut paper collage.

Supplies for your art project will be provided.

Presented by the Pollock-Krasner House. For Grades 6-12.



PAINT THE SOUND: Music & Art Workshop for Teens

Thursday, October 12th, 4 PM - 5 PM

How can you paint the rhythm of a drum or the sound of a piano? This live zoom tour and in-person workshop will explore the ways in which modern artists such as Pollock, Matisse, Bearden, and others were inspired by the Jazz age. Work alongside Joyce Raimondo as she demonstrates techniques for creating abstract art inspired by music. Supplies will be provided. For Grades 6-12.



DREAM ON! Surrealism for Teens

Thursday, October 19th, 4 PM - 5 PM

How can our dreams, unconscious mind, and imagination be expressed in art? Explore Surrealist art and then learn about Surrealist writing and art activities designed to access the unconscious mind and unleash creativity. Art supplies will be provided. For Grades 6-12.



Teen Programs and Events

Please register on our calendar or call the library for assistance.

Lotus Flower Lantern Workshop for Adults & Teens (11 and up)

Saturday, October 21st, 11 AM - 12:15 PM

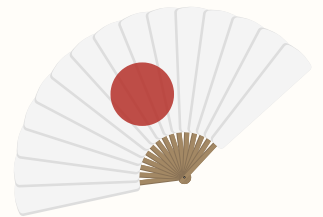
Members of The Korean Spirit and Culture Promotion Project will be on hand to help attendees make lovely traditional lotus flower lanterns using colored paper and wire frames. All materials will be provided and participants may choose the color of their lotus flower. In addition, we will hand out books on Korean history and culture for free. After class, we will show short documentaries on Korea and serve Korean traditional refreshments. Korean Spirit & Culture Promotion Project (KSCPP) is a non-profit organization that is dedicated to raising awareness of Korean history and culture. This program is for adults, teens, and tweens 11 and up.



Anime and All Things Japanese

Thursdays, starting October 26th 3:45 PM - 5 PM

Do you love anime and manga? Would you like to travel to Japan one day? Join us for a weekly viewing of new, old and unusual anime. Once a month we will open a surprise snack box of Japanese goodies and try out Japanese games, crafts and on occasion we will invite a guest presenter to teach us something about Japanese culture.



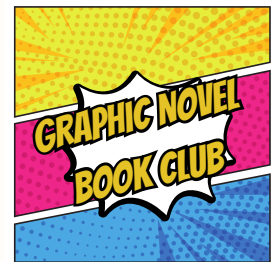
Graphic Novel Book Club

2nd Wednesday of each month, 3:45 PM - 4:45 PM

Oct 11, Nov 8, Dec 13, Jan 10, Feb 14, Mar 13, Apr 10

For Grades 6th - 10th

Did you know that “a growing body of research, focused on how the brain processes the combination of images and text, indicates that graphic novels are also excellent resources for advanced learners?”(Northwestern University, 2017) Graphic novels have become a popular format in classrooms, partly due to their appeal to reluctant readers. Apart from the adults, the teens love them and they cover many topics and forms. We will meet on the 2nd Wednesday of each month. Bus transportation is available from both the middle and high school.



Children's Events & Programs

Please register on our calendar or call the library for assistance.

Children under age 10 must be accompanied in the building by an adult.

Playdate at the Library

Wednesdays, Now - October 18th, 10:30 AM - 11:30 AM

We're trying something new for our families in the area!

Join us at the library for a play date. We'll have some arts and crafts (self-guided), toys, books & music for children to enjoy while parents/guardians get a chance to meet and mingle.



Storytime and Craft

Tuesday, October 3rd & 17th, 3:45 PM

Join the children's librarians for a themed storytime and craft after school! Registration required. Best for ages 4 and up but little ones are welcome!



Tot Time

Tuesday, October 10th & 24th, 10:30 AM

Enjoy songs, rhymes and books with our children's librarians! Ages 0-3 and caregivers.

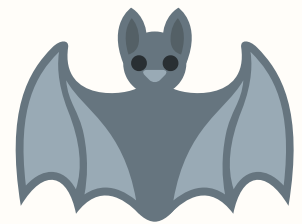
No Registration Needed.



Drop-in Crafts

Tuesday, October 10th & Fridays, October 13th & 27th

Head over to the library on a day off from school, 10/10, and after school 10/13 & 10/27 for a drop-in craft in the children's room! While supplies last. Best for ages 4 & up.



New Parents Together with Beth Villeneuve, IBCLC

Thursdays, Starting October 12th, 11 AM

An in-person meeting to offer guidance and support to new parents and their babies. This group will offer community, support, and solace for parents at the beginning of their journey. It is led by Beth Villeneuve International Board-Certified Lactation Consultant (IBCLC) and licensed pediatric nurse with over 30 years experience. She is also a mother of seven. Beth holds a Bachelor's of Science in Maternal Child Health and Human lactation. Open to all. No Registration Required.



Children's Events & Programs

Please register on our calendar or call the library for assistance.
Children under age 10 must be accompanied in the building by an adult.

Grades 4-5 Books Club

Wednesdays, 3:45 PM,

10/18, 11/15, 12/13, 1/17, 2/14, 3/20, 4/17, 5/15

Do you like to talk about books with your friends? Come join Ms. Beth Levine and 4th and 5th graders from Somers once a month to discuss the same story! Participants receive a library book in advance to read before each meeting. During our meeting we will discuss the book, and do a craft, game or other activity. Registration is required and space is limited. Bus transportation will be available from SIS to the Library. Limited to Somers residents. Children must be entering the grade they register for.



Homeschool Presentations

2nd Friday of the month, 1 PM

Join other homeschoolers to present and share on various monthly topics! Homeschool presentation is a great way for homeschoolers to practice their oral reporting/presentation skills, research and writing skills as well as art and design. We have presenters that range in age from 4-15 years with younger siblings welcome to observe. Children love how we have a monthly unit study/project to work on that we then could “show and tell” to other homeschoolers! Some children prepare a poster with photos, some use props, some just talk, and some prepare a written essay that they read aloud. Sometimes parents come up with younger participants/non-readers to help or encourage them. All methods are welcome! At the end of each child’s presentation, the floor is opened to questions. You must be a current homeschooler with school aged children to attend. This is not a drop off event. Limited to 16 children, please email Aubry (rambleonrose914@gmail.com) to RSVP and find out about this month’s topic!



Children's Events & Programs

Please register on our calendar or call the library for assistance.

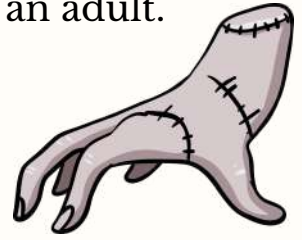
Children under age 10 must be accompanied in the building by an adult.

Schools out! Kids Movie & Popcorn:

The Addams Family (2019)

Tuesday, October 10th, 2 PM

Members of the mysterious and spooky Addams family -- Gomez, Morticia, Pugsley, Wednesday, Uncle Fester and Grandma -- are readily preparing for a visit from their even creepier relatives. But trouble soon arises when shady TV personality Margaux Needler realizes that the Addams' eerie hilltop mansion is standing in the way of her dream to sell all the houses in the neighborhood. (Via rotten tomatoes) 1 hr 27 min Rated PG. No Registration Needed.



Sensory Craft with Krazee Krafts

Wednesday, October 11th, 3:45 PM

Join local company Krazee Krafts for a special sensory craft program. For ages 4 & up. Space is limited, registration is required.



Book Character Pumpkin Contest

Enter October 19th - October 21st.

On Display October 23rd - October 28th.

Winner Announced October 28th

Decorate a pumpkin as your favorite book character! The pumpkins will be judged by prominent local community members in 4 categories: kids, teens, adults and family. Prizes have been generously donated by Amore Pizzeria (Katonah), Bobo's Cafe, Sweet Delites Pastry Shop, The Meat Guys, the Somers General Store and more. See the website for contest rules & more information.



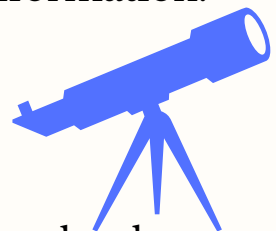
Star Party with Westchester Amateur Astronomers Club

Monday, October 23rd, 6 PM

Cloudy/Rain Date: Tuesday, October 24th, 6 PM

See the moon and other celestial objects through real telescopes set up by the Westchester Amateur Astronomers club. Meet at Upper Reis and dress for cool weather. Please supply your email in case the event is postponed.

REGISTRATION REQUIRED- MAX 40 PEOPLE. For families, please register each individual attendee online.



Children's Events & Programs

Please register on our calendar or call the library for assistance.

Children under age 10 must be accompanied in the building by an adult.

Pumpkin Decorating with the Somers Children's Library and Parks & Rec!

Tuesday, October 24th, 4 PM

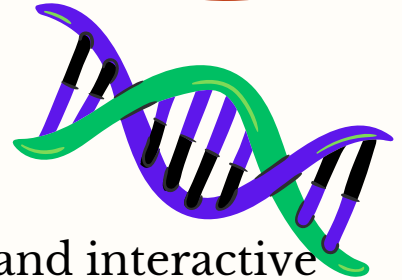
Come and decorate a pumpkin under the pavilion to bring home just in time for Halloween! We have all of the supplies needed, even the pumpkins! (Size: sugar pumpkins). Dress for the mess! Best for ages 2 & up. **REGISTRATION REQUIRED, SPACE IS LIMITED.** In the event of severe weather, decorating will be moved into the library program room.



Lil' Atoms STEM Club - Halloween Slime!

Wednesday, October 25th, 3:45 PM

The STEM club is back! Join Miss Jessica for a fun and interactive STEM club right here at the library! Each month will be a different project within STEM. For October, we will be mixing some spooky ingredients to make Halloween themed slime. Grades 3-5, registration is required.



Special Halloween Tot Time with Dawny Dew!

Tuesday, October 31st, 10:30 AM

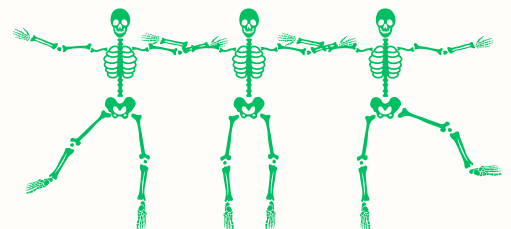
Come dance and sing with Dawny Dew in your costume (not required) for a special Halloween tot time with music & more! No registration required.



Halloween Drop-in Craft and Trick-or-Treat!

Tuesday, October 31st, All day

Visit the children's room in your costume to receive a treat and stop by our drop-in craft table to make a Halloween craft.



Friends of the Somers Library

October 2023

Annual Membership Drive



The Friends of the Somers Library is dedicated to supporting and enriching the Somers Library. Over the years, the library has played an essential role in the Town of Somers by providing access to knowledge, fostering literacy, and serving as a gathering place for residents of all ages. Our organization has been working to fund the library's resources and programs. We have witnessed firsthand the positive impact that the library has on our community, and we are committed to ensuring its continued success.

To that end, we are reaching out to you to request your support in our mission. The financial support of town residents has played a pivotal role in the growth and improvement of the Somers Library over the years, and we are grateful for the continued dedication.

Your generous donations have enabled us to:



1. Enhance Educational Programs: Through your support, we've been able to offer engaging and educational programs for children, teens, and adults, including author talks, workshops, and live events.
2. Improve Facilities: Your contributions have helped us make vital improvements to the library ensuring a comfortable and welcoming environment for all visitors.
3. Promote Involvement: Your donations have enabled us to launch initiatives aimed at community involvement in our town, including summer reading programs for children and educational programs for adults. As we look ahead, we are eager to expand our offerings. To achieve these goals, we kindly ask for your continued financial support. *(Continued)*

Friends of the Somers Library *(Continued)*



Please make an [online donation](#).

To donate in person, there are membership flyers available at the front desk of the library that you can fill out and leave with one of the librarians. If you received one of our mailings, you can send a check in the envelope provided. Your donation, will make a significant difference in helping us fulfill our mission. Donating to the Friends of the Somers Library is an investment in the future of our town, Thank you!



Upcoming Special Event: Please join us on Sunday, October 22 at 2:00 PM in the library's Program Room for live theater!

M&M Theater Series presents a co-production with Red Monkey Theater Group of a pair of original short plays by authors Amy Frey and Sharon Latimer-Mosley. These one-acts will be presented together, and examine how the race, gender, class, and freedom in late 19th and early 20th century America still shape and inform modern sensibilities and struggles. "Thread" by Sharon Latimer-Mosley - In the wake of the Civil War Draft Riots that shook New York City in 1863, a manor house in the Bronx is the site of a long-delayed reunion between two African-American New Yorkers: a self-made dress-maker and a Navy recruiter who face crucial choices about the future they pursue – and whether it will be shared.

"Masher" by Amy Frey - Mrs. John G. Bettancourt is everything a model, upper-class Victorian woman should be: wife, mother, and hostess. But when she finds herself in a confrontation with a “masher” (a man who assaults women on the street), she suddenly needs to come to grips with the realities of the world around her and is forced to ask for help from an unexpected quarter.

No registration necessary. Seating is on a “first come, first seated” basis.



Somers Library Foundation

October 2023



Autumn is a busy time for the Foundation. We are getting ready for our eleventh 5K Trail Run and 1 mile Family Fun Run on Sunday, 15 October in Reis Park. Come run, jog, or walk and be part of the future improvements at the Somers Library. We have flyers posted around the community with QR codes so you can register for the race or family fun run wherever you are. You can also register for the race [here](#).

We are also looking for race day volunteers to help with race course set-up and race day activities like helping with race day registrations, providing our runners number bibs, making sure our participants get water during the race, recognizing our winners, and helping everyone have a good time. Please let us know if you are available to help out on race day!

“Running is the greatest metaphor for life, because you get out of it what you put into it.”

— Oprah Winfrey

You can be part of our important efforts to raise awareness, plan fundraising events, and engage with our donors and sponsors. We are always looking for community members to be part of our mighty team of volunteers. Stop by our table at Celebrate Somers - we are expecting it to be rescheduled on either 28 October or 4 November.

(Continued)



Somers Library Foundation (Continued)



Watch for details. You can enter our raffle and learn about our many opportunities to get involved with the Foundation or just share your love of the Somers Library. Can't make it to Celebrate Somers? You can text or call us at 914-361-9979, or you can visit our [volunteer page](#). We'd love to hear from you and find ways for you to share your talents or learn a new skill to help us raise funds for projects at our library.

Come join us at Reis Park on Sunday, October 15th for our 5K Trail Race.



Somers Library Foundation is a 501(c)(3) non-profit organization that raises funds to support projects that beautify, modernize and enrich the offerings and capabilities of the Somers Library, our community's intellectual and cultural center -- Working for YOU to improve our Library.

