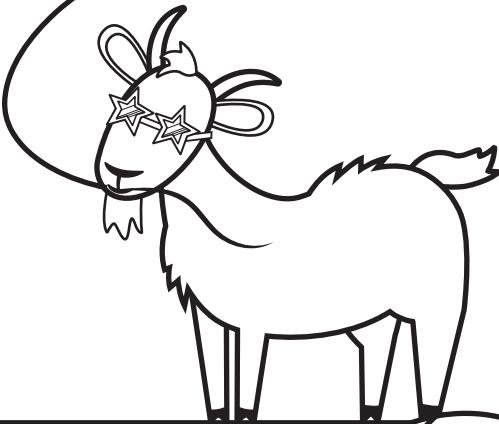
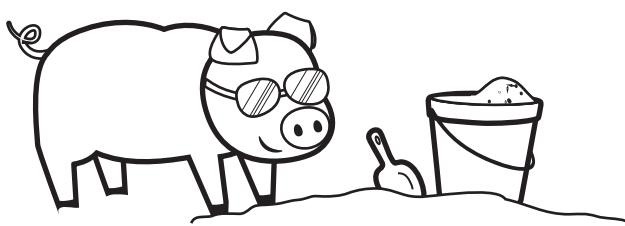
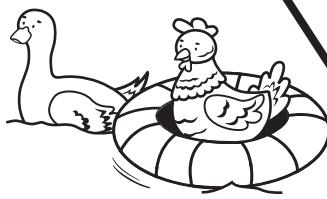
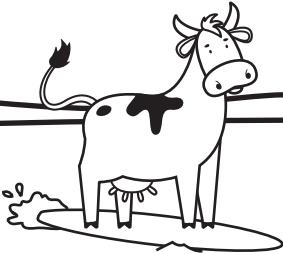
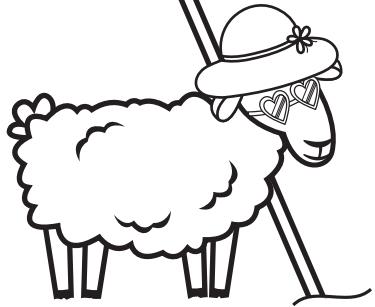
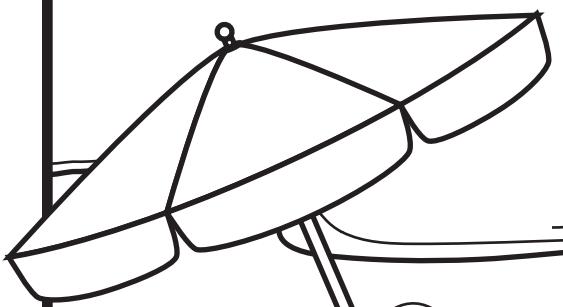


SUMMER



ACTIVITY PACK

 **HEIFER**[®]
INTERNATIONAL



Welcome to the Summer Pack!

Beautiful, bright days are finally here, and so is our Summer Activity Pack! From basking in the sunshine to sizzling some tasty burgers, it's time to enjoy the best time of year. There's no better way to make the most of your time off from school than by engaging in some fun activities. Put your knowledge and skills to the test with mazes and word searches, embark on a bucket list adventure, or make a sun-sational recipe. **Let the summer fun begin!**

- FLY A KITE
- GO TO THE ZOO
- HAVE A PICNIC
- GO TO THE BEACH
- PICK BERRIES
- CATCH FIREFLIES
- GO CAMPING
- MAKE LEMONADE
- _____

- WATCH A SUNSET
- HAVE A BBQ
- GO ON A BIKE RIDE
- WATCH A SUNRISE
- EAT ICE CREAM
- GO TO THE PARK
- GO SWIMMING
- BLOW BUBBLES
- _____



SUMMER ACTIVITY

Create sidewalk chalk art! Unleash your inner Picasso in your driveway. Draw flowers and animals or create clever games like tic-tac-toe and hopscotch with chalk.

SUMMER CHALLENGE

Outdoor Obstacle Course
Build your own obstacle course with items you already have! Use scrap lumber, sticks, a flat ladder, tires, hula hoops, or even pool noodles to bring your obstacle course to life.



Fun in the Sun Word Search

Summer is finally here! Can you find all the words related to summer below?

Y I R P L M P I C N I C Y D O T V E I A L E P A U
W E D N W E I U N E T P L I T M N E T P Z E C K C
S R M E L E M O N A D E I D E S H R M E X R O J I
U Y S E F Y S T K S G E W Y S R D Y S R T I C A F
N G A U T G E Y C G E I H G A O B F G T E V O I E
G J L H M A L N C J O Y R J L T A I L E Y J N X H
L Z R S J M C N W Z M E L Z B Z U R E N D A U G S
A F W O C U E O T A D H Z F E C E E F C W F T P T
S T Z R L T T R Y T T A A T A H P F Z R A T Z X H
S W A H I W Z I K W Q E U W C X E L I P S C I U O
E A K F H A M E P A A P R A H S M I P A X H M G T
S S B Y B S B F C S U E R M W Y A E C F C A B A B
R F U N Z O D Y A A A B A C E K Z S A O E N A E R
G I B M E Q B L A V M T U F A L A V B N S Z S Q T
T P X O G P E H E P F P R P I M O P W R I A W Y C
Z Q E Y H Q R Z A P Y L K Q D O T N E T Z N E K O
F Z S F X Y R I L Z I R J Z A Y V A C A T I O N A
Y S A T M K I N L A F O K T E Z N O I A G A I P A
S L B A R B E C U E K W A L L O X A D I E P Z B K
M E F K Z E S X K G M Y Z G Y M Z S W I M M I N G

<ul style="list-style-type: none">• BARBECUE• BEACH• BERRIES• CAMP• COCONUT	<ul style="list-style-type: none">• FIREFLIES• FUN• HOT• LEMONADE• PICNIC	<ul style="list-style-type: none">• SUMMER• SUNGLASSES• SWIMMING• VACATION• WATERMELON
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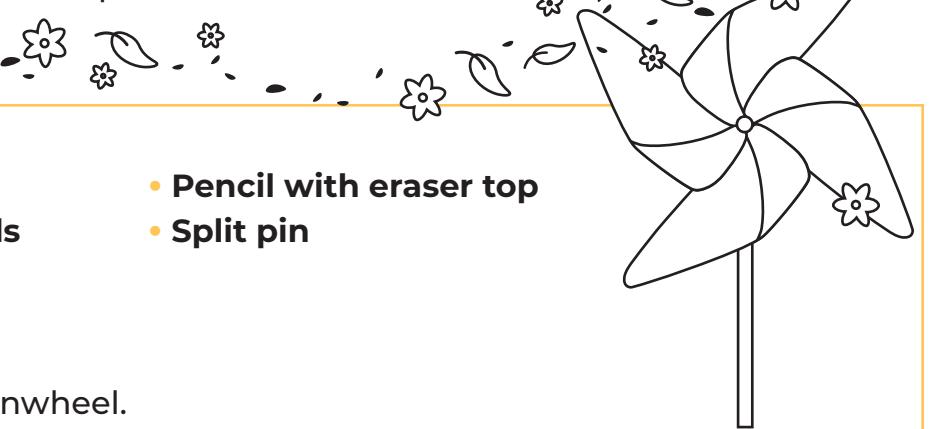
Summertime Pinwheel Craft

Create your very own pinwheel. Glide it outside in the wind and watch its vivid colors spin in the warm breeze!



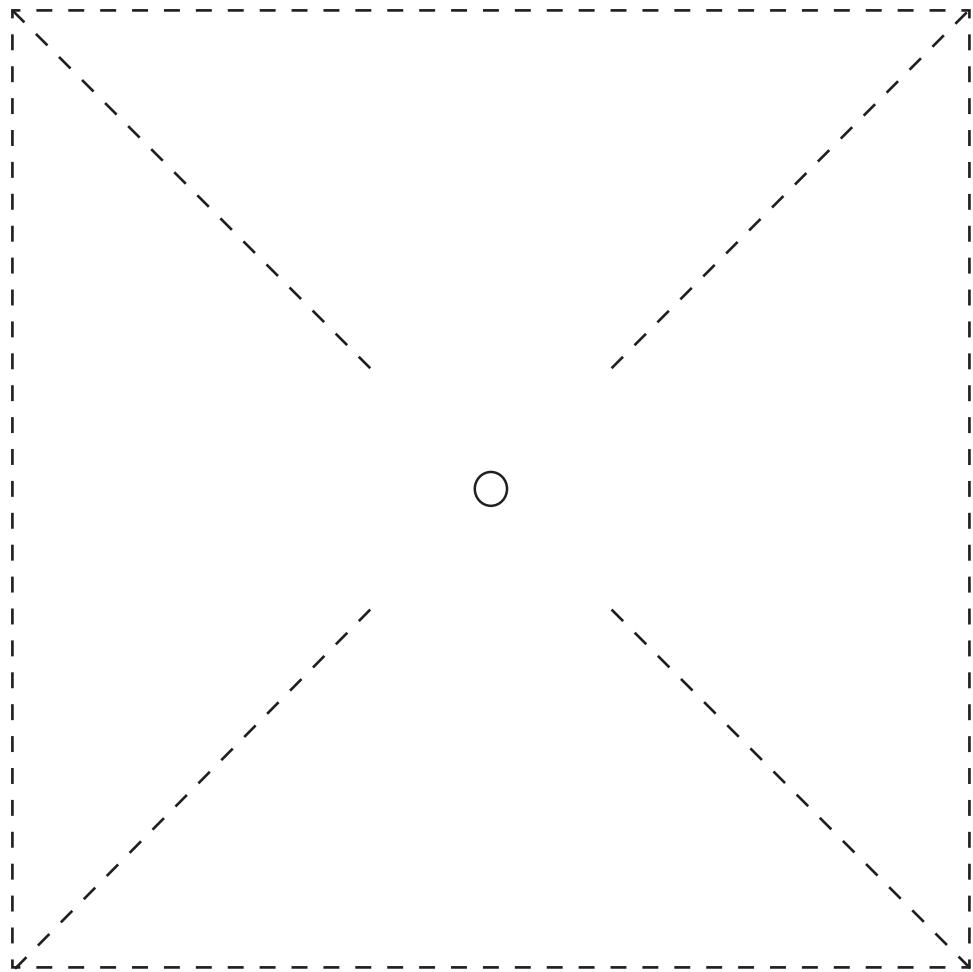
SUPPLIES

- Scissors
- Colored pens or pencils
- Pencil with eraser top
- Split pin



INSTRUCTIONS

- 1 Color a pattern on the pinwheel.
- 2 Cut out the pinwheel template along the dotted lines.
- 3 Bend each corner into the center of the pinwheel and, with the help of an adult, push the split pin through the center.
- 4 Push the split pin into the eraser top on the pencil and watch it spin!





Funny Fill-Ins on the Farm

Fill in the blanks on this page with the types of words described, but without looking at the story on the next page. Then, fill in the corresponding blanks on the next page with your answers from this page. Once all the blanks have been filled in, read the story aloud!

FEMALE NAME 1 _____

ADJECTIVE _____

ADJECTIVE _____

ADJECTIVE _____

TIME _____

NUMBER _____

VERB _____

PLURAL VEGETABLE _____

NUMBER _____

PLURAL FRUIT _____

TYPE OF FOOD _____

ADJECTIVE _____

PLURAL ANIMAL 1 _____

VERB _____

PLURAL ANIMAL 2 _____

THING _____

PLURAL ANIMAL 3 _____

GREETING _____

COLOR _____

ADJECTIVE _____

ADVERB _____

BODY PART _____

VERB _____

NOUN _____

ADJECTIVE _____

ADJECTIVE _____



Funny Fill-Ins on the Farm

Farmer _____ **has a very** _____ **life. She wakes up every morning at**
FEMALE NAME 1 ADJECTIVE

_____ **and starts to** _____ **her cows. Next, she feeds her** _____ **chickens lots**
TIME VERB NUMBER

of _____. _____ **has lots of other animals, too, like** _____,
TYPE OF FOOD FEMALE NAME 1 PLURAL ANIMAL 1

_____ **and** _____. **Most of them live in her big** _____ **barn.**
PLURAL ANIMAL 2 PLURAL ANIMAL 3 COLOR

They also like to _____ **throughout the** _____ **fields. Farmer**
ADVERB VERB ADJECTIVE

_____ **also grows lots of** _____ **fruits and vegetables. Her gardens are**
FEMALE NAME 1 ADJECTIVE

very _____ **and** _____. **She has one plant that is** _____ **feet tall! Her favorite**
ADJECTIVE ADJECTIVE NUMBER

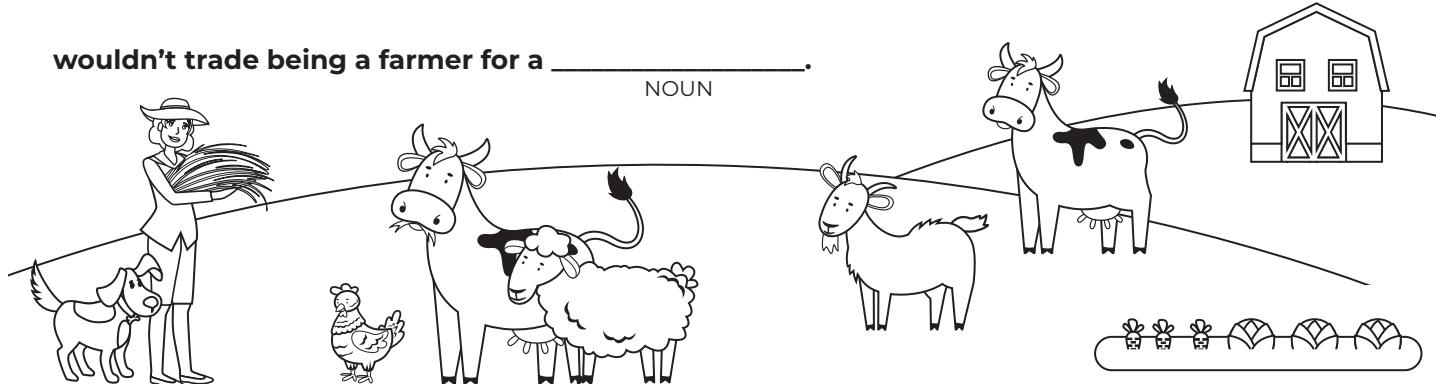
foods to grow and eat are _____ **and** _____. **At the end of the day,**
PLURAL VEGETABLE PLURAL FRUIT

farmer _____ **likes to take a** _____ **around her farm**
FEMALE NAME 1 ADJECTIVE VERB

with her _____ **and say** _____ **to all of her animals. Sometimes they are**
THING GREETING

_____ **and a lot of work, but she loves them all with her whole** _____, **and she**
ADJECTIVE BODY PART

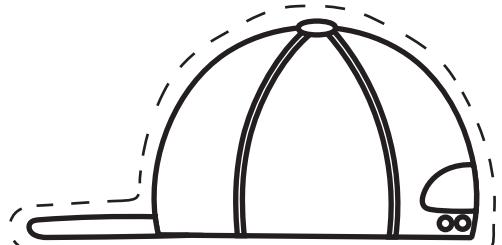
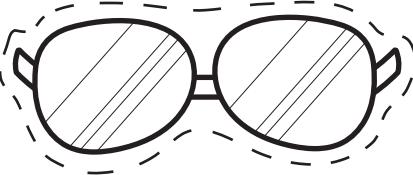
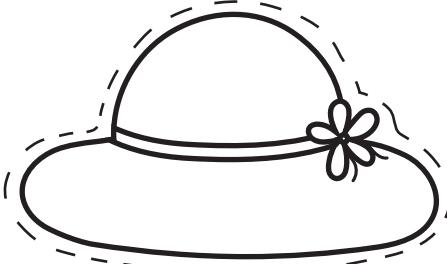
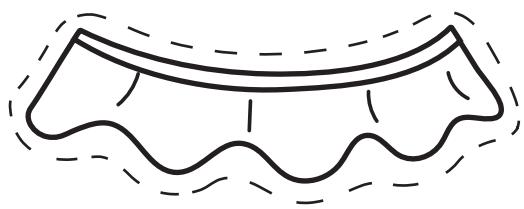
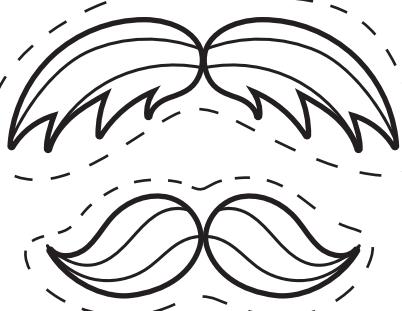
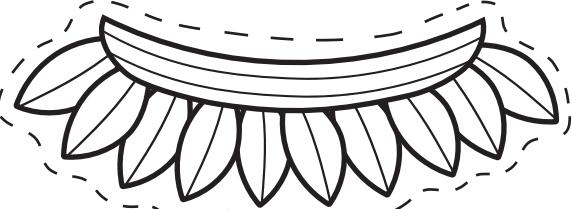
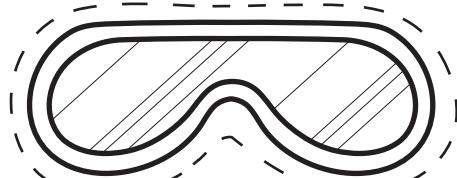
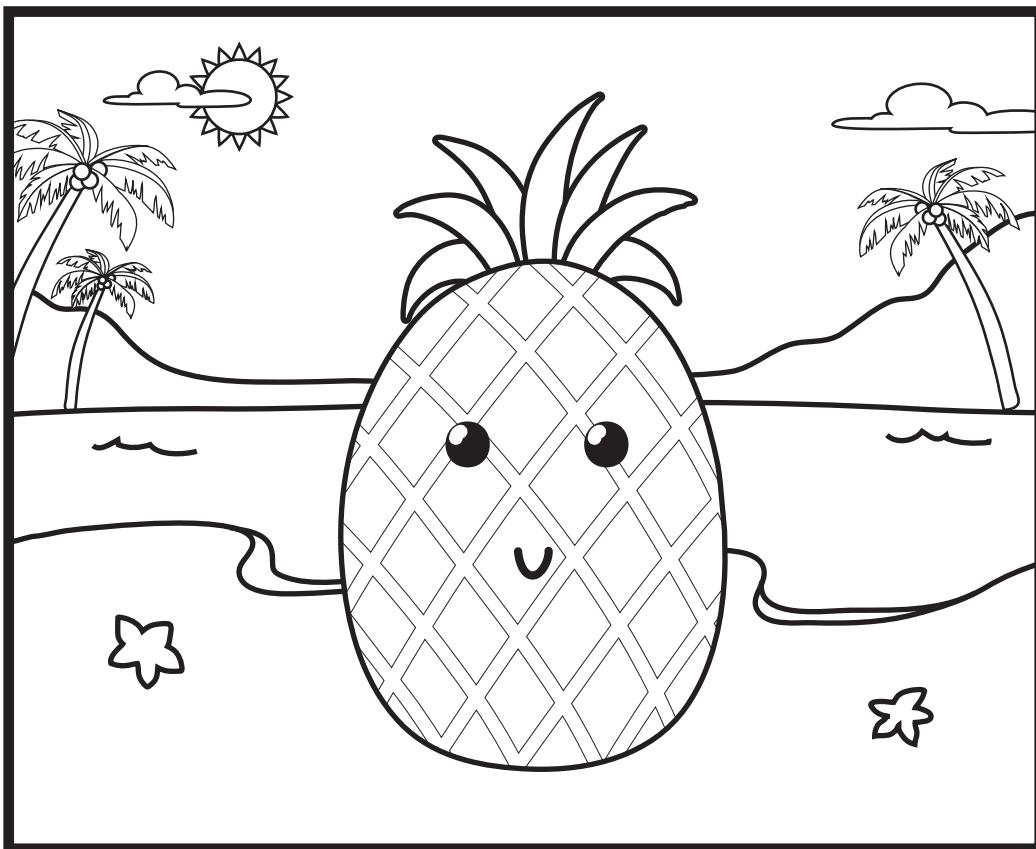
wouldn't trade being a farmer for a _____.
NOUN





Pineapple Fun at the Beach

Color and cut out each item along the dotted lines below, and dress the pineapple for a sunny beach day!

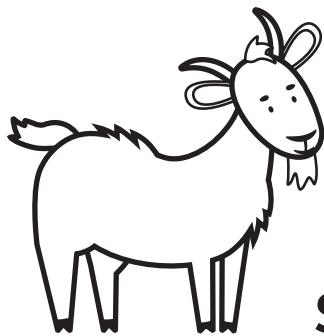




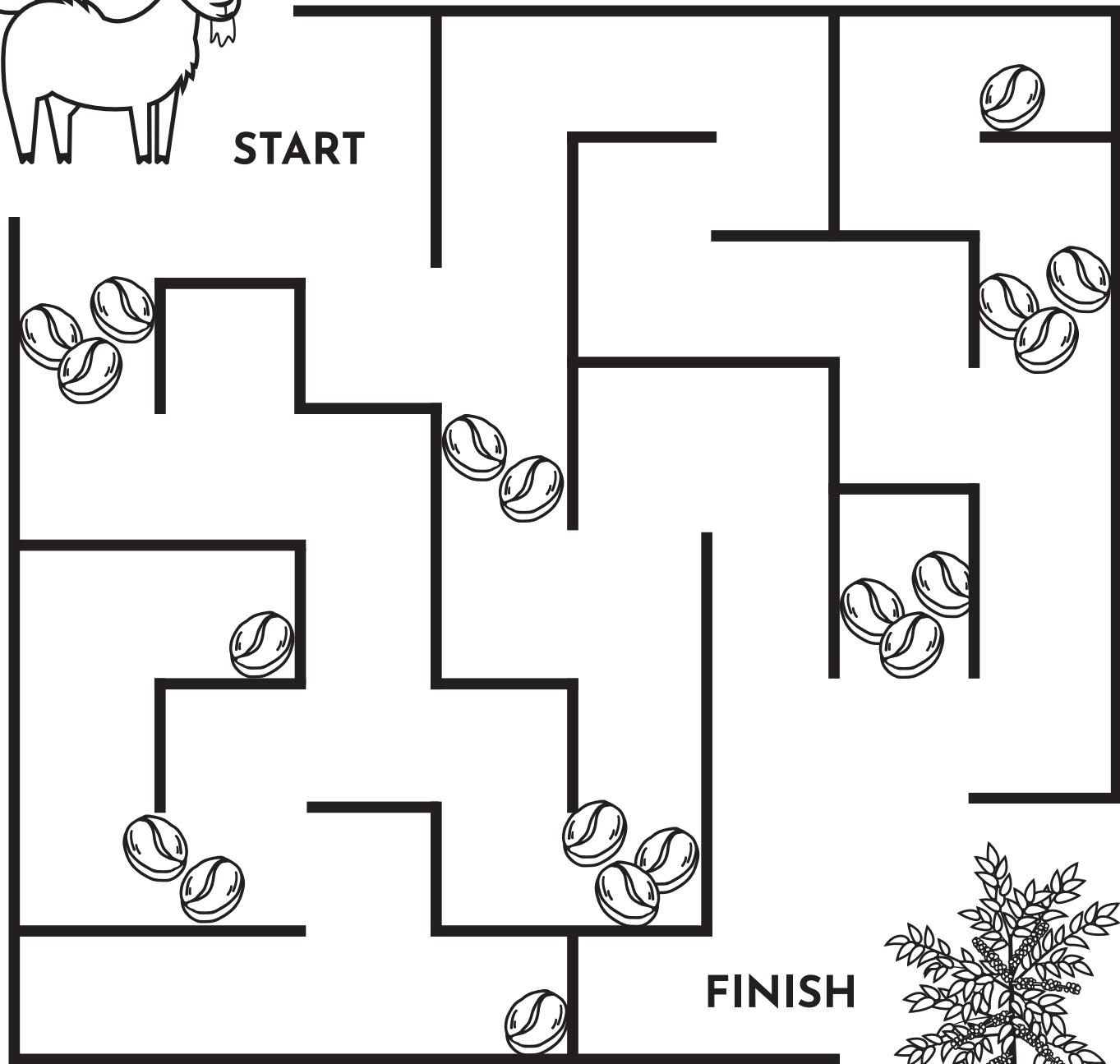
Coffee Run: Decaf Version

Did you know that goats discovered coffee beans?

Help Gus the Goat find his way to the coffee plant.



START



FINISH

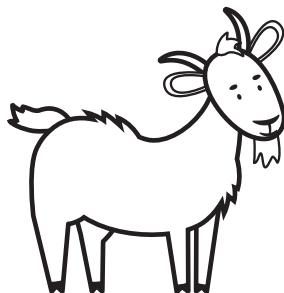




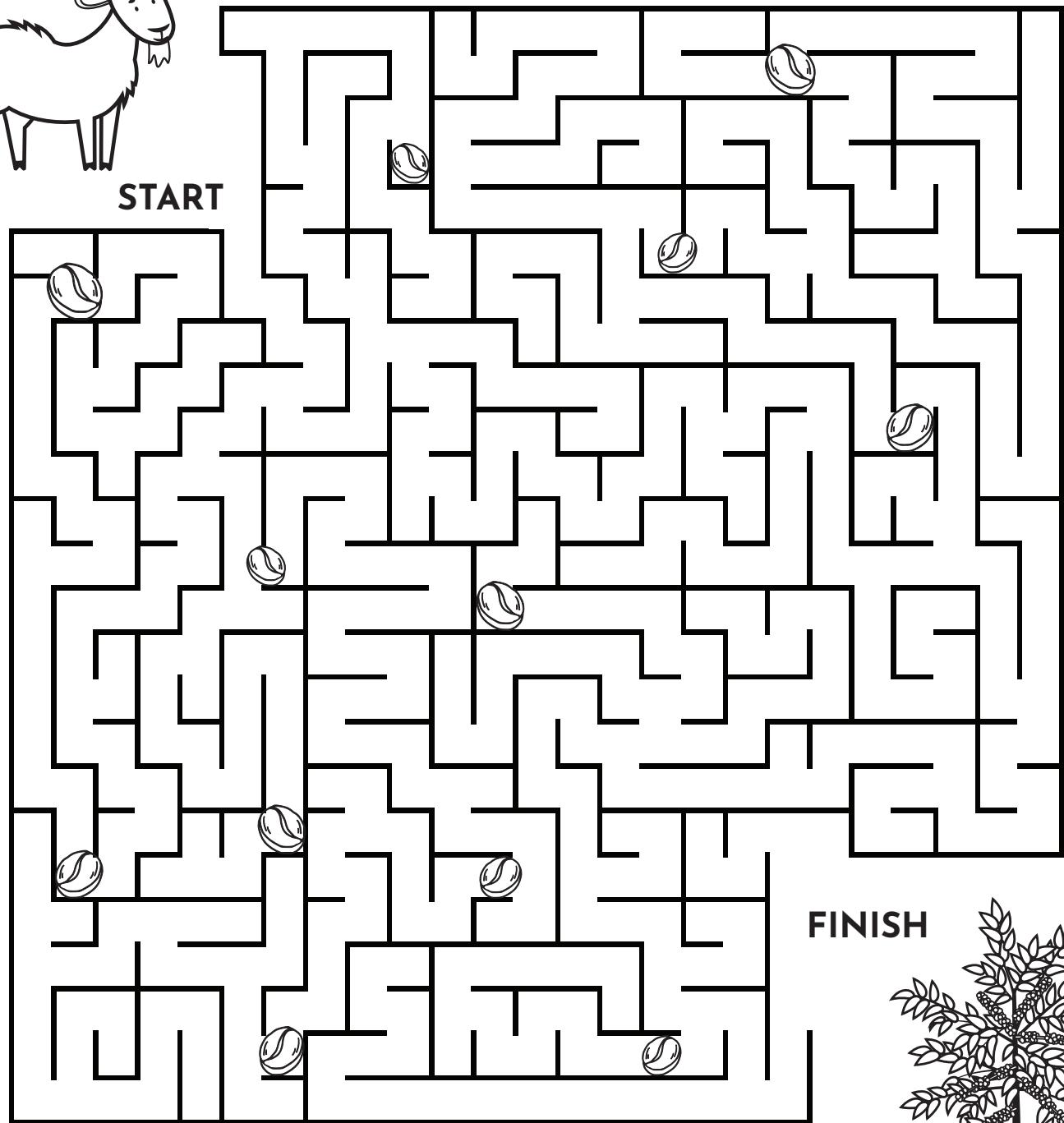
Coffee Run: Espresso Version

Did you know that goats discovered coffee beans?

Help Gus the Goat find his way to the coffee plant.



START



FINISH





Heifer Ears Headband Craft

Get ready for some barnyard fun! Become the star of the farm with this *moo*-velous headband.



SUPPLIES



Construction paper



Scissors



Glue



Stapler



Marker

INSTRUCTIONS

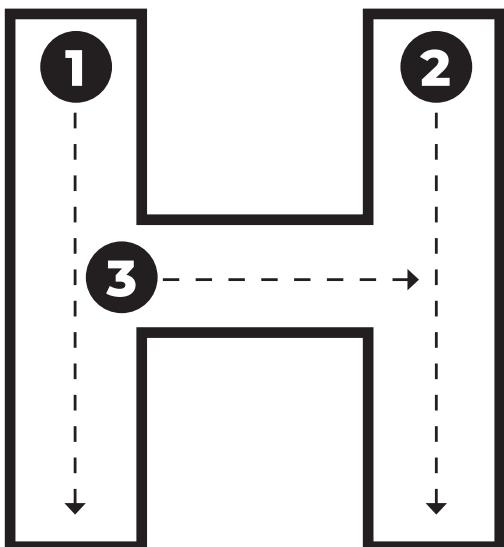
- 1 Cut construction paper into long, thick strips that are the same size.
- 2 Create petal-shaped ears out of construction paper.
- 3 Decorate the ears and the construction paper band with cow spots.
- 4 Staple or glue ears to the band about 4 to 6 inches apart.
- 5 Staple ends of construction paper band together to make headband.
- 6 Wear your animal ears with pride!



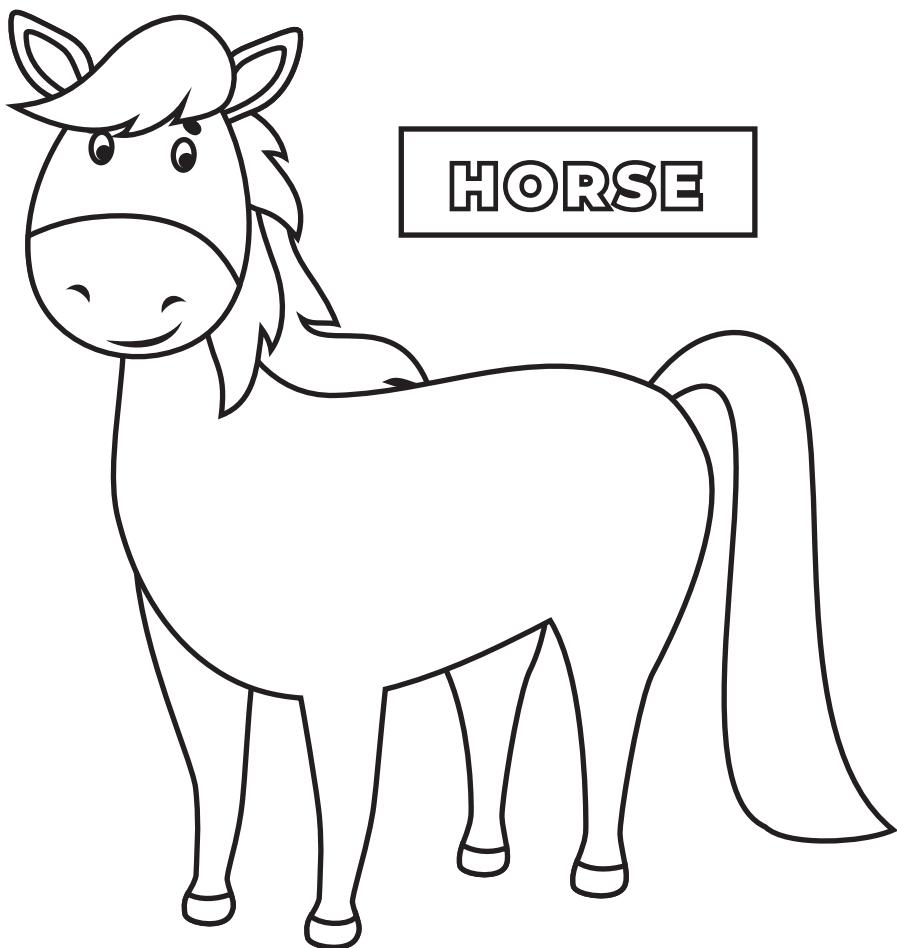
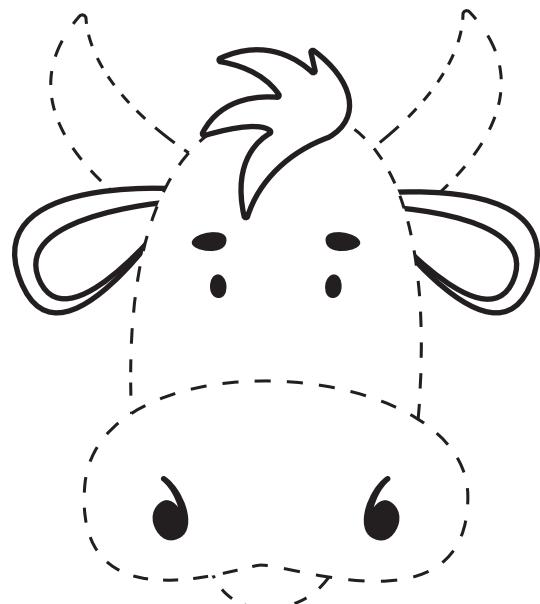


The Letter H

Trace, color and practice writing the letter H below.



HEIFER



—
—
—

ot

ay

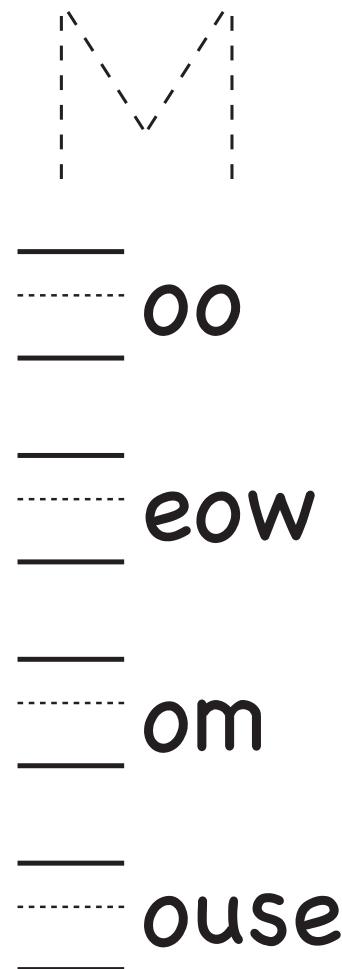
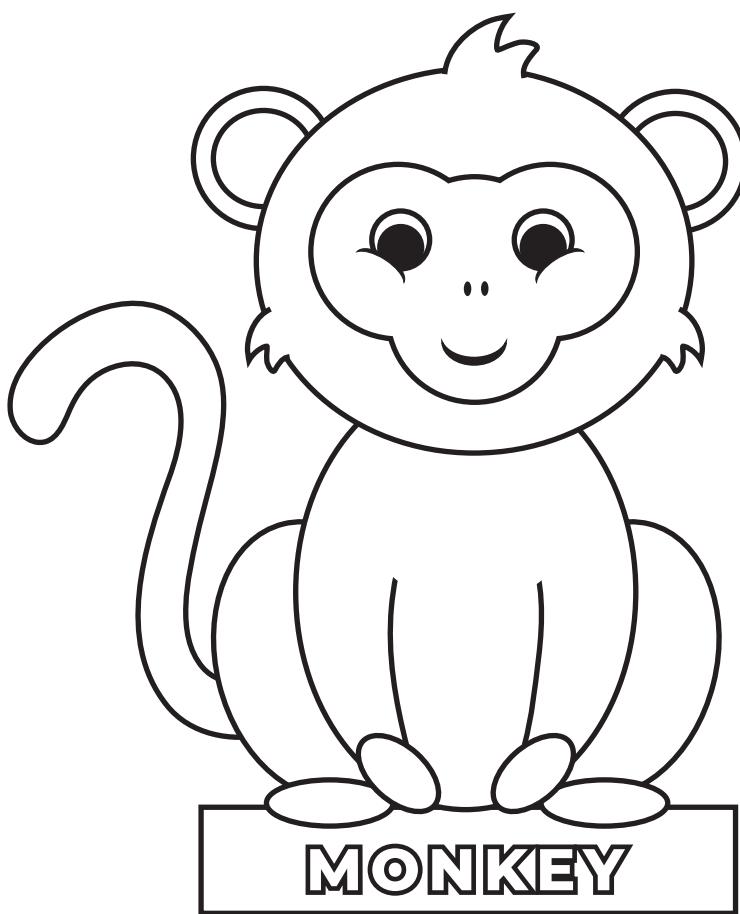
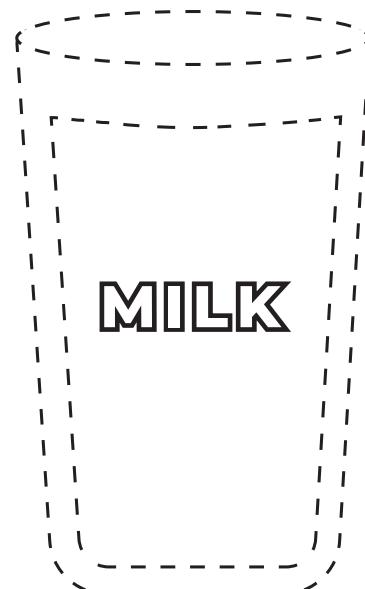
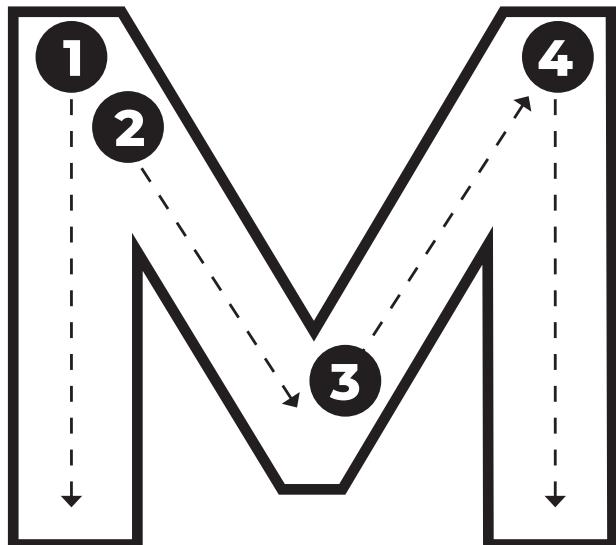
oliday

oney



The Letter M

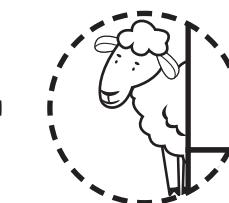
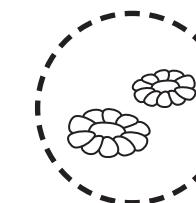
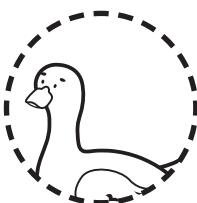
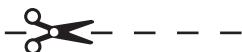
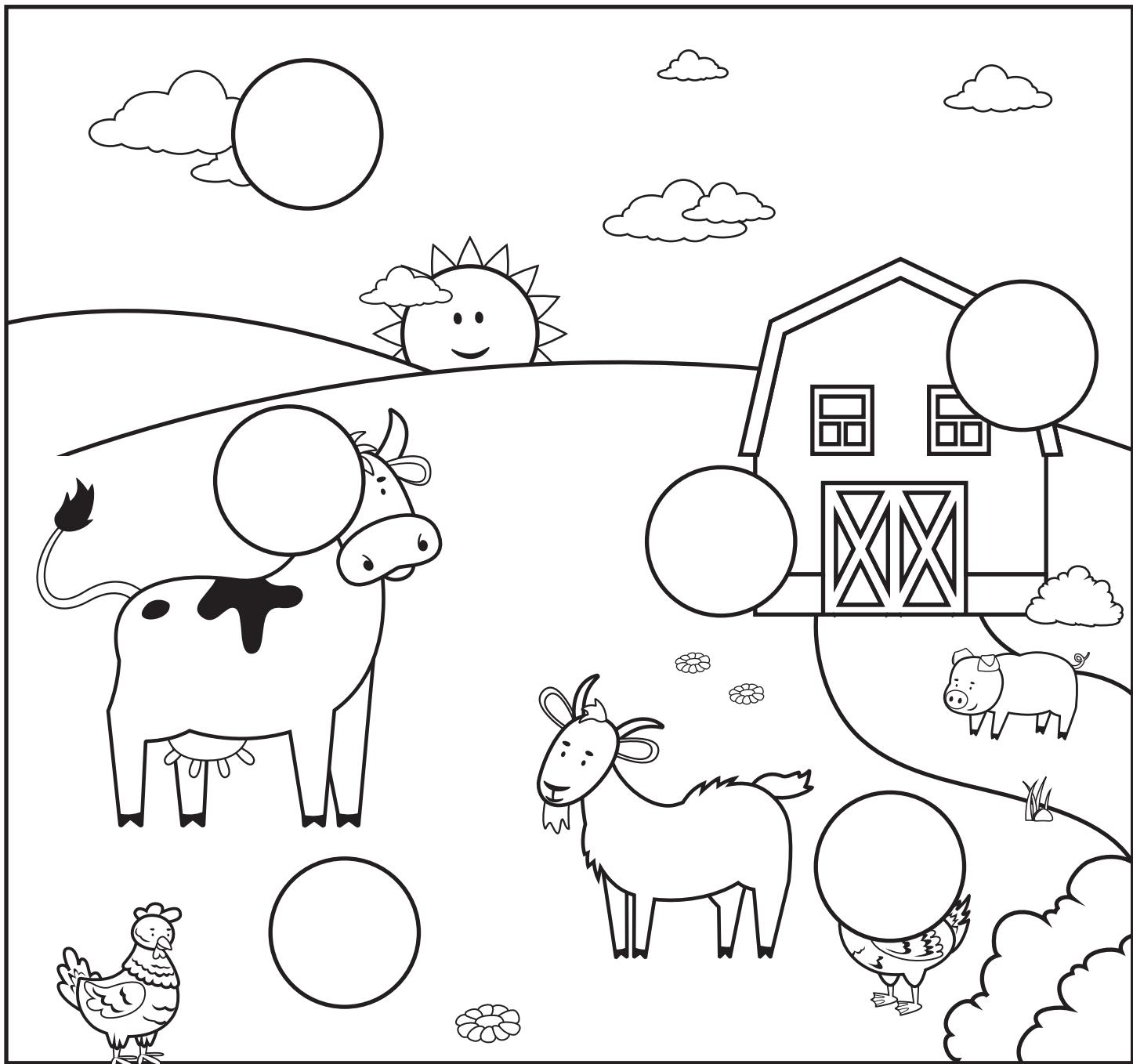
Trace, color and practice writing the letter M below.





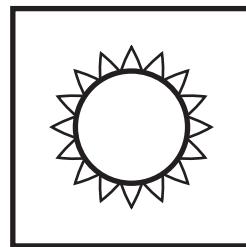
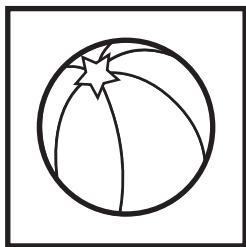
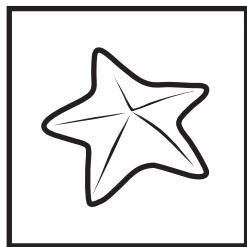
Complete the Puzzle

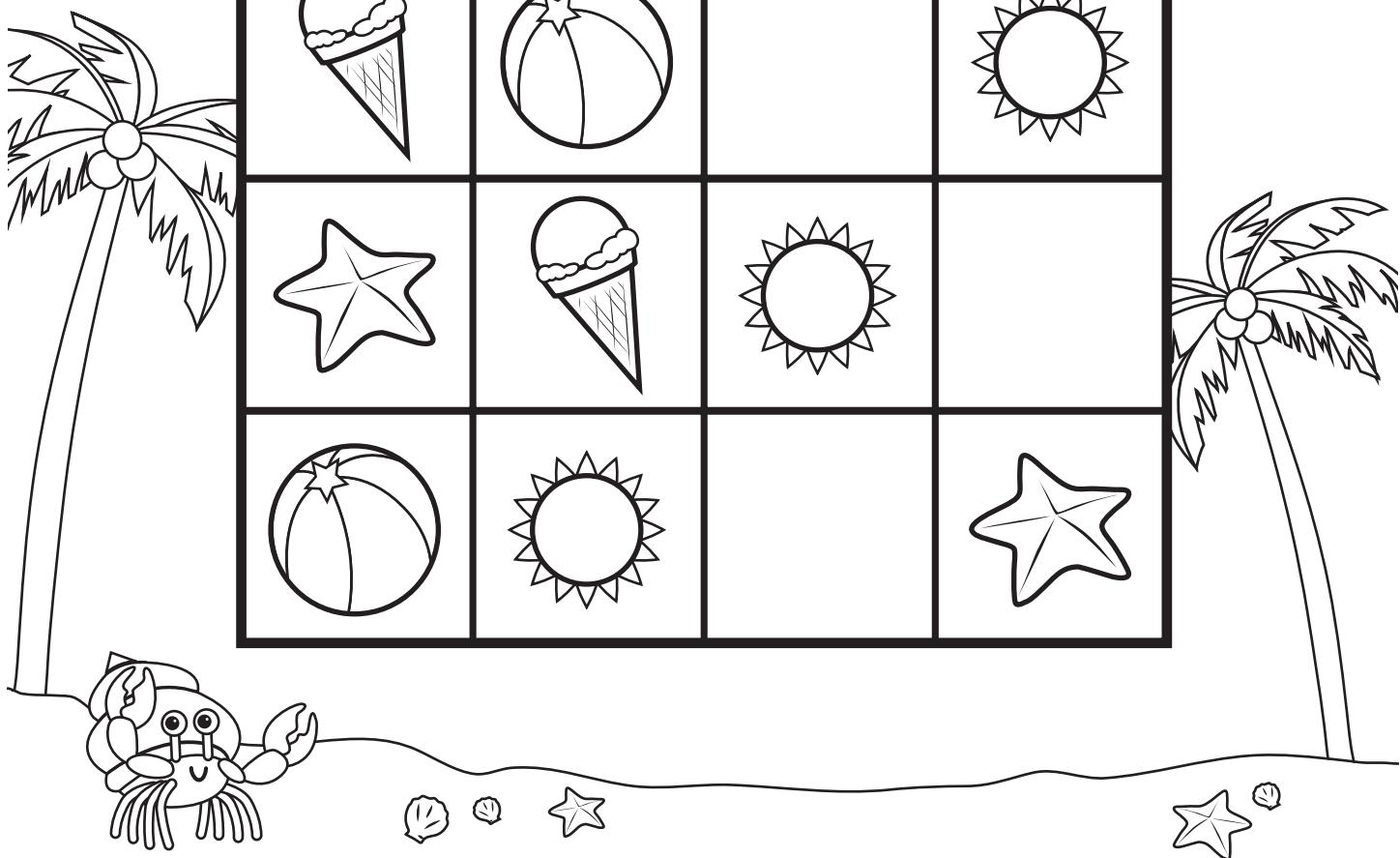
Piece together an *udderly* cool puzzle! Cut out each circle along the dotted lines below, then complete the scene and color.



Summertime Sudoku

Fill in the blanks using the four pictures below. When you finish, there should be only one of each picture per row and per column.





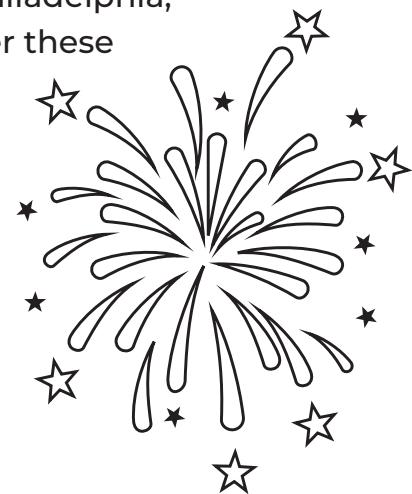


★ HAPPY INDEPENDENCE DAY! ★

16

Word Scramble: Pop-Its Version

In 1777, the first fireworks show took place in Philadelphia, Pennsylvania. Unscramble the letters to discover these historic 4th of July-inspired words.



1. **FLGA**

_____ **G**

2. **BQB**

B _____



3. **SATRS**

_____ **T** _____ **S**

4. **GLIRL**

G _____ **L** _____



5. **HTO SODG**

H _____ _____ **G** _____



Bonus: **FRIEKWOSR**



_____ **I** _____ **W** _____ **K** _____





Word Scramble: Sparklers Version

In 1777, the first fireworks show took place in Philadelphia, Pennsylvania. Unscramble the letters to discover these historic 4th of July-inspired words.



1. **GLFA** _____

2. **RSATS** _____

3. **THO SODG** _____

4. **ILGRL** _____

5. **PSRLAEKRS** _____

6. **CBELETERA** _____

7. **QUEBEABR** _____

8. **FRIEKWOSR** _____

9. **FDREOEM** _____

10. **BILETYR LEBL** _____

Bonus: DLEARCAONTI FO NPDEIDENENEC



Let's Go Nature Exploring!

Get ready for a wild adventure! Spin the wheel and discover the wonders of nature. Add your own idea on the blank section.

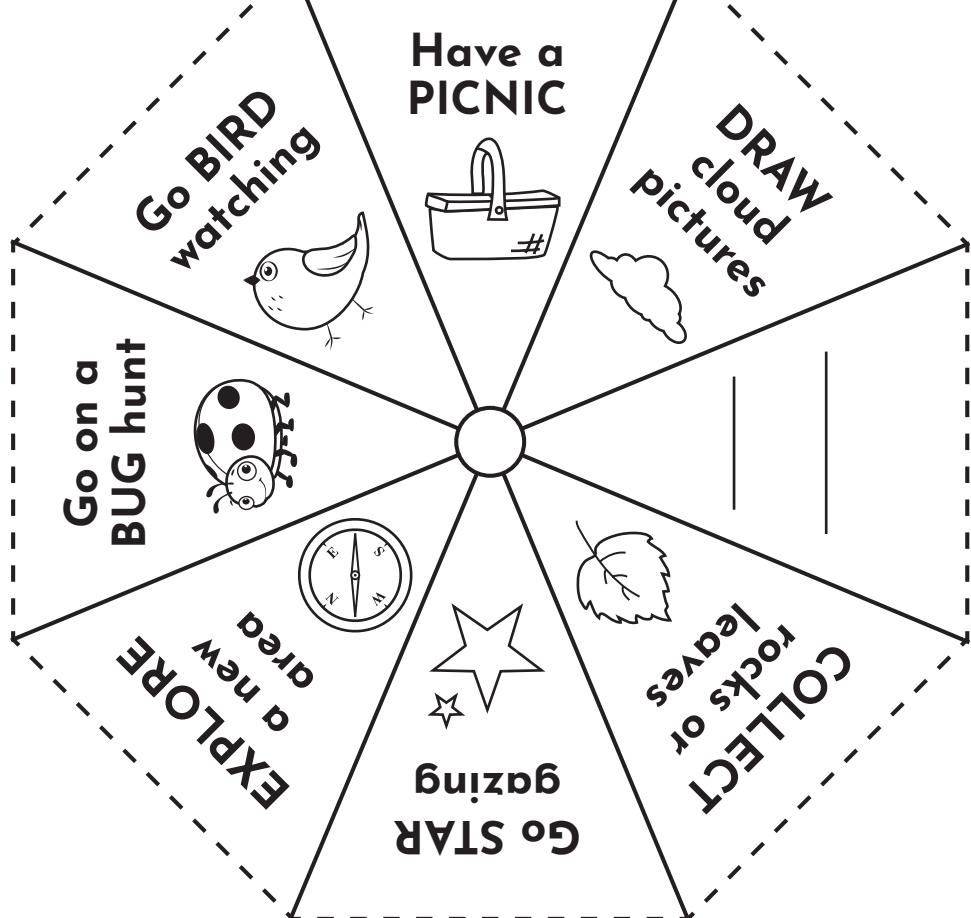


SUPPLIES

- Cardboard
- Scissors
- Glue
- Pencil

INSTRUCTIONS

- 1 Cut out the spinner template along the dotted lines.
- 2 Glue the spinner onto cardboard and, once dry, cut around the spinner again.
- 3 Gently push a pencil through the center of the spinner (text side facing up), then twirl the tip of the pencil on a flat surface. See which section the spinner lands on for your next adventure!





Beat the Heat Recipes

Beat the heat and have some fun with these summer recipes.



FRESH LEMONADE

INGREDIENTS:

- 12 lemons
- 2 cups sugar
- 8 cups cold water

INSTRUCTIONS:

- 1 Squeeze 9 lemons into a large pitcher.
- 2 Add 2 cups of sugar (or add less to taste) and 8 cups of cold water into the pitcher.
- 3 Stir well.
- 4 Slice the remaining lemons and add to lemonade.
- 5 Pour over a cup of ice and enjoy!



GRILLED FRUIT KEOBS

INGREDIENTS:

- Variety of fresh fruit (pineapple, bananas, pears, mangoes, grapes, strawberries, peaches, etc.)
- 4-8 skewers, metal or wooden

INSTRUCTIONS:

- 1 Cut fruit into large chunks or cubes.
- 2 Place the fruit securely on skewers.
- 3 Heat your grill for at least 10 minutes. Scrape grill and coat with a neutral oil (to help avoid sticking).
- 4 Place skewers on the grill. Check every five minutes for sear marks. They will be done when the insides of the fruit are warm.

QUICK TIP

- If using wooden skewers, soak them in water for at least 30 minutes before using.



HOMEMADE ICE CREAM

This recipe makes about one pint.

INGREDIENTS:

- 3 one gallon freezer bags
- Measuring cup
- Towel

- 1 cup milk
- 1 cup heavy cream
- 1/2 cup sugar

- 1 cup salt, plus a pinch extra
- 1/2 tsp vanilla extract
- 10 cups ice

INSTRUCTIONS:

- 1 Pour milk, heavy cream, sugar, pinch of salt and vanilla extract into one freezer bag.
- 2 Remove as much air as possible, seal the bag and mix together.
- 3 Pour 5 cups of ice in the second freezer bag. Add 1/2 cup of salt and mix together.
- 4 Repeat for the third freezer bag (5 cups ice and 1/2 cup salt mixed together).
- 5 On half of the towel, lay the bags flat sandwiching the ice cream mix between the two bags of ice mixture. Fold the other half of the towel over the bags for insulation.
- 6 Let the ice cream mix freeze (approximately 30 minutes or more).
- 7 Once frozen, serve by cutting a corner of the bag and squeezing into a bowl. Add toppings of choice.

20

Answers

CONGRATULATIONS! You've completed the Summer Activity Pack.

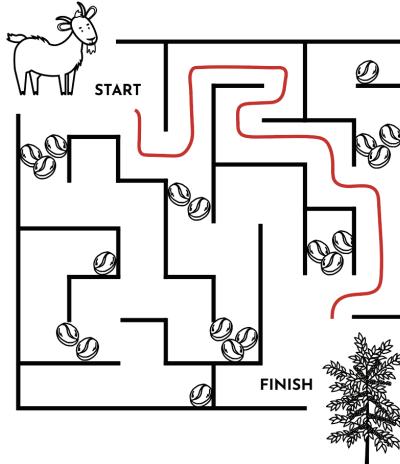
3

Fun in the Sun Word Search

Y I R P L M P I C N I C Y D O T V E I A L E P A U
 W E D N W E I U N E T P L I T M N E T P Z E R K C
 R M E L E M O N A D E I D E S H R M E X R O J I
 U Y C E F Y S T K S C E W Y S R D Y S R T I C A F
 U G A U T G E Y C G E I H G A O B F G T E V O I E
 G J L H M A L N C J O Y R J L T A L E Y J T X H
 Z R S J M C N V Z M E L Z Z U R E N D A O G S
 F W O C U T O T A D H Z F C C E C F C W F P T
 S T Z R L T T R Y T T A A T A H P T Z R A T Z X I
 W A H I W Z I K W Q F U W C X E I P S C I U O
 E A K F H A M E P A A P R A H S M P A X H M G
 S B Y B S B F G S U E R M W Y A C C F C A B A B
 R U N Z O D Y A T A B A C E K Z A O E N A E R
 G I B M E Q D L A V I N T U W F A L A V B N S S Q T
 T P X O G P T H E P P R P R I M D P W R I A W Y C
 Z Q E Y H Q D Z A P Y L K Q D O T H E T Z N E K O
 F Z S F X Y Y R I L Z I R J Z A Y Y A C A T I O N A
 Y S A T M K N L A F O K T E Z N O I A G A I P A
 S L D A R B C U E K W A L L O X A D I E P Z B K
 M E F K Z E X X K G M Y Z G Y M Z S W I M M I N G

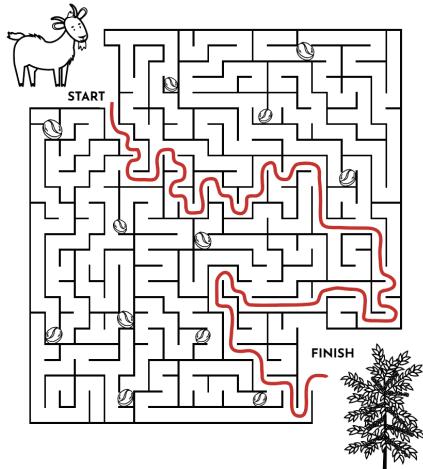
8

Coffee Run: Decaf Version



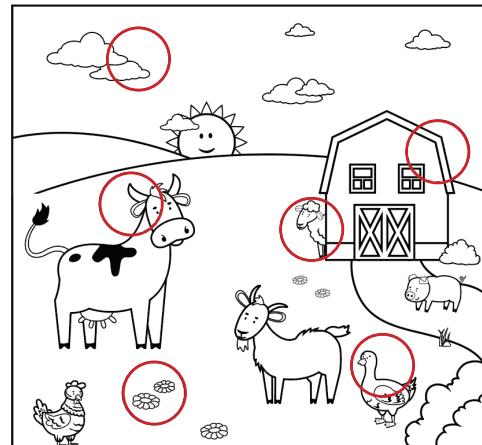
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Coffee Run: Espresso Version



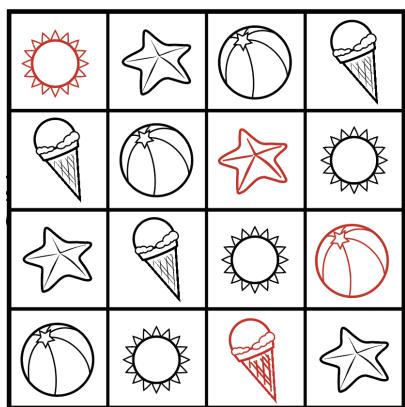
13

Complete the Puzzle



14

Summertime Sudoku



16

17

Word Scrambles

1. FLAG

2. BBQ

3. STARS

4. GRILL

5. HOT DOGS

BONUS:

FIREWORKS

1. FLAG

2. STARS

3. HOT DOGS

4. GRILL

5. SPARKLERS

6. CELEBRATE

7. BARBEQUE

8. FIREWORKS

9. FREEDOM

10. LIBERTY BELL

BONUS:

DECLARATION OF
INDEPENDENCE