

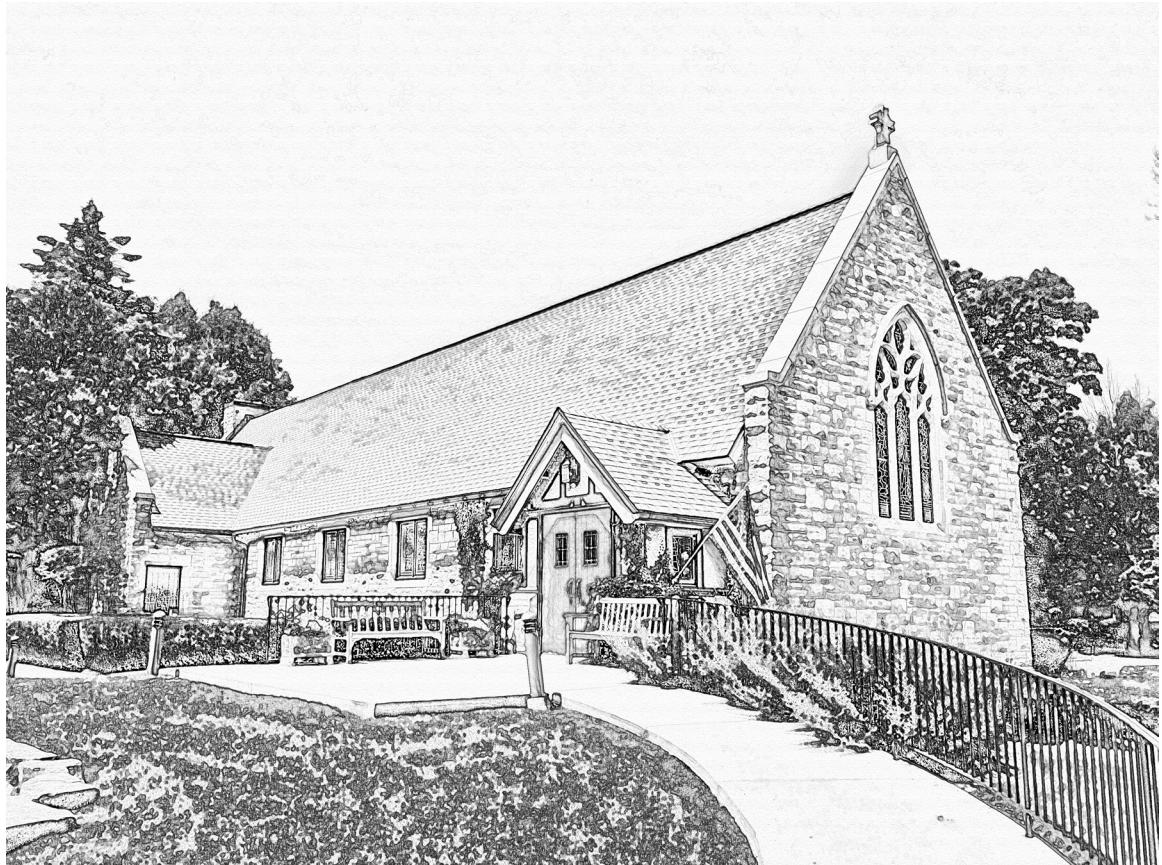
ST. ELISABETH'S EPISCOPAL CHURCH

The Fourth Sunday after the Epiphany

February 1, 2026

10:00 a.m.

Welcome to Saint Elisabeth's. We are delighted to have you with us today.



This faith community invites all persons to all levels of participation, leadership and decision-making within the church regardless of sexual orientation, gender identity, race, ethnicity, age, physical or mental capacity, education, socioeconomic and marital status. We seek to establish meaningful connections with one another through work and play and worship as we strive to understand God's purpose for us in the church and in the world.

In the Church Year: Epiphany

Epiphany is a Greek word meaning “manifestation, showing forth, revelation.” This feast proclaims our faith that in Jesus, God is revealed to all people — not just to an inner circle or a chosen few, but to all people, in all places, and throughout all time. Christians believe that in the person of Jesus we see who God is, and in the words and actions of Jesus we see God at work in the world. Epiphany marks a series of occasions at which Jesus was revealed to be God’s Son.

The feast of Epiphany and the weeks that follow are a time when we reflect on several “manifestations” of Jesus, as he was recognized as the Messiah (or Christ) by many different people. We hear about Jesus’ baptism in the river Jordan by John the Baptist and the visit of the magi, or wise men, who followed the star to Bethlehem at Jesus’ birth. We share the amazement of the guests at the wedding party at Cana as Jesus performs his first miracle by turning water into fine wine. And at the end of the season we see Jesus’ glory shown to three of his disciples on the mountain as he is transfigured before them in a blaze of light.

— *Daily Prayer for All Seasons*

Today at St. Elisabeth’s

8:00 a.m. – Spoken Eucharist

9:00 a.m. – Choir Rehearsal

10:00 a.m. – Sung Eucharist

11:00 a.m. – Coffee Hour, Sunday School, and Sunday Forum

Sunday Forum: Writing the Prayers of the People

For the past few months, Adam has often been responsible for writing the Prayers of the People that we pray together at the 10 o’clock service. How does he do it? Why did he decide to start doing it? Who inspired him? How has it changed his ministry? And what advice might he have for writing and saying your prayers? Join him at the Sunday Forum after the 10 am service on **Sunday, February 1**, to learn more!

Children’s Sunday School

Children of all ages are invited to meet in the classroom on the 2nd floor following the 10 a.m. service to learn about the Bible and have some fun with our Director of Children’s Formation, Abigail Pribble.

Birthdays and Anniversaries this week

None this week.

Entering In

The following thought and image are intended to reflect something in today's service. The Practice is intended to offer one practical way of living these reflections.

Entering In

In the Sermon on the Mount Jesus challenges us to go beyond the surface of the "law". He asks us to go deeper into our relationship with God and each other. These are not constrictions; they are invitations to new relationships - with God, ourselves, and each other and freedom. – *Richard Rohr*

Practice: In your life, where do you need to move from "ought to" to "embracing?" Seek out ways to do that with a close friend, a partner, a family member, a colleague.



The Lamb of God on the Altar, Turin, Italy

The Holy Eucharist – Rite II The Word of God

The Prelude

Please stand at the ringing of the bell.

The Opening Acclamation

The Book of Common Prayer, Expansive Language

Presider Blessed be God: Most holy, glorious, and undivided Trinity.

Assembly And blessed be God's reign, now and for ever. Amen.

Presider Christ our true and only Light: receive our morning prayers, and illumine the secrets of our hearts with your healing goodness, that no evil desires may possess us who are made new in the light of your heavenly grace. *Enriching Our Worship/Gelasian Sacramentary*

Enriching Our Worship/Gelasian Sacramentary

Assembly **Amen.**

The Hymn

“Rejoice ye pure in heart”

1 Re - joice, ye pure in heart! Re - joice, give thanks, and sing! Your
 2 With all the an - gel choirs, with all the saints of earth, pour
 3 Your clear ho - san - nas raise, and al - le - lu - ias loud; while
 4 Yes, on through life's long path, still chant-ing as ye go, from
 5 Still lift your stand-ard high, still march in firm ar - ray, as

*Refrain*

Re - joice, re - joice, re - joice, give thanks, and sing.



re - joice, re - joice,

The Hymnal 1982 #556, Text: Edward Hayes Plumptre (1821-1891), Music: *Marion*, Arthur Henry Messiter (1834-1916)

The Collect of the Day

Vanderbilt Divinity Library

Presider God be with you.
Assembly **And also with you.**

Presider Let us pray.

God our deliverer, you walk with the meek and the poor, the compassionate and those who mourn, and you call us to walk humbly with you. When we are foolish, be our wisdom; when we are weak, be our strength; that, as we learn to do justice and to love mercy, your rule may come as blessing, we pray through the Christ who calls us.

Assembly **Amen.**

Please be seated.

The Lessons

The Reading

Micah 6:1-8

A reading from the Book of the prophet Micah.

Hear what the Lord says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

Hear, you mountains, the controversy of the Lord,
and you enduring foundations of the earth;

for the Lord has a controversy with his people,
and he will contend with Israel.

“O my people, what have I done to you?
In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;

and I sent before you Moses,
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,

and what happened from Shittim to Gilgal,
that you may know the saving acts of the Lord.”

“With what shall I come before the Lord,
and bow myself before God on high?

Shall I come before him with burnt-offerings,
with calves a year old?

Will the Lord be pleased with thousands of rams,
with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?"

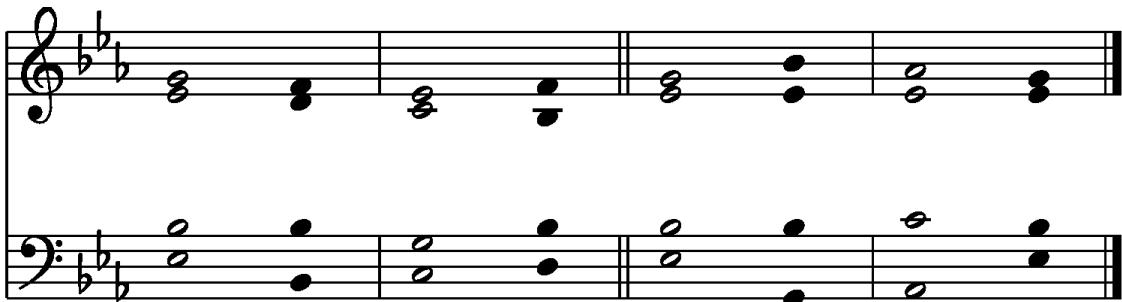
He has told you, O mortal, what is good;
and what does the Lord require of you
but to do justice, and to love kindness,
and to walk humbly with your God?

Reader Hear what the Spirit is saying to God's people.
Assembly **Thanks be to God.**

Please remain seated for the psalm.

The Psalm

Psalm 15



Assembly

- A LORD, who may dwell in your tabernacle? *
 who may abide upon your holy hill?
- B Whoever leads a blameless life and does what is right, *
 who speaks the truth from his heart.
- A There is no guile upon his tongue;
 he does no evil to his friend; *
 he does not heap contempt upon his neighbor.
- B In his sight the wicked is rejected, *
 but he honors those who fear the LORD.
- A He has sworn to do no wrong *
 and does not take back his word.
- B He does not give his money in hope of gain, *
 nor does he take a bribe against the innocent.
- B Whoever does these things *
 shall never be overthrown.
- A Glory be to the Father, and to the Son,
 and to the Holy Spirit:
- B as it was in the beginning, is now,
 and will be for ever. Amen.

Please stand as you are able.

Sequence Hymn

“Blessed Jesus, at thy word”

1 Bless - ed Je - sus, at thy word we are gath - ered all to
 2 All our know - ledge, sense, and sight lie in deep - est dark-ness
 3 Gra - cious Lord, thy - self im - part! Light of Light, from God pro -

hear thee; let our hearts and souls be stirred
 shroud - ed, till thy Spi - rit breaks our night
 ced - ing, o - pen thou our ears and heart,

now to seek and love and fear thee; by thy teach - ings
 with the beams of truth un - cloud - ed; thou a - lone to
 help us by thy Spi - rit's plead - ing. Hear the cry thy

pure and ho - ly, drawn from earth to love thee sole - ly.
 God canst win us; thou must work all good with - in us.
 Church up - rais - es; hear, and bless our prayers and prais - es.

The Gospel

Matthew 5:1-12

Gospeler The Holy Gospel of our Lord Jesus Christ according to Matthew.
Assembly **Glory to you, Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

Gospeler The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

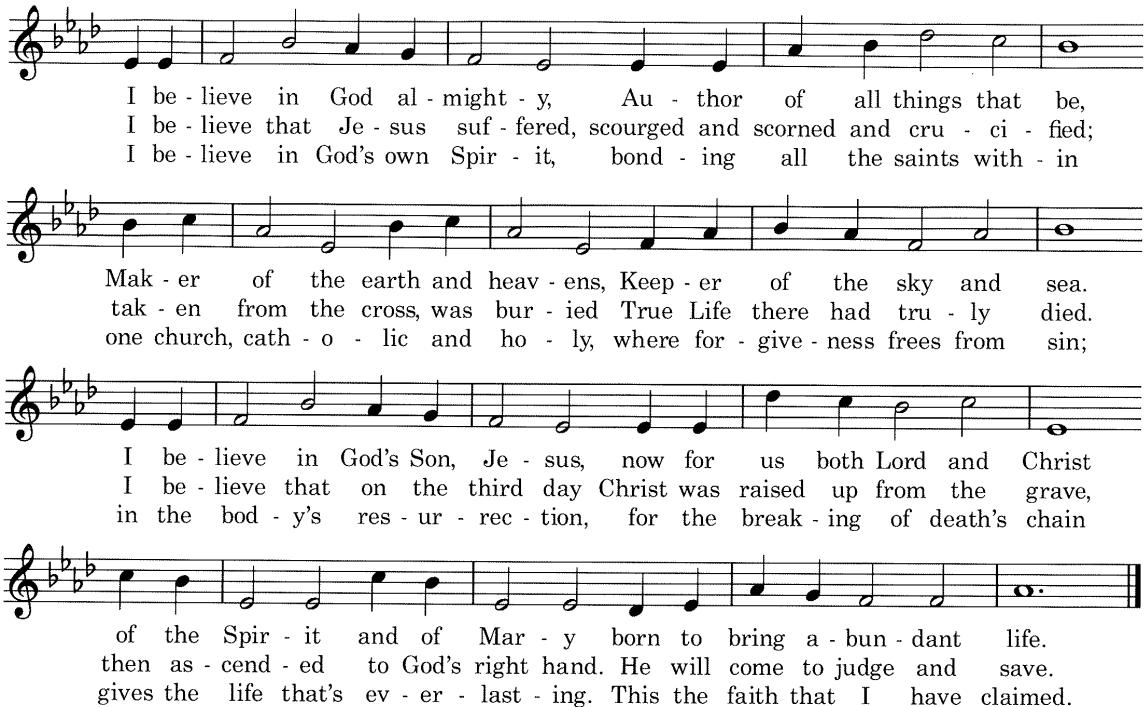
The Sermon

The Rev. Adam Spencer

A period of silence follows the Sermon, beginning and ending with a chime.

Please stand as you are able for the Creed and the Prayers.

The Creed



I be - lieve in God al - might - y, Au - thor of all things that be,
 I be - lieve that Je - sus suf - fered, scourged and scorned and cru - ci - fied;
 I be - lieve in God's own Spir - it, bond - ing all the saints with - in

Mak - er of the earth and heav - ens, Keep - er of the sky and sea.
 tak - en from the cross, was bur - ied True Life there had tru - ly died.
 one church, cath - o - lic and ho - ly, where for - give - ness frees from sin;

I be - lieve in God's Son, Je - sus, now for us both Lord and Christ
 I be - lieve that on the third day Christ was raised up from the grave,
 in the bod - y's res - ur - rec - tion, for the break - ing of death's chain

of the Spir - it and of Mar - y born to bring a - bun - dant life.
 then as - cend - ed to God's right hand. He will come to judge and save.
 gives the life that's ev - er - last - ing. This the faith that I have claimed.

Aldrich/Spencer; Text: Apostles Creed paraphrased, Music: Racquel

The Prayers of the People

Written by the Rev. Adam Spencer

Intercessor God be with you,
Assembly **And also with you.**

Intercessor Let us pray.

Holy One of Blessing, upon the ancient mountain you planted the banner of your eternal kingdom. Enflame our hearts to ever march beneath your standard and not the unfurled flags of the Evil One. Make us and all in your Church a channel of your blessing for a world crying out for grace and mercy, justice and peace.

Intercessor God in your mercy,
Assembly **Hear our prayer.**

Intercessor Bless O Lord, we pray, the poor and the grieving today. Lift up all those who suffer because of economic insecurity and human greed and rally to their side, in solidarity, generous support from their neighbors. Embrace all who mourn the battle dead in Ukraine and Sudan and all who grieve the killing of citizens at the hands of their governments in Iran and in America. Lead us to comfort those who weep as you never fail to do.

Intercessor God in your mercy,
Assembly **Hear our prayer.**

Intercessor Bless, we pray, the peacemakers in this world, the merciful ones, and all who hunger and thirst for righteousness. Fill our hearts with such a hunger and our lives with such deeds. Shape the imaginations of our leaders and all in authority that they will strive to build a world inspired by the holy values of your heavenly realm and not their own fallen and self-centered desires, fears, and ambitions.

Intercessor God in your mercy,
Assembly **Hear our prayer.**

Intercessor Continue to bless, we pray, the meek and the pure of heart whose small, simple paths of ordinary kindness and goodness, generosity and faith often go unnoticed as we direct our attention to bloody headlines and the affairs of leaders and nations. Remind us, Holy One, that in the end we can do no great things but only small things with great love. Make our everydays the place where we become living blessings, walking humbly in your way of justice and kindness.

Intercessor God in your mercy,
Assembly **Hear our prayer.**

Bless, Holy One, all those who we name in our prayer today,
silently or aloud, particularly

Sally Graver

Sherry Schellenbach

Aidan Thomson

Isabelle Thomson

Anne Tuohy

Ben Whipple, son of Larry & Susan Whipple

Chuck Southwick & family, friend of Susan & Larry Whipple

Are there others?

We bring to you also, all those who have died, particularly Melvin Niepagen. (*Silence*)

Lead all those for whom we pray out from pain and loss, struggle and darkness into the valley of love and delight.

Intercessor

God in your mercy,

Assembly

Hear our prayer.

Silence

Presider

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

The Book of Common Prayer

Assembly

Amen.

The Confession of Sin

The Book of Common Prayer, Expansive Language

Presider Let us confess our sins to God.

Silence

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of our Savior Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Assembly **Amen.**

The Peace

Presider The peace of Christ be always with you.

Assembly **And also with you.**

The ministers and congregation greet one another in the peace of God.

Holy Communion

The Offertory Sentence

Presider Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

If you are financially able to support the mission of St. Elisabeth's, please put your offering in the collection plate as it is passed or use the QR code to donate online.



The Offertory Hymn

“What does the Lord require”

Music: Erik Routley (1917-1982)

1 What does the Lord re - quire for praise and of - fer - ing?
 2 Ru - lers of earth, give ear! Should you not jus - tice show?
 3 Still down the a - ges ring the pro - phet's stern com-mands.
 4 How shall my soul ful - fill God's law so hard and high?

What sac - ri - fice de - sire, or trib - ute bid you bring?
 Will God your plead - ing hear, while crime and cruel - ty grow?
 To mer - chant, work - er, king he brings God's high de - mands.
 Let Christ en - due our will with grace to for - ti - fy.

1-3

Do just - ly; love mer - cy; walk hum - bly with your God.
 Do just - ly; love mer - cy; walk hum - bly with your God.
 Do just - ly; love mer - cy; walk hum - bly with your God.
 Then just - ly; in mer - cy we'll (hum - bly walk with God.)

The Hymnal 1982 #695. Text: Albert F. Bayly (1901-1984) Music: Erik Routley (1917-1982)

Please stand as you are able.

The Doxology

To God, all glor - ious heav - enly light; To Christ, re - vealed in earth - ly night;

To God, the Spir - it now we raise; Our joy - ful songs of thank - ful praise.

Music: *Old 100th*

The Great Thanksgiving

The Book of Common Prayer, Prayer A, Expansive Language

The musical notation consists of three staves of music. The first staff shows the Presider singing "The Lord be with you. And al - so with you." The second staff shows the Presider singing "Lift up your hearts. We lift them to the Lord." The third staff shows the Presider singing "Let us give thanks to the Lord our God. It is right to give our thanks and praise." The notation uses a bass clef, a common time signature, and includes various note heads (solid black, open, and with a stem) and rests.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Savior. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Music score for a hymn, likely for a two-part choir or organ. The score consists of four systems of music, each with a treble clef and a bass clef, and a key signature of one flat (B-flat). The music is in common time. The lyrics are as follows:

Holy, holy, holy Lord, God of power and
might, _____
Holy, holy, holy Lord,
God of power and might, _____
heaven and earth are
full, _____
full of your glo - ry. Ho -

The score includes several musical markings: fermatas over the words "Lord" and "glo - ry", a dynamic of ff (fortissimo) over the first "full", and a dynamic of p (pianissimo) over the second "full". There are also several grace notes and slurs.

Musical score for the hymn "Hosanna in the High - est." The score consists of four staves of music in G clef, 2/4 time, and B-flat key signature. The music is arranged for two voices (SATB) and includes a basso continuo part. The lyrics are integrated into the musical lines, with some words underlined and others in regular text. The score includes various musical markings such as dynamic changes, rests, and slurs.

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

The Hymnal 1982 S130, Franz Schubert/arr. Richard Proulx

You are invited to remain standing or to kneel.

Presider

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

All

Christ has died. Christ is risen. Christ will come again.

Presider

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ’s death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.

Assembly

Amen.

The Lord's Prayer

Presider And now, as our Savior Christ has taught us, we are bold to say,

All **Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in
heaven.**

Give us this day our daily bread.

**And forgive us our trespasses, as we forgive those who
trespass against us.**

**And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Presider breaks the consecrated bread. A period of silence is kept.

Presider The bread we break is a sharing in the body of Christ.

Assembly **We who are many are one body, for we all share the one
bread.**

The Invitation to Communion

Presider The Gifts of God for the People of God.

All are welcome to come forward to receive Communion or a blessing. Please stand or kneel at the altar rail as the choir does. Assist the minister to guide the chalice to your lips. If you would prefer to receive a blessing, please cross your arms over your chest. Gluten-free host available upon request.

The Communion Hymn**“Be Not Afraid”**

Verse 1



1. You shall cross the barren desert, but you shall not die of thirst. You shall wander far in safety though you do not know the way. You shall speak your words in foreign lands and all will understand. You shall stand. You shall see the face of God and live.

§ Refrain



Be not afraid. I go before you always. Come, follow me, and I will give you rest.

Verse 2

2. If you pass through rag-ing wa-ters in the
 sea, you shall not drown. If you walk a-mid the burn-ing flames,
 you shall not be harmed. If you stand be-fore the
 pow'r of hell and death is at your side,
 know that I am with you through it all. D.S.

§ Refrain

Be not a - fraid. I go be - fore you al - ways.
 Come, fol-low me, and I will give you rest.

Verse 3

3. Bless-ed are your poor, for the king-dom shall be theirs. Blest are you that weep and mourn, for one day you shall laugh. And if wicked tongues in - sult and hate you all be-cause of me, bless-ed, bless-ed are you!

§ Refrain

Be not a - fraid. I go be - fore you al - ways.

Come, fol - low me, and I will give you rest.

Wonder, Love, and Praise #811, Words and Music Bob Dufford, SJ

Please stand as you are able.

The Post Communion Prayer

The Book of Common Prayer, Expansive Language

Presider Let us pray.

All **Eternal God, you have graciously accepted us as living members of our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.**

Please be seated for the announcements.

Announcements

Blessings for Birthdays, Anniversaries, and Travelers

Those traveling and those celebrating birthdays or anniversaries are invited to come forward for a blessing.

The Blessing

The Book of Occasional Services

Please stand as you are able.

Presider God be with you.

Assembly **And also with you.**

Presider May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

Assembly **Amen.**

The Closing Hymn

“Tis a gift to be simple” (sung through twice)

'Tis the gift to be sim - ple, 'tis the gift to be free,
 'tis the gift to come down where we ought to be,
 and when we find our - selves in the place just right,
 'twill be in the val - ley of love and de - light.
 When true sim - pli - ci - ty is gained to
 bow and to bend we shan't be a-shamed, to turn, turn, will
 be our de-light till by turn - ing, turn - ing we come round right.

The Hymnal 1982 #554, Text: Shaker song 18th century, Music: *Simple Gifts* Joseph Brackett (1797-1822)**The Dismissal**

Presider Go in peace to love and serve the Lord.

Assembly **Thanks be to God.****The Postlude**

Coming Up at St. Elisabeth's

Quarterly Giving: The Night Ministry

Last fall, we began a new outreach intuitive -- Quarterly Giving. Four times a year, we will be donating our plate offering to an outreach ministry in our area. For the month of February, our donations will go to The Night Ministry in Chicago.

The Night Ministry was established in 1979 when a diverse group of Chicago North Side congregations hired Rev. Tom Behrens to provide outreach in nighttime areas where vulnerable populations, especially homeless youth, gathered. In late 1980, the Outreach and Health Ministry was launched with a used mobile van to provide basic health care in the neighborhoods. In 1992 Open Door Shelter serving homeless youth, ages 14-21, was opened and The Night Ministry has continued to grow. Today a customized Health Outreach Bus operating six nights a week has expanded to include South Side neighborhoods and additional shelters have been opened. From a small group operating out of Tom Behren's trunk the Night Ministry has become an innovative leader in providing support to homeless and vulnerable youth and young adults.

Scout Sunday

The Boy Scout program which meets at St. Elisabeth's is more than just an activity for Glencoe youth to learn about the outdoors. Scouting provides fun, fellowship, and training to our youth as well as youth in our community. It emphasizes honesty, self-reliance, and respect. Through a year-round program, it affects character, citizenship, and personal fitness. Join us on **Sunday, February 8**, as we celebrate Scouting with the youth of Pack and Troop 28, and with local Girl Scouts as well. The scouts will host coffee hour, provide readings and reflections in church, and give us a tour of their newly renovated space downstairs.

St. Elisabeth's Book Group

The Book Group will meet on **Tuesday, February 10**, at 11:30 am at the home of Susan & Larry Whipple for lunch and to discuss Eudora Welty's short story, "*A Still Moment*," published in 1943. The author, a native of Jackson Mississippi and a Pulitzer Prize winner, transcends regional literature and, to quote The Great Books Foundation, "depicts universal themes, innovative literary techniques and psychological subtlety." Her story can be found in *Great Conversations 5* or on line. Please RSVP to Susan (whippletoo@yahoo.com), if you plan to attend the lunch.

Sunday Supper and Family Worship

Our next Sunday evening worship and potlucks is coming up on **Sunday, February 15**. We will open the church doors at 4:00, and worship begins at 4:30. After that, we will enjoy some great food. The meal commences after worship. We will have sign up sheets on the

board in the hall, and on the Signup Genius website. We hope you can attend both events--it's a fun way to pray and we always have lots of food.

Ash Wednesday

We enter the Lenten season on **Wednesday, February 18**, with a service of Holy Communion with Sermon and the Imposition of Ashes at 7:00 p.m.

New Discussion Group for Parents

St. Elisabeth's is starting a discussion group to support the parents of young daughters and sons. "Young" includes anyone from infants through college age. The gatherings will enable the parents of young people to talk with each other and with older parents. In the conversations, parents may talk freely about the good and bad parts of child raising. Parents can ask each other for advice. They can share happiness, or vent about problems. The young parents may also bounce ideas off the older parents. In this case, the older parents are Susan Whipple and Fred Johnston. Susan and Fred (and their spouses) raised children. They are also grandparents. They can share insights from their own experiences. In short, we want the conversations to support the younger mothers and fathers.

The first group session is set for **Sunday February 22** after worship. It will take place in the meeting room upstairs. At the first gathering, Susan and Fred want to see what works--and doesn't work--with the discussion. We want a conversation format that works for the young parents. We want the younger parents to offer suggestions on things like meeting times, locations and other practical considerations.

Please note that our conversations will be confidential. The conversations must remain confidential. If you have questions about the upcoming event, please contact Fred at frederickjohnston@gmail.com.

Assisting Today

<i>Reading</i>	John Tuohy
<i>Prayers</i>	Anne Tuohy
<i>Altar Guild</i>	Glenna Foley
<i>Usher</i>	Robert Fischer
<i>Coffee Hour</i>	Kay & Pete Rossiter

The Episcopal Diocese of Chicago

The Rt. Rev. Paula Clark, *Bishop*

Saint Elisabeth's Episcopal Church

Clergy & Staff

The Rev. Adam Spencer	<i>Rector</i>
The Rev. Larry Handwerk	<i>Priest Associate</i>
Walter Aldrich	<i>Director of Music</i>
Caryl Medsker	<i>Director of Administration</i>
Abigail Pribble	<i>Director of Children's Formation</i>
Elizabeth Clemmitt	<i>Associate for Spiritual Wellness</i>

2026 Vestry

Polly Baur	Fred Johnston	Kara Superfine
Robert Fischer, <i>Warden</i>	Jamie Kim	Mark Tilton, <i>Treasurer</i>
Hall Healy	Carrie Miller-Mygatt, <i>Warden</i>	John Tuohy, <i>Asst. Treasurer</i>

Sunday Schedule



8:00 a.m.	Spoken Eucharist: Rite I
9:00 a.m.	Choir Rehearsal
10:00 a.m.	Sung Eucharist: Rite II
11:00 a.m.	Coffee Hour, Forum, and Sunday School

Office Hours

Tuesday - Thursday – 9:30 a.m. to 2:30 p.m.

*We at St. Elisabeth's share an adventurous spirit and a commitment
to radiate God's love within and beyond our red doors.*