

"While the ACES movement has made significant strides, it is now time to focus on PACES."

"Current uses and contributions of the Protective and Compensatory Experiences (PACES) measure: A scoping review," in the journal, Trauma Care, 9/23/2024 https://www.mdpi.com/2673-866X/4/3/21

Announcing a Major Shift recommended by researchers in the field of trauma-informed care

Integrating Resiliency & Trauma Informed Care (RTIC)

Now made practical in a "hands-on" Zoom training by resiliency pioneer Dr. Nan Henderson: The training includes research-based assessments, interventions, worksheets, and checklists.

The Need: Understand the powerful new research on how PACES (Protective and Compensatory Experiences) overcome adversity and how to integrate PACES/resiliency with trauma-informed interventions and practices. Researchers are now advocating that educators, counselors, and all helping professionals "lead with resilience rather than trauma," recognizing that no matter how vulnerable, everyone has strengths. These strengths should be the basis for interventions. They also recommend interventions to heal the brain that employ the brain's neuroplasticity.

"As an educational administrator with 35 years of experience, this training was one of the most comprehensive and relevant I have ever attended. Dr. Henderson expertly synthesizes current brain and PACES research into practical strategies to implement immediately. Her depth of knowledge combines with her passion for empowering others to build resilience. I strongly and highly recommend this training as transformative for the entire school community."

Jan Zodoorian, Project AWARE Program Director, New York State Grantee, Rensselaer City Schools (Albany metropolitan area)

For more research Information: *Health and Justice,* "Action Steps Using ACES and Trauma-Informed Care: A Resiliency Model": https://www.thresholdglobalworks.com/pdfs/health-and-justice.pdf

"Time to Move Forward with Resilience and Trauma Informed Care" published by Kaiser Permanente: https://www.thresholdglobalworks.com/wp-content/uploads/2023/11/leitch-mccaw-2023-time-to-move-forward-resilience-and-trauma-informed-care-4.pdf

Your trainer, Nan Henderson, M.S.W., Ph.D., has provided resiliency and trauma healing-focused training to thousands of educators and other helping professionals for decades. She is the author of five books, including the best-selling title, *The Resiliency Workbook*, as well as several articles used worldwide. Her clients include state departments of education, the U.S. Military, Job Corps, Big Brothers/Big Sisters, and local and regional organizations throughout the country and in other countries. You can get more information on her website www.resilencynews.com. You can also sign up there for her free newsletter, which is read worldwide. Contact Dr. Henderson at dr.nan@resiliencynews.com for more information.

Attendees will learn

*Why trauma researchers now advocate "leading with strengths and resiliency"

*The latest research recommendations on how to integrate resiliency research strategies with TIC practices

*Amazing findings of the emerging PACES research

*Dozens of research-based RITC interventions that heal trauma

*How to use the resiliency and trauma-informed assessments and worksheets provided in the training

*Brain-based strategies for healing trauma and building more resiliency —using the science of neuroplasticity

*How to change organizations so they are both resiliency and trauma-informed systems