



Memphis-Shelby County Schools Office of Coordinated School Health *August 2022*

This Month in Coordinated School Health

August is Immunization Awareness Month!

Immunization Awareness Month aims to highlight the importance of vaccinations for people of all ages. Vaccines play a critical role in protecting our health and the health of the community. Vaccines are safe and effective at preventing serious diseases, many of which cause thousands of unvaccinated, American adults to become sick each year.

Back-to-school is the perfect time to get caught up on recommended immunizations for children and adults.



August 8 is the First Day of School!



**Welcome back teachers
and school staff!**

**We hope you have an
awesome school year!
We are here for you!**

July Highlights



July's installment of Wellness Wednesday included delicious green smoothies and helpful information regarding sun & heat safety from our health insurance provider, CIGNA.

Be sure to join us every month as we encourage staff wellness across the District!

Two of our awesome Special Project Coordinators, Tasha E. Jones and Jim Harbin, represented Coordinated School Health during the New Teacher Orientation at Southwind High School.

Tasha and Jim were able to engage new teachers and give them more information on what CSH is all about!





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Office of

Coordinated School Health

August 2022

RESOURCE CORNER

Visit [Alliance for a Healthier Generation's](#) website to get started on your school's 2022-2023 [School Health Index](#).

Visit [Active Schools](#) to find FREE resources for incorporating more physical education and increasing physical activity in your school.

Visit our partners at [Everfi](#) for FREE resources and digital lessons for grades K-12.

Click [here](#) for the State of Tennessee's Coordinated School Health website.

Check out our CSH Partners for professional development, grant opportunities, and additional resources!

[Alliance for a Healthier Generation](#)
[Actions for Healthy Kids](#)
[Healthy Kids and Teens](#)

Upcoming Events

- **Wellness Wednesday**
 - Bond Building
August 24, 2022
- **Mandated School Health Screenings Begin**
 - August 29, 2022
- **MSCS Student Services Behavior/Mental Health Symposium**
 - The University of Memphis
September 2, 2022

Special Project Coordinators

Tasha E. Jones
Jim Harbin
Tiffany Williams
Kaci R. Foster

Manager

Sudie S. Cushman



**Follow us on
Instagram**

for updates, resources and tools to
spread awareness in June!

[@scscoordinatedschoolhealth](#)