

Shelby County Schools Coordinated School Health

Oct 2020



Breast Cancer Awareness

Early Detection Saves Lives...

What Are the Symptoms?

There are different symptoms of breast cancer, and some people have no symptoms at all. Symptoms can include—

- Any change in the size or the shape of the breast.
- Pain in any area of the breast.
- Nipple discharge other than breast milk (including blood).
- A new lump in the breast or underarm.



Fast Facts About Breast Cancer

- Each year in the United States, more than 240,000 women get breast cancer and more than 40,000 women die from the disease. [See detailed statistics.](#)
- Men also get breast cancer, but it is not very common. Less than 1% of breast cancers occur in men.

Stay Alert

October Dates

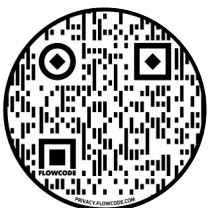
*Breast Cancer
Awareness Month*

*Domestic Violence
Awareness Month*

*Bullying Prevention
Month*

*Walking School Bus
Day*

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**Go online for
more info about
these important
observances!**

Bullying Prevention Month

Let's Turn Bullying into a Stigma!!

Wear Orange
on Unity Day
October 21st!

Oct 2020

Stop bullying
now, take a stand,
and lend a hand!

Don't be mean behind
the screen!

Just Say No to
Bullying!

Kindness Counts
and it Starts with
You!

Whether it's social, physical,
verbal or cyber, if you ignore
it they will think it's okay.
Let's stigmatize bullying and
show WE are the majority in
the fight to stop it...

Be Kind, words
don't rewind!

Step up so others
won't get stepped
on.

Stop the Pain You
Cause!

Bullying doesn't
make you look cool!

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