

Shelby County Schools Coordinated School Health

October 2018



National Bullying Prevention Month

Bullying Policy SCS 6046

Tennessee law defines “harassment, intimidation, bullying or cyberbullying” as acts that substantially interfere with a student's educational benefits, educational opportunities, or educational performance, and:

1. If the act takes place on school grounds, at any school sponsored activity, on school-provided equipment or transportation, or at any official school bus stop, the act has the effect of:

- Physically harming a student or damaging a student's property;
- Knowingly placing a student in reasonable fear of physical harm to the student or damage to the student's property;
- Causing emotional distress to a student or students; or
- Creating a hostile educational environment.

or

2. If the act takes place off school property or outside of a school-sponsored activity, it is directed specifically at a student or students and has the effect of creating a hostile educational environment or otherwise creating a substantial disruption to the educational environment or learning process.

<https://www.boarddocs.com/tn/scsk12/Board.nsf/Public?>

Resources

stopbullying.gov

<https://www.pacer.org/bullying/nbpm/>

<https://www.stompoutbullying.org>



Health Headline

National Bullying Prevention Month

National Walk to School Month

Breast Cancer Awareness Month

Follow us for your school and district health and wellness updates:



scscoordinatedschoolhealth

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Breast Cancer Awareness Month

National Walk/Bike to School Month

Breast Cancer is the most common cancer among women...

What Are the Symptoms?

There are different symptoms of breast cancer, and some people have no symptoms at all. Symptoms can include—

- Any change in the size or the shape of the breast.
- Pain in any area of the breast.
- Nipple discharge other than breast milk (including blood).
- A new lump in the breast or underarm.

Fast Facts About Breast Cancer

- Each year in the United States, more than 240,000 women get breast cancer and more than 40,000 women die from the disease. [See detailed statistics.](#)
- Men also get breast cancer, but it is not very common. Less than 1% of breast cancers occur in men.

Most breast cancers are found in women who are 50 years old or older, but breast cancer also affects [younger women](#). About 10% of all new cases of breast cancer in the United States are found in women younger than 45 years of age.

Resource: <https://www.cdc.gov/cancer/dcpc/resources/features/breastcancerawareness/index.htm>

National walk and Bike to School Day **October 3rd...**

Why Walk or Bike to School?

- To promote healthier habits
- To encourage cleaner environments
- A great way to promote safe routes to school

What are Some Community Benefits?

- Less traffic congestion
- Stronger Sense of Community
- Safer Streets
- Improved Accessibility
- Economic Gains

Resource: <http://www.walkbiketoschool.org/learn-more/why-walkbike/>

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