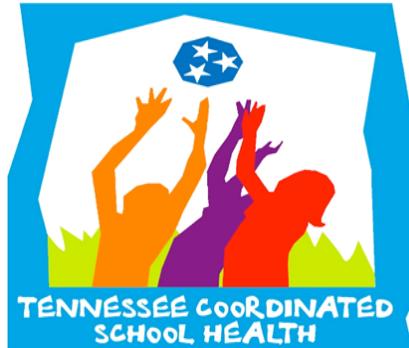


Shelby County Schools Coordinated School Health

October 2018



National Bullying Prevention Month

Bullying Policy SCS 6046

Tennessee law defines “harassment, intimidation, bullying or cyberbullying¹” as acts that substantially interfere with a student's educational benefits, educational opportunities, or educational performance, and:

1. If the act takes place on school grounds, at any school sponsored activity, on school-provided equipment or transportation, or at any official school bus stop, the act has the effect of:
 - Physically harming a student or damaging a student's property;
 - Knowingly placing a student in reasonable fear of physical harm to the student or damage to the student's property;
 - Causing emotional distress to a student or students; or
 - Creating a hostile educational environment.

or

2. If the act takes place off school property or outside of a school-sponsored activity, it is directed specifically at a student or students and has the effect of creating a hostile educational environment or otherwise creating a substantial disruption to the educational environment or learning process.

<https://www.boarddocs.com/tn/scsk12/Board.nsf/Public?>

Follow us for your school and district health and wellness updates:



scscoordinatedschoolhealth



Health Headline

National Bullying Prevention Month

National Walk to School Month

Breast Cancer Awareness Month

Shelby County Schools Coordinated School Health

October 2018



Breast Cancer Awareness Month National Walk/Bike to School Month



Breast Cancer is the most common cancer among women...

National walk and Bike to School Day **October 3rd...**

What Are the Symptoms?

There are different symptoms of breast cancer, and some people have no symptoms at all. Symptoms can include—

- Any change in the size or the shape of the breast.
- Pain in any area of the breast.
- Nipple discharge other than breast milk (including blood).
- A new lump in the breast or underarm.

Fast Facts About Breast Cancer

- Each year in the United States, more than 240,000 women get breast cancer and more than 40,000 women die from the disease. [See detailed statistics.](#)
- Men also get breast cancer, but it is not very common. Less than 1% of breast cancers occur in men.

Most breast cancers are found in women who are 50 years old or older, but breast cancer also affects [younger women](#). About 10% of all new cases of breast cancer in the United States are found in women younger than 45 years of age.

Resource: <https://www.cdc.gov/cancer/dcpc/resources/features/breastcancerawareness/index.htm>

Why Walk or Bike to School?

- To promote healthier habits
- To encourage cleaner environments
- A great way to promote safe routes to school

What are Some Community Benefits?

- Less traffic congestion
- Stronger Sense of Community
- Safer Streets
- Improved Accessibility
- Economic Gains

Resource: <http://www.walkbiketoschool.org/learn-more/why-walkbike/>

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