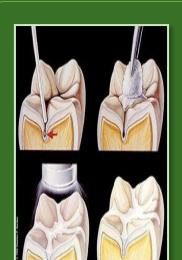




SHELBY COUNTY GOVERNMENT – HEALTH DEPARTMENT SCHOOL BASED DENTAL SEALANT PROGRAM 814 JEFFERSON MEMPHIS, TN 38105



## **DENTAL SEALANT**

Is a white resin (plastic) material that is placed in the pits and fissures of the chewing surface of permanent teeth.

Dental sealants fill in and smooth out the grooves and fissures in your teeth that tend to hide food particles and attract cavity-causing bacteria. According to the American Dental Association, sealants work by "sealing out food and plaque because toothbrush bristles cannot reach those deep grooves and depressions found in normal tooth anatomy. The American Dental Association recommends that sealants are placed as soon as the adult teeth erupt.

Dental sealants can protect the teeth for up to 10 years but need to be checked frequently (every 6 months) by a dental professional to ensure that they are still present and not defective.

Dental sealants have been shown to reduce the risk of cavities in the teeth that are covered.

There are no drills or needles involved in the dental sealant process.

## **HOW TO PREVENT CAVITIES**

- Brush at Least Twice a Day With A SOFT Bristle
- Floss Everyday
- Eat Healthy Meals and Snacks
- Limit Intake of Sugary and Sticky Foods and Drinks
- Visit the Dentist at Least Twice a Year
- Get Dental Sealants



DENTAL TEAM: LICENSED DENTIST, DENTAL HYGIENIST, AND ASSISTANT

## SCHOOL BASED DENTAL SEALANT PROGRAM



The School Based Dental Sealant program provides FREE services to students in grades K-8 and is funded by the State of Tennessee.

We NEVER BILL your insurance company.



The services are FREE to all students who return a signed consent form.



The services include education, screening, SEALANTS, & referrals.

## **CAWTHON PUBLIC HEALTH CLINIC**

1000 Haynes St. Memphis, TN 38114

Phone Number: 901-222-9870

DENTAL SERVICES: Mon-Friday 8:00am- 4:30pm

Ages: 0-20 years

Adult Emergencies Accepted TennCare Insurance Accepted