

**Dutchess County Department  
of Community & Family Services**

# **FREE SEMINAR**

## **Suicide Prevention Awareness for Teens Question, Persuade, Refer (QPR)**

*Three simple steps you can learn to help save a life*

**Wednesday, October 3rd, 6-8 pm**

**Beekman Library**

**11 Town Center Boulevard**

**Hopewell Junction, NY**

Learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to help.

Hosted by the Division of Youth Services, presented by Dana Hopkins, LCSW,  
Dutchess County Department of Behavioral and Community Health,  
through the QPR Institute

Seating is limited to 30 people; pre-registration is required by September 28th  
Register via e-mail to [Sheila.Stuewer@dfa.state.ny.us](mailto:Sheila.Stuewer@dfa.state.ny.us)

Please provide names and specify if student or parent/caregiver. Questions, call 486-3354.

Accessibility accommodations will be provided upon request if made 2 weeks prior to seminar.

