SMARTS!

Name all the ways that you're smart. What are you good at? What do you like to do?

Put a star by all the things you might be interested in getting better at.

Name a person you know who is good at something in each group!

**WORD SMART**
- tell stories
- write letters
- do word puzzles/games
- learn a language
- read books

I'm good at __________________________ is good at __________________________

**MUSIC SMART**
- join a band
- play an instrument
- write a tune
- listen to music
- sing songs
- attend a concert

I'm good at __________________________ is good at __________________________

**NUMBER SMART**
- do brain teasers
- solve mysteries
- write code for computers
- learn about science
- do math in your head
- play chess or checkers

I'm good at __________________________ is good at __________________________

**PICTURE SMART**
- build blocks
- create videos
- play video games
- draw pictures
- watch movies
- look at art

I'm good at __________________________ is good at __________________________

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**BODY SMART**
- practice martial arts
- do yoga
- create skits/plays
- play a sport
- learn a craft
- make things with clay

I'm good at ____________________ is good at ____________________

**PEOPLE SMART**
- help others
- join a club
- teach others to get along
- make friends
- serve as a leader
- listen closely

I'm good at ____________________ is good at ____________________

**SELF SMART**
- reflect on life
- begin a new hobby
- keep a journal
- set goals
- think of the future
- recall your day

I'm good at ____________________ is good at ____________________

**NATURE SMART**
- go camping
- stare at the stars
- care for plants
- play with animals
- recycle
- watch birds

I'm good at ____________________ is good at ____________________