

# February 2017



**Monday,  
February 6th  
12-1pm**

## **Lunch & Learn with Emma Lockridge**

Detroiter Emma Lockridge uses her camera, like Gordon Parks, as a weapon to right a societal wrong. Her probing lens documents environmental racism in her southwest side community, which is ranked the most polluted in Michigan. Lockridge has captured five years of pollution images that are a clarion call for the government and polluting industries to radically change the impact toxic industries have on the health of our most vulnerable citizens. She is planning a series of environmental photographic events to engender positive change for folks she calls the *Canaries in the Cave of Climate Change*. A graduate of Wayne State University, Lockridge is an environmental activist and recently joined the staff of Michigan United as an environmental justice organizer. Kosher vegetarian lunch served.

**Monday,  
February 13th  
12-1pm**

## **Lunch & Learn with Rabbi Megan Brudney of Temple Beth El: Food For Thought**

Join Rabbi Megan Brudney from Temple Beth El as we delve into food ethics in our texts and today. Meat-eaters and vegetarians, kosher-keepers and traif-tasters, locavores and exotic fruit eaters are all welcome. A kosher vegetarian lunch will be served, enjoyed, and discussed!

**Saturday,  
February 11th  
10:30-11:30am**

## **Detroit ShabbAsana Yoga**

Deepen your Shabbat experience by observing your breath and flowing through an all levels, egalitarian yoga class with instructor Emilie Kahn. Shabbat is an ideal time to pause, rest, and breathe, thereby re-centering ourselves, and restoring our energy for the week to come. In this special Shabbat morning practice, we will create that space together through asana (poses), pranayama (breathing), and meditation. By going inwards and taking time to nurture your neshama we create a more peaceful olam. This class is intended for everybody, from beginner yogis to seasoned practitioners. Please bring your own yoga mat, a water bottle, and comfortable clothes. Emilie Kahn hails from Detroit proper and is a graduate of Flow Yoga Center.

**Saturday,  
February 11th  
3:30-5pm**

## **Tu B'Shevat Shabbat Seder**

Join Congregation T'chayah, the Reconstructionist Congregation of Detroit, and Isaac Agree Downtown Synagogue for a Tu B'shevat seder at IADS. The seder, led by Rabbis Alana Alpert and Ariana Silverman, will have lots of fruits, nuts, and Jewish wisdom about being better stewards of the Earth. Special activities for children will enable each generation to celebrate and learn. Please RSVP to [vsitron@downtownsynagogue.org](mailto:vsitron@downtownsynagogue.org).

**Wednesday,  
February 22nd  
7-8:30pm**

## **Coffee Tasting with Chazzano Coffee Roasters**

Wine has 750 different flavor profiles, but coffee has 1500 - twice the complexity of wine! Join Nathan Glitman from Chazzano Coffee Roasters for an exciting evening learning all about coffee and its many flavors and sample a variety of coffees from Ethiopia, Central America, and Indonesia. Nathan Glitman is the Operations and Roasting Manager for Chazzano Coffee Roasters located in Ferndale. He has been a coffee connoisseur and home barista since 2009.

**Saturday,  
February 25th  
10pm**

## **This House of Synagogue Dance Party**

This House of Synagogue is the re-imagining of the Downtown Synagogue dance party into an on-going series. Our goal is to cultivate the use of House Music to experience the spiritual and the transcendent. If you've been before, you know not to miss. If you haven't, really, where have you been? Please bring your love to party and your respect for the last synagogue in Detroit. With special guest John Collins UR.

*All events are held at the synagogue, free, and open to the community. Donations welcome.*

**Isaac Agree Downtown Synagogue**

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