

# July 2017



## Immigration Awareness Weekend

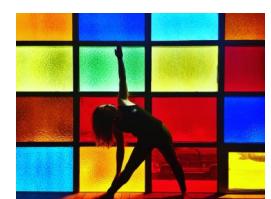
**Friday, July 7  
8:30pm and  
Saturday, July 8  
1:00pm**



Join us for a special Immigration Awareness Weekend. On Friday evening, Susannah Goodman will be facilitating a panel of community members who will share their personal experiences with the immigration process.

On Saturday afternoon, Rabbi Silverman will lead a text study on historical Jewish responses to immigration and how we as a community can act. Both programs will take place after Shabbat services. Services begin on Friday evening at 7:00pm, followed by dinner and the panel. Services begin on Saturday morning at 9:00am, followed by lunch and the discussion. Free and open to the community.

## Detroit ShabbAsana Yoga



Deepen your Shabbat experience by observing your breath and flowing through an all levels, egalitarian yoga class with instructor Helene Rottenberg from Madonna University. Shabbat is an ideal time to pause, rest, and breathe, thereby re-centering ourselves, and restoring our energy for the week to come. In our hectic lives, we might not always create the space to rejuvenate on our own. In this special Shabbat morning practice, we will create that space together through asana (poses), pranayama (breathing), and meditation. By going inward and taking time to nurture your *neshama* we create a more peaceful *olam*.

This class is intended for everyone and everybody - from beginner yogis to seasoned practitioners. Please bring your own yoga mat, a water bottle, and comfortable clothes. Free, donations appreciated. Feel free to stay for a kosher, vegetarian kiddush lunch after and our immigration panel discussion.

## Lunch & Learn with Joshua Kannon: Judaism in Today's U.S. Military



Being in the military can be a challenge, being Jewish in the modern U.S. military just makes it more interesting. Joshua Kannon will talk on the experiences from his service including a Passover Seder in Saudi Arabia, getting to and from services in Korea, dealing with other service members who didn't understand Yom Kippur, the rarity of Jewish Chaplains, why men have to shave in the military, and any other questions you have about being Jewish in the military. Kosher, vegetarian lunch provided.

Joshua Kannon enlisted in the U.S. Air Force at age 19, served in the U.S. Navy, and was attached to the U.S. Army. He served 7 years active duty (including 9/11). His assignments took him all over the country as well as overseas and had him working in a range of fields such as shipboard firefighter, generator mechanic, armorer, neurologist's assistant, base defense training support, naval boarding team, and special forces support.

*All events are held at the synagogue, free and open to the community. Donations welcome.*