

## Psychiatry Service Spotlight

### UMass Inpatient Psychiatry

UMass Memorial Medical Center operates two acute (short-term) inpatient psychiatric units licensed by the Department of Mental Health. Both inpatient units foster patient participation in the development of his/her own treatment plan and every effort is made to coordinate a patient's care with the care and support offered by his/her family and/or community providers.

#### Inpatient Care on the University Campus (8 East)



This 14-bed, locked, acute psychiatric unit on our University Campus is designed for adults with acute mental health and co-morbid medical issues. Under the direction of the unit's medical director and attending psychiatrists, 8 East provides patients with a complete clinical assessment including psychiatry, psychology, nursing, occupational therapy and social work, as well as referral to other medical services. 8 East clinicians and staff help

patients to get through a critical phase in their life and prepare for further treatment including outpatient care and/or transition to specialized programs.

#### Inpatient Care at the Psychiatric Treatment and Recovery Center



The Psychiatric Treatment and Recovery Center (PTRC) is a 26-bed locked, acute psychiatric unit for adults located at 26 Queen Street in Worcester. This program provides acute clinical care to patients challenged by significant mental illness and have or will need intense community support following discharge. Under the direction of the center's medical director

and attending psychiatrists, patients receive a complete clinical assessment including psychiatry, nursing, occupational therapy and social work, as well as limited referrals to other medical services depending on the patient's individual evaluation and treatment plan.

#### Insurance Coverage and Referrals

The Medical Center will treat individuals regardless of their ability to pay. While referrals can be made by calling [508-334-1000](tel:508-334-1000) and asking to speak to the specific unit, most referrals are made by an individual's primary care physician or local emergency mental health screening program.