



Our Mission

To provide, with reverence, practical karmic astrological information to help our readers with significant life issues concerning relationships, work, and personal/spiritual growth.

We invite you to share your life experiences with this Aquarian Community and to ask questions that will be answered here. Submit to: karmicfreedom@gmail.com

Quote

The universe moves when you do.
~ Goethe

Inside this issue:

Saturn in Capricorn 1
Serendipity Circle 1
Mars in Aquarius 2

Mars in Aquarius- 2
A Past Life Perspective

On My Mind 3

Inspiration Point 3

Announcements 3

FOR MORE INFO
Refer to Brady's Book:
Discovering Your Soul Mission: New Rules for a New Age & their website
www.karmicfreedom.com

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NEWSLETTER Volume 1, Issue 1

September 11, 2018



Saturn in Capricorn

Article by Linda Brady

Painting by Mary Phelps

Until December 17, 2020 the planet Saturn wants to teach us to be the epitome of the wise father, the responsible leader and the benign boss. Saturn also requires loyalty, compassion, goals, commitments, dedication and power of us. He is earth, love and structure. He is the Guru that teaches us about the wonders of reality. He knows the importance of obstacles to show us alternative paths. He knows our karmic path. He honors the law of contraction. He is the old, wise man—or woman—that we have attracted into our lives to find it within ourselves. On the Winter Solstice, December 21, 2017, Saturn journeyed into its home sign of Capricorn. It provides us with a

structure and organization by which to lead a prosperous and successful life.

I love Saturn and appreciate the manner through which he keeps me on the road to my Soul's mission. In Capricorn, Saturn is even more poignant and powerful. Here are some of his guidelines. I encourage us all to incorporate them into our daily life until 12/2020. I do, and it serves me very well!

- Understand that true security comes from becoming a spiritual adult.
- Know that integrity and self-honor are the foundation of success.
- Become personally responsible and self-reliant.
- Climb spiritual and material mountains as a way of life.
- Honor values and traditions of the past.
- Create a structured and organized life.
- Use history as a guide to understanding the future.
- Destroy any belief that is negative and pessimistic.
- Shatter illusions and magical thinking as counter-productive.
- Establish commitments and goals which lead to personal success.
- Be disciplined to accomplish commitments and goals.

Serendipity Circle

by Darlene Elkins

“Serendipity is an unexpected outcome that stems from taking an action.” Experience the best of it when you have complete faith in the concept that no matter what is happening, it is all for your highest good, even when invisible in the moment. I procrastinated on purchasing new eye glasses for a long time. Seemingly unrelated, I was also ur-

gently in need of a new dentist. One day I had to visit my car insurance agent in a strip mall. There was a store with eye glasses next door. I popped in to check it out. They referred me to another store because they didn't take my insurance. I put the address into my iPhone GPS, which took me to a “WRONG” eye glass shop that I loved!!!



AND...it was next door to a dentist who turned out to be everything I've been looking for! Serendipity is alive and well!

~

WE'D LOVE TO HEAR YOUR SERENDIPITY STORY...

SUBMIT IT TO:

karmicfreedom@gmail.com



Mars rules red.
Aquarius rules electric blue and the concept of abstract.

This is an abstract photograph of "Ground Zero." It was taken on 9/11/13 in New York City, when the blue lights were in place to represent the Trade Towers & before new construction was completed.

~Darlene Elkins

ALL PHOTOS
Originals by
Darlene Elkins

**Today is 9/11/18.
Mars goes direct today
and will be in the sign
of Aquarius until
November 18, 2018.**

During this aspect, there is a wonderful opportunity to review, reflect, and resolve the past and use that powerful Mars energy to recreate our future.

We'd love to hear your Mars in Aquarius stories (after you read the articles below) and answer any questions. We encourage you to submit YOUR questions to: kamicfreeom@gmail.com.

Mars in Aquarius

by Linda Brady

WHAT'S HAPPENING NOW?

The planet Mars in Aquarius has been affecting our lives since May 17, 2018. It has been retrograding (in a backward motion) since June 28, 2018. I'm sure you've heard of a Mercury retrograde.

Many blame it for all manner of mishaps. These last three months have felt like a Mercury retrograde on steroids. Aquarius rules all forms of technology.

i-phones don't work, conference rooms are not reliable, recordings are getting screwed up, computers are "iffy" and let's not even discuss the internet. And if Mars in Aquarius manifests itself in a tendency toward inventiveness and independence, I definitely feel the backward motion. But all is not lost. From my optimistic perspective (I am a Sagittarian after all) retrogrades are an opportunity to review, reflect and resolve our sum-

mer adventures. If you love golf, it is a Mulligan.

Hindsight is a great teacher and Mars retrograding gives us a chance to alter our attitudes and behavior concerning anger and fear.

What better way to experience a different reaction to anger than to have an important Face Time call be interrupted 7 times and not be frustrated. It is a great lesson in tolerance and patience.

Mars in Aquarius—A Past Life Perspective

by Linda Brady

Mars helps us understand past-life conflicts, especially how we have manifested anger and fear. It is now important for us to bring those memories to consciousness. Residue of that karmic anger in our present behavior can show up as an erratic rebelliousness and irritability with rules and regulations. When angry, we may become cold, remote, and detached, as well as argumentative with ideas that we refuse to alter.

We may have been challenged by being impersonal, intolerant, too

logical, radical, internal, shy, remote, erratic, and rebellious. To avoid: illness, projected anger and/or passive aggressiveness...

Ask yourself:

- Am I afraid of standing alone behind a principle? Do I feel a need to fall in line with others?
- Do I redirect my anger and fear to focusing on our community, political, and humanitarian concerns.
- Am I able to detach enough to observe my visionary and cooperative self?
- Do I find like-minded people that can relate to my innovative ideas?
- Do I take actions that lead to helping a friend?
- Do I fight for equality, fairness and diversity?



ON MY MIND....by Michael Brady

Article #1...WHOLENESS

On the earth plane, in the physical, "real" world, wholeness (Basic Wholeness) is composed of ... "Two-ness." Get it? Okay, in the real world, reality is composed of two complimentary things existing together at the same time. Need more help?

Start a list for yourself....two lists on the same page. One on one side. One on the other side. For example...good/bad; in/out; on/off; boy/girl; love/hate; and on and on and on. See how long a list you can pull out of yourself. Do it until you exhaust any other pairs you can come up with.

Now take one side of the paired list and destroy it! Look at the remaining list and ask yourself what those words mean without it's complimentary opposite. Those words mean nothing. Without "contrast," there is no meaning. How many ways and how often do you hear..."pick one"? "What's the answer?" Are you in or out? Which side are you on? This is what's important, or right, or pertinent. Or...let's conquer disease in our lifetime...send your dollars to..., or let's end war (once and for all).

In the very act of thinking like that we reduce life and reality to a "sub

part." That is less than a whole. As we try to do that inside/outside, we go deaf, dumb, blind, numb, and absent.

The point is...when we get down to the answer or the choice we believe we have the right answer, the whole answer, the permanent or eternal answer. That is an illusion.

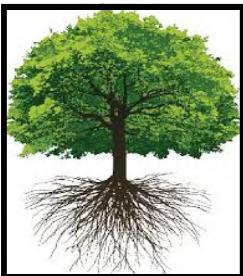
We are not here to achieve balance! We are here to master the art of balancing! We're not here to rid the world of what's wrong with it. We are here to learn how

to get opposites to work with other...more than not. That process does not call for destruction, extremism, or exclusivity.

I encourage you to begin to incorporate at least a 1/2hr of meditation into your daily life. If you don't really know what meditation is or what it entails...begin with how to simply be...

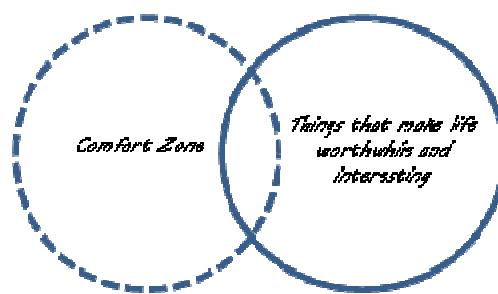
JUST HERE, JUST NOW AND CONTEMPLATE ONE THING. *Have a good day!*

Inspiration Point...by Karen Krull



You can have more than one home. You can carry your roots with you, and decide where they grow.

~ Henning Mankell



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ANNOUNCEMENTS



Our Book: *Discovering Your Soul Mission: New Rules for a New Age* is now on Kindle!

Through September 15, you can get it for free! After that date, you can purchase it on Amazon for \$9.99. Either way, once the Kindle version is in your pos-

session, you can share it for free w/friends for up to 14 days. Our request to any and all who know us, have been our students, clients, or friends...please go to Kindle and give us a high rating! With our sincere thanks, ~ Linda and Michael Brady

Stay Tuned for Dates

We will host a radio this fall. Our introduction will be..."I'm Linda. And I'm Michael. And we're Partners for Karmic Freedom. We will take questions on air.



Look for Linda's article on Uranus in Taurus in Next Month's Issue.