

GIVE YOURSELF SOME ROOM THIS ADVENT

It seems every year we face the same calendar issues from Thanksgiving to New Year's Day. There are way too many social events for a limited number of days between those two dates. It is impossible to be everywhere for all the invitations that one receives throughout the holiday season. So what is one to do?

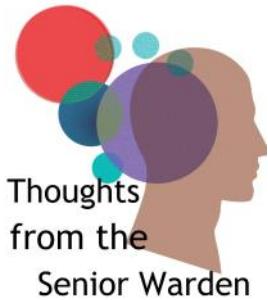
How about this year we try something different and give ourselves a break? How about this year we intentionally pace ourselves and set reasonable limits on our time before we say yes to a holiday event. I know that Christmas decorations have been up in Lowe's and Home Depot since right after Labor Day. I realize that Christmas music began broadcasting 24/7 on satellite radio since early November. I also realize how crucial the "shopping season" is to so many retail stores. We are awash with holiday images that encourage us to buy more, eat more, and do more.

This doesn't mean that we have to buy into all of the craziness. Put another way: "These aren't my monkeys and this isn't my circus." I don't believe many of us are really happy about rushing from place to place, from home to home, in order to make an appearance at every single holiday event for which we have received an invitation. Perhaps this year we could choose to schedule our lives in a better way. Maybe this year we might seek the right balance between social holiday times and quality Advent time.

For starters, there really are Twelve Days of Christmas. From December 26th, through January 6th, the Day of the Epiphany, the church marks the liturgical season of Christmas. Think of those twelve days as much needed extra room in your life. It's kind of like the relief you get from loosening up your belt buckle a notch or two after overeating a huge meal. You feel better about the extra room especially without all the internal extra pressure. The holiday gatherings really can be spread out. There is no rule that says everything in your life must happen before the 25th of December.

Next, I would suggest holding back a few days during the holidays just for family and close friends. Advent is about sharing and preparing for the coming of the Christ Child into the world. Part of those preparations might be better spent in quiet conversations and intimate prayer time. Feeding your spirit should be just as important as feeding your physical body.

Finally, I would suggest to you that less might actually mean more. Choosing to focus on fewer social obligations might make them more meaningful and enjoyable. If you are one of those who tend to dread all the obligations that are put upon you between Thanksgiving, Christmas, and New Year's Day, this might be the right time to change up your routine and give yourself a little more room to live into Advent. Be kind to your soul during the Season of Advent.



By the time this newsletter is out, Thanksgiving will have come and gone. I hope that everyone had an enjoyable Thanksgiving and were safe in their travels.

Can you believe that it is December already? My, has the year flown by. This must be another sign of a church taking on what Christ has called us to.

I want to thank everyone for all your contributions this Holiday Season to the many missions and groups All Saints' Church is aligned with. Your support will help to make this Christmas a little better for those who are in need.

Wishing everyone a very, Merry Christmas. If you are traveling, please travel safely and remember that Christ is the reason for the season!

Peace,

Bob Harmon
Sr. Warden



Sunday—December 1

8:45AM



Wednesday - December 11

Noon

A Special Edition of Saints Alive will be sent early next week with Bios and photos of all vestry Candidates.

Watch your email for this special edition!

GROUNDS COMMITTEE: Sign refurbishment is competed and it is beautiful!! We've raised approximately 2/3 of the cost, so there is still opportunity to donate to the fund. If you would like to donate to the sign restoration, please designate "sign" on your check. If you prefer to pay with cash, please place in an envelope and designate "sign".

ROOF LEAKS/DRY WALL REPAIRS: Although new sealant along the seam of cap and brick, where leaking was occurring, has been completed, we now have additional dry wall damage on the altar wall. We met with the paint company (used previously) on Friday, November 8th. The conclusions made during this inspection are that water is leaking through the outside brick and trapping moisture behind the sheet rock. Evidence of this is both inside and outside. The recommendation is to contact a brick mason to tuck and point the outside brick wall (altar wall) as well as the brick outside the chapel wall where additional evidence of leakage was also found. Once this is done, the brick would then need to be sealed which, according to several past Junior Wardens, has never been done. After all this is completed, the interior wall damage can then be repaired.

There are numerous other areas where the brick mortar is deteriorating and moisture could be seeping into the interior walls. This has been an ongoing problem for many years. Obviously, this is a major issue and will require expert input for resolution. At this time, we will begin working on the brick repair process before any sheet rock and painting repairs are made inside.

SANCTUARY LED LIGHTING: Several light bulbs directly above the altar are burned out. We met with Comer Electric on Monday, November the 11th to discuss replacing the bulbs. Since this requires scaffolding, which is the biggest part of the cost (includes; pick up and return, setup and teardown), we asked them to provide us with a cost to replace all 36 existing bulbs. This will also provide the same color for all the sanctuary bulbs (LED dimmable) plus 13 to 25 years of not changing bulbs again!

Please see the attached quote. I need your approval for this expenditure and commitment.

Respectively submitted,

Susan Fuhr, Junior Warden



Outreach



The ADVENT FOOD COLLECTION IN HONOR OF PAUL ROHE

Please bring one can of a **protein** food (tuna, salmon, ham, chicken) and one vegetable each Sunday of Advent. We will help increase Central Services food stocks for the Holidays! The director tells me they are always in need of cans of meat like foods.

Sunday December 8th the loose offering will go for the **Holiday Hope Fund** to help Central Services make the food and gift boxes for needy families. If you would like to volunteer at Central Services, they would be happy to train you and put you on the schedule to help make up food boxes. Bring some **cash Sunday December 8th** for your Holiday giving.

We will be collecting PAJAMAS for FOOD ON FOOT again and collection box will be in the Narthex beginning Sunday Dec. 1st through Sunday Dec. 15th. Any size of pajamas is appreciated but greatest need is for teens large and x large sizes; both boys and girls. Help warm up the Holidays for some local youth and put a smile on a kid's face.

We will be making large food Christmas bags for Food on Foot in December. These bags will be grand Christmas bags to help feed kids through Holidays, and we will be making only one set of bags this month. **Please help us put the bags together AFTER 10:30 service December 1st.**

If you would like to send a Christmas greeting to the Woolsey Family in Mongolia address cards to Dr. Justin and Helen Woolsey and drop them in Narthex box by Dec. 8th. If you would like to send them a monetary gift for their ministry write check to All Saints in honor of Woolsey's and we will send one large gift.

THANKS FOR ALL YOU DO, this church has a huge heart for giving and we shine bright like a Christmas star for our community.

Martie Anderson, Vestry Outreach Liaison



Where our Christian tradition meets our American culture

Where your life experience crosses your faith experience

Join the discussion!

Education for Ministry is a program for adult formation through theological education and reflection offered by the Beecken Center of the School of Theology at the University of the South, Sewanee, Tennessee.

EfM consists of 6-12 participants and a trained mentor who meet weekly over the course of 36 weeks. Learning happens during discussion!

Deacon Sarai was trained over a weekend in August at St. Andrews in Maryville and is very excited to bring this program back to All Saints!

Interested? Intrigued?

Please join Sarai in the **Memorial Room** on Wednesday evening, **December 18th @ 6:00pm** for an informational meeting.

Classes would begin the end of January with a break during the Summer months.

Come - Join the Discussion!

Swender@allsaintsmorristown.org and 423-231-3700



Happy New Year!

Yes, it's Advent once again! This is the season wherein our church marks the start of another liturgical year. We look forward to the birth of the savior, we then celebrate the birth, we move into the revelation at Epiphany, and then through Lent and the Queen of Feasts (Easter). There follows Pentecost and "the green season" until we arrive back at Advent again!

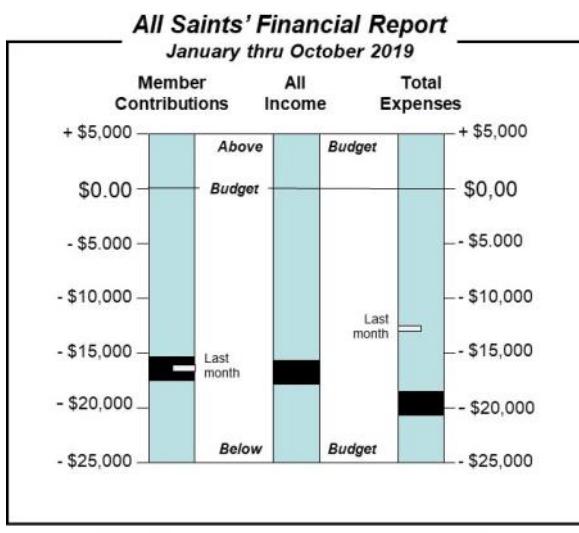
Rowan Williams served as the 104th Archbishop of Canterbury from 2002 to 2012 and is now Master of Magdalene College (Cambridge). He made this observation about following Jesus: "The disciple is not there to jot down some ideas and then go away and think about them. The disciple is where he or she is in order to be changed so that . . . the whole world changes."

Adult Christian Education (or "formation") is fundamentally a way for us to be changed by bigger ideas. Abp. Williams went on to say that Advent is the ideal season to use all of our senses in order to accomplish change. Discipleship is awareness! It is inextricably bound up with "expectancy" which, as we all know, is the central theme of this new beginning of the church year.

All Saints' is a very busy faith community. We've got a busy building every day of the week, but we're also busy off campus with one event or another! With all the hustle and bustle, let's be sure to take some time to allow some "bigger ideas" to wash over us. Perhaps then we can all sing that wonderful chapel song: "I see the love of God in you, the light of Christ come shining through; and I'm am blessed to be with you, O holy child of God." Happy New Year!

Henry Selby

Vestry Liaison Adult Christian Education



Did you know that the Diocese has an

E-Newsletter? It does!!

Subscribe to it to stay in the know about all things Diocese of East Tennessee: stories, news, celebrations, events, and special notifications in the monthly News & Inspiration newsletter!!

HOW?? Simply go to www.dioet.org and click 'Connect with Us' at the top of the page. Then click on 'Subscribe to our newsletter'. OR ~ from the diocese Home Page - just scroll down to the bottom and subscribe there.

While you're at it - check out the entire Dioet website! You'll be glad you did!

Deacon Sarai



The second annual Winter Wonderland is December 6 with fashion show, hors d'oeuvres & wine, door prizes, Christmas tree sale, and a visit from Santa. Tickets are \$15 in advance and \$20 at the door.



The school's Advancement Director Mary Kathryn Coffman will be leaving at the end of this semester to begin another chapter in her career. She will be sorely missed. Christmas vacation begins with an early dismissal Friday December 20 and school restarts on January 6, 2020.

This is a busy time of year for all, with Thanksgiving passed and Advent upon us. But if you get a chance to attend an 8:05 Monday or Friday chapel service at the school, please do so.

Bill Connellee, ASES Vestry Liaison

Christmas Cards



The Outreach Committee would like to give you the opportunity to send Christmas greetings to Lynne Ann's daughter, Helen and her husband, Justin. The Woolsey family is presently serving with Christian Veterinary Mission in Mongolia.

Since postage is very expensive to Mongolia, we would like to suggest that you address your cards to Dr. Justin and Helen Woolsey and Family and bring them to the church office or drop them in the specially marked box in the Narthex by Sunday, December 8th. They will be collected, put into a big envelope and then mailed from the church.

If you would like to include a monetary gift to the Woolseys, do not put a check in the Christmas card. Instead please make your check payable to All Saints' and mark it for the Woolsey's. A church check will be written for the total amount received and sent to Christian Veterinary Mission to be made available for Helen and Justin's use.

Thank you, Marti Anderson, Outreach Liaison to the Vestry



Wednesday, December 4

**Come join family and friends
at our annual gingerbread house event!**

**Supper (Tacos in a bag) will begin at 5:30PM
and house-creating will start shortly
thereafter...**

**bring icing, graham crackers and candies
to share for decorations.**

We guarantee you'll have fun!



CHRISTMAS PAJAMAS FOR FOOD ON FOOT

The Food on Foot pajama box will be in the Narthex starting Sunday, December 1st through Sunday, December 15th. The pajamas will need to be delivered to the church by Wednesday, December 18th, so they can be organized at the Food on Foot warehouse in time for distribution on Saturday the 21st. December 21st will be the last day the children can pick up a food bag before Christmas.

While all sizes of pajamas are appreciated, the greatest need is for both Boys' and Girls' pajamas in sizes 12-14 and 16-18. Older Boys sleep pants in Men's sizes Small, Medium, Large and X-Large are needed. There is also a need for sleep pants as well as pajamas for older Girls who wear Ladies' sizes Small, Medium, Large and X-Large.

Thank you,

Ginger Goolsby, Outreach Committee



Lin Mitrik; Sam Simerl; Linda Bobo; Millie King Rogers; Michael Cardone; L.C. Taylor; Jan McCann; Baby Emory; Carolyn Jones; Campbell Maben; Jim Anglin; Sheila Carton; Judy Yates; Patty Kirkley; Bob Garrett; Nancy Jernigan; Jack Yates; Angel Jones; Christian Brotherton; Rich Olivert; Bill Bennett; Sheila Rice; L.A. Orio

Diocesan Prayer Cycle: our sister missions in South Dakota: St. Elizabeth's, Wakpala; St. James', Mobridge; St. John's, Bullhead; St. Paul's, Little Eagle

Those in the Armed Forces & First Responders: Sarah Casey; John Minarik; Jacob Frederick; Austin & Luke Whitelaw; Gryfin Broyles; Jeffrey Torres; Tim Herzog



December

- | | |
|----|---|
| 02 | Lena Giles, Liz Holland |
| 03 | Janis Dixon, Michelle Zitt Brooks |
| 05 | Laura Shivelier |
| 06 | Holley Dickens, Dan Leonard, Howard Mauney |
| 07 | Sheri & Michael Chiappetta* |
| 08 | Sheree Cardone, Mary Ann & Larry Mills* |
| 09 | Tony Zachmann |
| 10 | Jim Gose, Judy Altom, Robin Connellee |
| 12 | Jean & Skeet Jones*, Janis & Richard Dixon* |
| 14 | Tenna Willis |
| 15 | David Briggs |
| 17 | Suzy & Raymond Lowry*, Denise Johnson |
| 19 | Willow Chandler, Lynne Ann Anderson, Shamron & Wayne Stambaugh* |
| 20 | Kathryn Hutchins |
| 21 | Christina Spencer |
| 22 | Michael Cardone, Jackie Fleming |
| 23 | Sue Justis, Kenny Zitt, Jasmine Lindsey |
| 25 | Dick Rice, Skeet Jernigan |
| 26 | Teresa & Hugh Clement* |
| 27 | John Zieba |
| 28 | Susan & Jim Fuhr* |
| 29 | Josh Mattocks, Sarah & Jim Gose*, Amy & Chris Sharp* |
| 30 | Ed Wing |
| 31 | Barbra Stephenson, Nancy Fishman, Judy Yates |

ALTAR GUILD (Mon-Sun)	Team 4	Team 1	Team 2	Team 3	Team 4	Team 1
	Judy Anglin	Toni Dosil	Judy Bartholomew	Brooke White	Judy Anglin	Toni Dosil
	Sheri Chiapetta	Martha Hall	Carolyn Dean	Taryn Herzog	Sheri Chiapetta	Martha Hall
	Shamron S	Chantal Combs	Virginia Carey	Jamia Blazer	Shamron S	Chantal Combs
	Susie Carter	Larry Mills	Janis Dixon	Teena Willis	Susie Carter	Larry Mills
	VPR	Shamron S	Bob Harmon	Marti Anderson	Susie Carter	Susie Carter/Bill Connellee
BREAD MINISTRY	Lena Giles	Mark Joyce	Anna Lee Lewis	Nathan Kirkley	Martha Simerl	Mary Zabrosky
8:00 AM	12/1/19	12/8/19	12/15/19	12/22/19	12/24 5:00 PM	12/29/19
ACOLYTES	Kim Torres	Earl Hall	Dillon Wines	Larry McGowan	Charlie Neill	Dave Auton
EM/INTERCESSOR	Glenn Thompson	Sam Yearly	Glenn Thompson	Sam Yearly	Jake Neill	Cindi Husk
EUCARISTIC MINISTER	Kim Torres	Dave Auton	Dillon Wines	Larry McGowan	Kim Torres	Dave Auton
LECTOR OT/P/NT	Kenny Zitt	Cindi Husk	Larry McGowan	Kim Torres	Marylou Mauney	Sam Yearly
GREETERS/USHERS	Danny Turner	Howard Mauney	Blue McGowan	Howard Mauney	Amy Neill	Danny Turner
	Martha Hall	Marylou Mauney	Roland Zitt	Marylou Mauney	Sam Neill	Martha Hall
HOSPITALITY	Martha Simerl	Blue McGowan	Carol Jean Webster	Virginia Carey		Marylou Mauney
10:30 AM	12/1/19	12/8/19	12/15/19	12/22/19	12/24 10:30 PM	12/29/19
ACOLYTES	Susie Carter	Charlie Neill	Jim Fuhr	Ginger Goolsby	Larry McGowan	Jim Fuhr
	Lauren Cordle	Jake Neill	Rebekah Garber	Meghan Cordle	Riley Anderson	Lauren Cordle
	Meghan Cordle	Riley Anderson	Susan Garber	Lily Walton	Susan Garber	Meghan Cordle
THURIFER					Dillon Wines	
BANNER					Danny Turner	
KITE					Meghan Cordle	
EM/INTERCESSOR	Kathy Jones Litz	Mark Joyce	Susan Fuhr	Lauren Cordle	Cookie Larkin	Dan Dickens
EUCARISTIC MINISTER	Dan Dickens	Carolyn Dean	Bill Mitrik	Liz Holland	Sam Yearly	Kathy Jones Litz
LECTOR (OT)	Bill Mitrik	Sheila Carton	Cindy Selby	Kathy Jones Litz	Shamron S	Sarah Gose
LECTOR (NT)	Ginger Goolsby	Judy Yates	Carolyn Dean	Mark Joyce	Paige Mattocks	Cookie Larkin
OBLATIONERS	Nancy Fishman	Bill Mitrik	Holley Dickens	Beka Selby	Ginger Goolsby	Judy Bartholomew
	Jack Fishman	Lin Mitrik	Dan Dickens	Cindy Selby	Rhonda Doherty	Brooke White
SOUND	Udo Wender	Dan Dickens	Sarah Orthokian	Udo Wender	Dan Dickens	Jack Yates
GREETERS	Jim Gose	Amy Neill	Nancy Fishman	Lena Giles	Jim Gose	Shamron S
	Don Sheneman	Holley Dickens	Louise Joyce	Bob Harmon	Holley Dickens	Rhonda Doherty
USHERS	Ronnie Bledsoe	Bill Connellee	Bob Garrett	Rhonda Doherty	Janis Dixon	Ronnie Bledsoe
	Louise Joyce	Sam Neill	Bob Harmon	George Giles	Udo Wender	Larry Mills
	Bob Garrett	Ginger Goolsby	Shamron S	Jim Gose	Bob Harmon	Louise Joyce
	Janis Dixon	Judy B	Brooke White	Bill Connellee	Don Sheneman	Judy Yates
HOSPITALITY	Amy/Shamronh	Zabrosky	Dickens/Joyce	White/Taylor		Giles/Cordle
FLOWER CARRIERS	NA	NA	NA	NA	NA	Judy Anglin

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00 AM HE I 8:45 AM Parish Breakfast 10:30 AM HE Rite II 8:00 PM NA 8:00 PM NAR-ANON	2 4:00 PM Purkey Music 7:00 PM Scout Troop 197	3 4:00 PM Purkey Music 5:30 PM Cub Scout Troop 197 8:00 PM AA	4 11:00 AM Bible Study 4:00 PM Purkey Music 5:30 PM Gingerbread House Making! 6:00 PM Tai Chi for Arthritis 7:00 PM Parish Choir	5 9:00 AM Coffee Call @ Java Garden 12:00 PM ALANON 4:00 PM Purkey Music 5:30 PM Recovery Group 7:00 PM NA	6 4:00PM ASES Event 4:00 PM Purkey Music 8:00 PM AA/ALANON	7 12:30 PM Purkey Music 8:00 PM NA
8 8:00 AM HE I 9:15 AM Adult Forum 10:30 AM HE Rite II 8:00 PM NA 8:00 PM NAR-ANON	9 12:00 PM Finance Committee 4:00 PM Purkey Music 7:00 PM Scout Troop 197	10 4:00 PM Purkey Music 5:30 PM Cub Scout Troop 197 6:00 PM Sisterhood Birthday Party 8:00 PM AA	11 11:00 AM Bible Study 12:00 PM ECW Bingo for MHA 4:00 PM Purkey Music 6:00 PM Tai Chi for Arthritis 7:00 PM Parish Choir Rehearsal	12 9:00 AM Coffee Call @ Java Garden 12:00 PM ALANON 4:00 PM Purkey Music 5:30 PM Recovery Group 6:00 PM VESTRY 7:00 PM NA 7:00 PM NAR-ANON	13 4:00 PM Purkey Music 8:00 PM AA/ALANON	14 12:30 PM Purkey Music 8:00 PM NA
15 ADVENT III 8:00 AM HE I 9:15 AM Adult Forum 10:30 AM HE Rite II 5:00 PM Lessons & Carols 8:00 PM NA	16 4:00 PM Purkey Music 7:00 PM Scout Troop 197	17 4:00 PM Purkey Music 5:00 PM Cub Scout Troop 197 Party 8:00 PM AA	18 11:00 AM Bible Study 4:00 PM Purkey Music 6:00 PM Tai Chi for Arthritis 7:00 PM Parish Choir Rehearsal	19 9:00 AM Coffee Call @ Java Garden 12:00 PM ALANON 4:00 PM Purkey Music 5:30 PM Recovery Group 7:00 PM NA	20 4:00 PM Purkey Music 8:00 PM AA/ALANON	21 12:30 PM Purkey Music 8:00 PM NA
22 Decorate for Christmas 8:00 AM HE I 10:30 AM HE Rite II 8:00 PM NA 8:00 PM NAR-ANON	23 Decorate for Christmas	24 5:00 PM HE (No incense) 10:30 PM Musical Prelude & Festive Eucharist	25 10:00AM HE Rite II Spoken Service	26 12:00 PM ALANON 4:00 PM Purkey Music 5:30 PM Recovery Group 7:00 PM NA 7:00 PM NAR-ANON	27 4:00 PM Purkey Music 8:00 PM AA/ALANON	28 12:30 PM Purkey Music 8:00 PM NA
29 8:00 AM HE I 10:30 AM HE Rite II - with Kari Novilla 8:00 PM NA 8:00 PM NAR-ANON	30	31 8:00 PM AA				

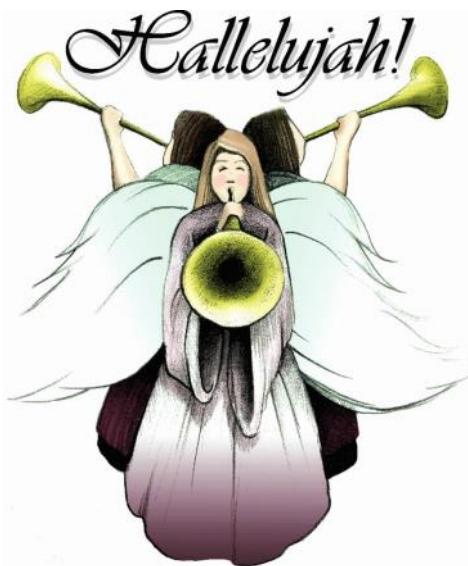


Your help is needed to ready the church for Christmas Eve! We will begin on Sunday afternoon, December 23 after late church. And we will continue on Monday, December 24 until finished.

There is a job for each and everyone...all ages are asked to help!

We also need greenery like boxwood holly, nandina and pine!

Come one, come all as we prepare for this special time.



Special Worship Services

Sunday, December 15, 5:00PM

Advent Lessons & Carols

Christmas Eve

Tuesday December 24, 2018

5:00PM Holy Eucharist: Rite II

A service especially suited for young children (no incense)

10:30PM Choral Prelude

*11:00PM Festive Eucharist: Rite II
(with incense)*

Wednesday, December 25, 2018

10:00AM Holy Eucharist: Rite II (spoken)