NATIONAL BLACK NURSES ASSOCIATION

B NEWS



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A Message from the Editor-in-Chief

Leadership in Nursing: Facets and Opportunity

Nursing is a dynamic profession with a dedicated vision of advancing health and well-being for all. Within the current environment of perpetual systems transformation, strong leadership will be required to successfully manifest the aforementioned vision on a global scale. The National Academy of Medicine (formerly the Institute of Medicine) has specifically recognized the need for strong and capable nursing leadership if the vision for transforming healthcare is to ever be realized. This means nurse leaders positioned to influence every level of the healthcare delivery system.



Opportunities for nurse leaders continue to grow. Leadership positions are available in all areas of nursing. These areas include education, clinical practice, policy, politics, and organization. Each area of nursing has unique features. Therefore, successful leaders must possess a complementary skill set for their area of leadership interest beyond that of personnel management. For example, leaders in education drive the academic and supply engines for the profession. Essential skills for an academic leader would include competencies in curriculum design, pedagogy, assessment & evaluation methodologies, and academic-specific technologies. In contrast, leaders in clinical care would require a knowledge base and competencies that speak to the successful implementation of quality management, performance measurement, macro- and microsystems, and other topics of clinical and administrative relevance.

Nurse leaders will continue to play a significant role in the revitalization and transformation of the health care system. To this end, the NBNA will continue to support the growth of strong nurse leaders dedicated not only to service in leadership; but, also to realizing the vision of a transformed health care. A care system designed to enhance the health and well-being of individuals and communities throughout the nation.

This edition of NBNANews is dedicated to leadership in nursing. Articles are written by notable NBNA members and friends who are successfully engaged in the business of leadership. Articles in this edition of NBNANews are substantially diverse and contain information of relevance for current and aspiring nurse leaders. It is my hope that the concepts of leader and leadership are highlighted in a way that expands thought and advances knowledge.

A warm thank you to all who contributed to the 2018-2019 success of NBNANews. Please continue to submit your materials and communications about current health care advances, board members and local chapter activities, acute and chronic diseases, nursing research, national healthcare discussions, career and education opportunities, and health legislation.

I look forward to working with each of you in 2019 as we continue to fulfill our mission of quality health for all.

Respectfully,

Yolanda M. Powell-Young, PhD, PCNS-BC, CPN Editor-in-Chief

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Letter From the President

Mentoring our Next Generation of Leaders for Leadership

Eric J. Williams, DNP, RN, CNE, FAAN President, National Black Nurses Association



he debate endures – are leaders born or made? To this end, individuals are typically categorized by one of three schools of thought. Leaders are (a) genetically predisposed for leadership, (b) adversity-created for leadership, or (c) nurtured for leadership. Regardless of the path to leadership, however, mentoring provides the guidance, motivation, emotional support, and role modeling needed to prepare leaders to successfully navigate the mantle of leadership.

Generally speaking, a leader can be defined as an individual with a legitimate power and sphere of influence. Leadership is the strategy that a leader might utilize to effect influential change. Mentoring is a strategic tool that, when used properly, facilitates leadership development and readiness. These concept characterizations demonstrate the relational interdependence that mentoring shares with acquiring those leadership qualities that make a successful leader.

Current trends suggest that like the shortage of registered nurses, the shortage of nurse leaders will continue to grow. This projection is alarming for a number of reasons. One of the most significant of these reasons is that nurse leaders are identified as a critical component in the comprehensive approach to healthcare transformation. Reports and initiatives such as the Future of Nursing Report and the Nurses on Board Coalition highlight not only the need for but the importance of nurse leaders as an integral member of the healthcare reform team.

The NBNA has a storied history of mentoring nurse leaders. Mentoring programs have ranged in focus from early career to senior-level leadership. The NBNA believes that mentoring provides knowledge, skills, professional socialization, and personal support to facilitate success. In addition to well-established, effective mentoring, the NBNA mentoring programs positively influence diversity in leadership. The inclusion of diverse, well-informed and skilled leaders who bring valuable perspectives and experiences is an integral part of fostering excellence in leadership.

We will continue our commitment to growing leaders and building bridges that foster collaborative transformations in health and healthcare. I look forward to serving the members of the NBNA in 2019 as we continue our onward journey in representing and providing a forum for Black Nurses to advocate and implement strategies to ensure access to the highest quality of healthcare for persons of color.

This will be my last Presidential letter through the NBNA Newsletter. We have hit many milestones and successes together. My journey as President has been personally and professionally fulfilling because of the relationships that I have developed with the NBNA chapters and the members individually. I wish you much success in every endeavor. And, I look forward to continuing to make NBNA the most prestigious nursing organization supporting nurses of color everywhere!!!

Sincerely,

Eric J. Williams, DNP, RN, CNE, FAAN 12th NBNA President



Senator Corey Booker (D-1. NJ) with NBNA Members



Representative Maxine Waters (D-CA) with NBNA Members



Senator Kamala Harris (D-CA) with NBNA Member



NBNA Member Michael Robinson, NBNA Board Member Joni Lovelace and U.S. Representative John Lewis. NBNA Day on Capitol Hill

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Representative Lisa Blunt Rochester (D-DE) with Dr. Veronica Clarke-Tasker



Dr. Eric J. Williams, NBNA President, Representative Eddie Bernice Johnson (D-TX) and Dr. Sheldon Fields, NBNA Health Policy Chair



NBNA Members of the Greater New York City BNA with Senator Chuck Shumer of New York, Senate Minority Leader



Fort Bend County BNA Members Adriene Young, Delois Holloman, Marilyn Johnson (President), Congressman Al Green, NBNA 1st Vice President Lola Denise Jefferson, Dr. Cynthia Hickman and Erika McClain



President Stephanie Doibo, Senator Sherrod Brown and Chapter members at NBNA Day on Capitol Hill 2019.



NBNA Members with Representative Hakeem Jeffries of New York



NBNA Members with Representative Eddie Bernice Johnson



Margaret Brown, Sharon Callendar, Tarma Johnson, past presidents of New England Regional BNA and Sasha DuBois, current president and NBNA Board Member at the Office of Representative Ayanna Pressley



Frances Ashe Goins (middle) and NBNA Day 2019 participants at Senator Lindsay Graham's Office



Cynthia Bither, MedStar, NBNA Day on Capitol Hill 2019 Breakfast Keynote Speaker and Greg AuClair, Alnylam Pharmaceuticals



NBNA Board Member Thomas Hill, Professor Hayward Gill, NBNA President Dr. Eric J. Williams, NBNA Board Member Dr. Sheldon Fields, NBNA Secretary Kendrick Clack



NBNA Day on Capitol Hill Speakers Robert Blancato, Melissa Bishop Murphy, Pfizer, Inc., Dr. Eric J. Williams, NBNA President, Nicole Venable, Bockorny Group



Morgan State University School of Nursing



Dr. Sheldon Fields with NBNA Members



Marcia Lowe, NBNA Board Member and Pauline Zarrieff March to Capitol Hill



Southeastern Pennsylvania Area BNA at NBNA Day on Capitol Hill 2019



Students attending NBNA Day on Capitol Hill 2019



Dr. Millicent Gorham, Dr. Stephanie Myers and U.S. Representative Gwen Moore



Rep. Lisa Blunt Rochester



Patricia Lane, NBNA Second Vice President, Janet Porter and Ni'mat Abdul Latis Muhammad, at the Office of Representative Abigail Spanberger of Virginia



Miami BNA Members with David Simon, Legislative Assistant to Congresswoman Frederica Wilson



Dr. Joan Osborne, Patrise Tyson, Milca Sylvestre, Eduardo Sacasa (Legislative Aide), Sharon Rogers, Dr. Linda Washington-Brown and Dr. Marie Etienne (front right), Fayola Delica and Marsha Eloi (back right)



NBNA Day on Capitol Hill 2019 Attendees



Dr. Sheldon Fields, Terry Johnson, Representative Lauren Underwood, Marcus Boyle and Carolyn TenEyck of Prolacta Biosciences.



Dr. Birthale Archie



Kelly Cox of Johnson and Johnson



Dr. Martha Dawson, NBNA Historian and Dr. Daisy Harmon Allen



Dr. Janice Phillips, Health Policy Committee Co-chair and Dr. Gregg Margolis, National Academy of Medicine

My Very 1st NBNA Conference 2018 Experience... WOW!

Whakeela M. James

fter two years of considering and investigating The National Black Nurses Association I not only joined, I founded a chapter. Led by an over-whelming anxiety of emotions, I call the spirit of God, which forced me to reach out to some of my dearest professional nurse friends and colleagues to pursue application for chapter in Columbia, SC. Columbia Area Black Nurses Association now known as CABNA was born March 2, 2018 and I am so very proud of our accomplishments thus far. The birthing of CABNA has led me, my husband Jason James, and chapter parliamentarian Leila Washington to attend our very 1st National Black Nurses Association Conference where we were one of the 18 new chartering chapters under the Honorable President Eric Williams, on August 2, 2018. I was not only WOWED by the experience but speechless, gratified, humbled, and deeply emotional pertaining to the forecast exhibited with the group of professional nurses in the arena.

I was and continue to be excited about this association and my chapter that I represent. I was disappointed that life would not afford my entire chapter to attend the event but excited that my parliamentarian and husband could, to utter the same experiences as I regarding the conference. I returned home to submit a post on Facebook raving of my experiences, hopefully to evoke interest and gain more local chapter members within the NBNA.

My testament from the conference is to every nurse, every nursing student, and anyone who's black and uncertain about their professional careers, the NBNA is a place to be associated. The 10 reasons why I rave of my experiences after attending my very 1st NBNA conference are:

- Observing hundreds of African American educated professionals (a sea of people that look like me) in one location without any judgement or false criticism was amazing.
- There were so many nurses from different professional levels: PHD, DNP, APN, CEO, CNO, COO, Presidents, VPs, MSN, BSN, ASN, LPN, student nurses, retired nurses, mentors, mentees, and many other healthcare professionals all in one arena.

- The amount of nursing knowledge, education, skills and leadership were unreal and probably unheard of anywhere in the United States, at least from what I have witnessed throughout my career.
- 4. Everyone was so encouraging and supportive of each other.
- 5. The bonding that occurred will be one for a lifetime.
- There was an overwhelming number of educational workshops provided, that had me feeling excited to see but sad I could not attend them all.
- The vendors that participated in this conference exhibited NBNA's continued partnership to aide in the growth of its association and members at large.
- The amount of newly chartered chapters displayed a passion and commitment of NBNA's President Eric Williams to increase growth and to grow the association to even some of the smallest communities and towns throughout the states.
- 9. I even obtained CEU's, tell me a nurse who don't desire those.
- 10. DRAMA FREE & FUN FILLED!

My take away from this conference was much invaluable knowledge gained, new friends, a new perspective on my career and path within the profession. I even won my very first NBNA Individual Licensed Member Award - 2nd place. I received many acknowledgements on our chapters attire, which encourages me to continue to think outside the box. I gained a new "BIG SISTER in Ms. Estella. I have a strong desire to be a host chapter for the future. After winning the award I became interested in participating on a NBNA committee; which I applied immediately to membership committee and was approved. I also acquired a heavy heart to be a mentor and mentee. After much thought of who would be best suited as my mentor, I reflected on the early morning calls from Ms. Lola Denise Jefferson, from the well-known Fort Bend County BNA chapter regarding my bylaws review. We bonded immediately despite the seriousness of our conversation managed to laugh and be supportive of each other, thus strangers. I asked, she accepted, and the rest is history.

I leave this note to all "if the NBNA 2018 conference does not motivate nurses to be better and be committed to the profession I don't know what will".

Whakeela M. James President of CABNA Still WOWED!



CABNA President Whakeela James with NBNA President Eric Williams Receiving Individual Licensed Member 2nd Place Award



CABNA President Whakeela James with Hubby Jason at The NBNA 2018 Gala



CABNA President Whakeela James and Parliamentarian Leila Washington After Reieving Chapter Chartering

SPECIAL SESSIONS REGISTRATION FORM



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#	TIME	EVENT	CEs	PRE-REG.
SUND	AY, JULY 21			
1.	1:00pm – 5:00pm	Bag Stuffing		
мон	DAY, JULY 23			
2.	12:30am – 4:00pm	NEW: Missing Our Mothers: Sponsored by VITAS Healthcare		V
TUES	TO DAY, JULY 22	REGISTER WITH VITAS HEALTHCARE — CLICK HERE		
□ 3.	9:00am – 1:00pm	LOCAL CHAPTER HEALTH FAIR: Guste Homes Highrise, 1301 Simon Bolivar Avenue, New Orleans		/
WEDI	NESDAY, JULY 2	24		
4.	7:30am – 4:30pm	Presidents Leadership Institute — NBNA Chapter Presidents and Vice Presidents, NBNA Board Members, and NBNA Past Presidents	1 CE awarded	ı 🗸
5.	7:30am – 6:30pm	Palliative Care and Pain Management in the Midst of an Opioid Epidemic. Sponsored by: VITAS Healthcare.	8 CEs 1 day onl	y
6.	8:00am — 5:00pm	Diversity Advanced Practice Registered Nurses (CRNA, CNM and NP) Doctorate Symposium. To inform RNs, NPs, CRNAs, and CNMs how to pursue the appropriate doctoral degree for their career trajectory.	8 CEs	'
	TO RI	EGISTER FOR DOCTORATE SYMPOSIUM — CLICK HERE		
7.	9:00am – 12:00pm	American Red Cross Workshop, Promoting Community Health Through NBNA-Red Cross Partnership	3 CEs	~
8.	10:00am - 4:00pm	American Red Cross Blood Drive		
	7	O SIGN UP FOR THE BLOOD DRIVE CLICK HERE		
9.	2:00pm - 4:00pm	Chronic Diseases Workshop	2 CEs	/
10.	2:00pm – 4:00pm	Technology & Healthcare in the 21st Century Work	2 CEs	/
11.	1:00pm – 5:00pm	Professional Writing Workshop. Please bring a working manuscript and a laptop or tablet.	4 CEs	~
12.	6:30pm – 9:00pm	NBNA Under 40 Forum Sponsored by: VITAS Healthcare		~
	T	O REGISTER FOR UNDER 40 FORUM — CLICK HERE		
THUR	SDAY, JULY 25	Last Day to Purchase Event Tickets. No tickets will be sold after 2:00 pm.		
13.	6:30am – 7:45am	CE Breakfast Session: Sponsored by Amgen		/
14.	6:30 am – 7:45	Non-CEU Breakfast Sponsored by Novartis Pharmaceutical Corporation, Understanding Vasco-occlusive Crises in Sickle Cell Disease and its Impact on Patients		'
15.	10:30am – 12:30pm	Plenary Session I, "Building A Healthier Community" Sponsored by Cedars Sinai Health System, Main Line Health and University Medical Center of New Orleans (LCMC)	1 CE	
16.	2:00pm – 3:00pm	Innovation Theater Sponsored by Celgene	1 CE	V
17.	2:00pm – 4:00pm	LPN / LVN Forum		~
<u> </u>	3:00pm – 5:00pm	Uniformed Services Forum, Federal Service Nursing Council		V
19.	6:00pm – 8:00 pm	Opening Ceremony, Keynote Speaker: Ernest J. Grant, PhD, RN, FAAN, President, American Nurses Association, Silver Spring, Maryland		

TIME EVENT CEs PRE-REG.

FRIDAY, JULY 26 | RED DRESS DAY!

20.	6:30am – 7:45 am	Non-CEU Breakfasts: Sponsored by Abbott Nutrition		V
1 21.	6:30am – 7:45 am	Non-CEU Breakfasts: Sponsored by Zimmer Biomet/Movement is Life		/
22.	7:30am – 4:00pm	NBNA Summer Youth Enrichment Institute		
23.	8:00am - 12:00pm	Emerging Leaders Forum Attendee Must be registered as a Non-Licensed Student for the conference.		~
24.	8:00am — 12:00pm	2019 INSTITUTES / 6 Concurrent Institutes 1. Cardio-Diabetes Institute 2. Novel Nursing Practices Institute 3. Nursing Education Institute 4. Opioid Misuse Institute 5. Professional Trends and Issues Institute 6. Women's Health Institute NOTE: Monitors & Moderators required for EACH session.	4 CEs	\
25.	11:00am – 12:00 pm	CEU Innovation Theater Career Fair: "Ethics & Sexuality 101" Sponsored by Planned Parenthood Federation of America	1 CE	~
26.	2:30pm – 3:30pm	Innovation Theater: Sponsored by Pfizer, Inc.		V
27.	3:30pm – 4:30pm	Plenary II: Sponsored by the Association of Black Cardiologists	1 CE	/
28.	6:00 - 9:30pm	Second Line Party and Umbrella Contest. Music by The New Orleans School of Heritage. Purchase your ticket today! Hosted by the NBNA Fund Development Committee		

TO PURCHASE TICKETS — CLICK HERE

SATURDAY, JULY 27 | WEAR BLUE DAY!

29.	6:30 am - 7:45	Non-CEU Breakfast (TBD)		~
30.	7:30am – 11:30am	Men's Bow Tie Breakfast Institute. Please wear blue in recognition of Men's Health Awareness and your best bow tie! Space is limited, men will be ticketed first. Hosted by: NBNA Ad Hoc Committee on Men's Health. Sponsored by University Medical Center of New Orleans (LCMC)	1 CE	~
31.	8:00am – 10:00am	WORKSHOPS / 7 Concurrent Workshops 1. Advances in Cancer Science 2. Clinical Trials 3. Critical Health Issues in Today's Society 4. Global Health Issues 5. Maternal Mortality: An American Crisis 6. Nurse Lead Innovations to Protect Our Babies 7. Trends and Issues in the Aging Population NOTE: Monitors & Moderators required for EACH session.	2 CEs	>
□ 32.	10:30am – 11:30am	Innovation Theater: "Seeking Health Equity in the Sexual & Reproductive Health Space by Centering Community" Sponsored by: Planned Parenthood Federation of America	1 CE	/
□ 33.	1:00pm – 4:00pm	Breast Cancer Screen Practicum	3 CEs	/
34.	2:00pm – 4:00pm	NBNA Awards Ceremony: Nurse of the Year, Under 40, Scholarship, Community Service, Chapter Membership, and Membership Campaign		

SUNDAY, JULY 28

35.	10:00am - 12:00am	Brunch and Closing Session, Closing Speaker: Gloria Ramsey, JD, RN, FNAP, FAAN,	
		Associate Dean for Diversity, Equity and Inclusion / Johns Hopkins School of Nursing,	
		Baltimore, MD Installation of Officers, New Board Members and Nominating Committee	



National Black Nurses Association supports the NIH All of Us Research Program.

NBNA is educating NBNA members, nurses and other health care providers and the community about the program.

NIH wants to register 1 million American residents, half will be people of color.

To learn more about this important national research program, go to joinallofus.org

Please give a shout out to our five chapters helping to spread the word and make a difference! Share with your colleagues!!

BNA, Miami • Greater New York City BNA



Chapters On the Move

Birmingham Black Nurses Association



Birmingham Black Nurses Association President Deborah Thedford Zimmerman on local television show about discussing heart health in women and with nurses and nursing students at the State Capitol. #NBNA2019HD





Chapters On the Move

BBNA Members on the Move (cont.)



Montgomery BNA (125)	. Deborah Thedford-Zimmerman Birmingham, AL . Katherine Means
ARIZONA BNA Greater Phoenix Area (77)	. LaTanya Mathis Phoenix, AZ
ARKANSAS Little Rock BNA of Arkansas (126)	. Jason Williams Little Rock, AR
Capitol City BNA (162)	. Norma Farris-Taylor Oakland, CA . Carter Todd Sacramento, CA . Dr. Tanya Osborne-McKenzie Fresno, CA . Alexandria Jones-Patton Los Angeles, CA . Kim Anthony Riverside, CA . Samantha Gamble-Farr San Diego, CA . Gia Smith Modesto, CA
COLORADO Eastern Colorado Council of BN (Denver) (127)	. Dr. Margie Ball-CookDenver, CO
·	. Florence Johnson Hartford, CT . Dr. Katherine Tucker New Haven, CT
DISTRICT OF COLUMBIA BNA of Greater Washington, DC Area (04)	. Dr. Pier Broadnax
FLORIDA	
Big Bend BNA (Tallahassee) (86)	Katrina Rivers
Chapter of the NBNA (145) Greater Gainesville BNA (85) Miami Chapter - BNA (07) Palm Beach County BNA (114) St. Petersburg BNA (28)	Lyn Peugeot. Fort Lauderdale, FL Voncea Brusha Gainesville, FL Patrise Tyson Miami, FL Avis Brown West Palm Beach, FL Janie Johnson St. Petersburg, FL Dr. Ophelia McDaniels Port Saint Lucie, FL
Columbus Metro BNA (51)	. Seara McGarity

Emory BNA (165)	. Taylor Miller	Д
Okefenokee BNA (148)	. Dr. Debra Mann Dublin, G. . Rosalyn Thomas	А
HAWAII Honolulu BNA (80)	. Linda Mitchell Aiea, F	11
Chicago Chapter NBNA (09)	. Rita Myles	L L L
Lake County Indiana BNA (169)	. Sallye Morris Indianapolis, IN . Michelle Moore Merrillville, IN . Mona Steele	Ν
KANSAS Wichita BNA (104)	. Linda WrightWichita, K	S
·	. Tia Roberts Louisville, K` . Dr. Lovoria Williams Lexington, K`	
Bayou Region BNA (140)	. Iris Malone Lafayette, Lagayette,	A A A A
BN of Southern Maryland (137)	Dr. Vaple Robinson	D D
	. Sasha DuBois Roxbury, M	
MICHIGAN		

	. Nettie Riddick Detroit MI . Aundrea Robinson Grand Rapids, MI
Kalamazoo-Muskegon BNA (96) Lansing Area BNA (149)	. Juanita Wells Flint, MI . Shahidah El-Amin Kentwood, MI . Meseret Hailu Lansing, MI . Deborah Spates Berrien Springs, MI
MINNESOTA Minnesota BNA (111)	. Sara Wiggins St. Paul, MN
Greater Kansas City BNA (74)	. Quita Stephens St. Louis, MO . Iris Culbert
NEBRASKA Omaha BNA (73)	. Shanda Ross Omaha, NE
NEVADA Southern Nevada BNA (81)	. Lauren Edgar Las Vegas, NV
Concerned Black Nurses of Newark (24)	. Sandra Pritchard Neptune, NJ . Dr. Lois Greene Newark, NJ . Tracy Smith-Tinson Somerset, NJ . Marchelle Boyd New Brunswick, NJ . Thomas Hill Lyons, NJ . Dr. Melissa Richardson Newark, NJ
New York BNA (14)	. Dr. Sheldon Fields
Central Carolina BN Council (53)	. Rashida Dobson
BNA of Greater Cincinnati (18)	. Cynthia Bell

OKLAHOMAEastern Oklahoma BNA (129)Rickesha Clark.Tulsa, OKOklahoma City BNA (173)Irene PhillipsJones, OK
PENNSYLVANIA Pittsburgh BN in Action (31)
SOUTH CAROLINAColumbia Area BNA (164)Whakeela JamesColumbia, SCTri-County BNA of Charleston (27)Wanda BrownCharleston, SCUpstate BNA (155)Dr. Colleen KilgoreGreenville, SC
TENNESSEEMemphis-Riverbluff BNA (49)Betty MillerMemphis, TNNashville BNA (113)Shawanda ClayNashville, TN
TEXAS BNA of Austin (151). Janet VanBrakle
VIRGINIA BNA of Charlottesville (29)
WISCONSIN Milwaukee BNA (21) Karina Brown Milwaukee, WI Racine-Kenosha BNA (50) Joyce Wadlington Racine, WI
Direct Member (EE)*

Direct Member (55)*

*Only if there Is no Chapter in your area