



## What Can Florida Do to Have California's Results\* in Reducing Low Risk (NTSV) Cesarean Births?

### CA FL State Level

|   |   |                                                                                                           |
|---|---|-----------------------------------------------------------------------------------------------------------|
| ✓ | ✓ | Annual state recognition of hospital reaching the national goal for NTSV cesarean rates                   |
| ✓ | ✓ | Online education of mothers on cesarean births and birth preferences: My Birth Matters                    |
| ✓ |   | Current publicly available NTSV cesarean rates shown by hospital for easy patient access                  |
| ✓ |   | Multiple private health insurance companies/plans incentivizing hospital participation and reducing rates |
| ✓ |   | Medicaid/Medicaid plans incentivizing hospitals to address overuse of cesarean delivery                   |

### CA FL Perinatal Quality Collaborative Level

|   |   |                                                                                                                                                                              |
|---|---|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ✓ | ✓ | Encouraging use of the CMQCC toolkit                                                                                                                                         |
| ✓ | ✓ | Participating in Alliance for Innovation in Maternal Health (AIM), the national organization supporting perinatal quality collaboratives in this quality improvement effort. |
| ✓ | ✓ | Individualizing hospital education and support thru consultation, site visit and grand rounds                                                                                |
| ✓ | ✓ | Identifying of individual hospital issue drivers based on baseline assessment                                                                                                |
| ✓ | ✓ | Providing rapid cycle hospital QI data sharing                                                                                                                               |
| ✓ | ✓ | Providing hospitals with identified obstetrical provider NTSV cesarean rates                                                                                                 |
|   | ✓ | Supporting coaching calls with hospital groups using volunteer physician and nurse mentors                                                                                   |
| ✓ |   | Using paid mentors for coaching calls with 6 to 8 hospitals compared to 20+ hospitals                                                                                        |
| ✓ |   | Providing peer-to-peer education for obstetrical providers through academic detailing                                                                                        |
| ✓ |   | Offering initiatives over time in phases in order to work with fewer hospitals at one time                                                                                   |
| ✓ |   | Ongoing assessment of individual hospital performance with individualized coaching                                                                                           |
| ✓ |   | Perform individual hospital culture surveys with tailored action planning                                                                                                    |

\*Rosenstein MG, Chang SC, Sakowski C, *et al.* (2021) Hospital quality improvement interventions, statewide policy initiatives, and rates of cesarean delivery for nulliparous, term, singleton, vertex births in California. *JAMA* 325(16):1631-1639.



## What Did California's Maternity Hospitals Do to Get Their Results\* In Reducing Low Risk (NTSV) Cesarean Births?

| CA  | Yours                    | Hospital Level                                                  |
|-----|--------------------------|-----------------------------------------------------------------|
| 99% | <input type="checkbox"/> | <b>CLINICAL EDUCATION</b>                                       |
| 98% | <input type="checkbox"/> | Physician or nurse educational presentation                     |
| 45% | <input type="checkbox"/> | Manual rotation of occiput posterior                            |
| NA  | <input type="checkbox"/> | Supporting safe vaginal birth training                          |
| 90% | <input type="checkbox"/> | <b>LABOR SUPPORT ACTIVITIES</b>                                 |
| 53% | <input type="checkbox"/> | Peanut balls                                                    |
| 33% | <input type="checkbox"/> | Doula program                                                   |
| 86% | <input type="checkbox"/> | <b>LABOR MANAGEMENT</b>                                         |
| 65% | <input type="checkbox"/> | Labor dystocia checklist                                        |
| 45% | <input type="checkbox"/> | Active phase huddle                                             |
| 45% | <input type="checkbox"/> | Latent labor management                                         |
| 24% | <input type="checkbox"/> | Electronic medical record order sets                            |
| 85% | <input type="checkbox"/> | <b>SHARING OF UNBLINDED PHYSICIAN-LEVEL NTSV CESAREAN RATES</b> |
| 53% | <input type="checkbox"/> | <b>LABOR INDUCTION</b>                                          |
| 34% | <input type="checkbox"/> | Induction scheduling form                                       |
| 22% | <input type="checkbox"/> | Induction algorithm                                             |
| 19% | <input type="checkbox"/> | Outpatient cervical ripening                                    |
| 47% | <input type="checkbox"/> | <b>PATIENT EDUCATION</b>                                        |
| 45% | <input type="checkbox"/> | Patient education during triage or labor                        |
| 26% | <input type="checkbox"/> | Patient support after traumatic birth experience                |
| 13% | <input type="checkbox"/> | <b>LABOR AND DELIVERY STAFF MODELS</b>                          |
| 9%  | <input type="checkbox"/> | Addition of hospitalists                                        |
| 4%  | <input type="checkbox"/> | Addition of midwives                                            |

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