

Coronavirus Disease (COVID-19)

COVID-19 is a new virus that causes respiratory illness in people and can spread from person-to-person. According to the Centers for Disease Control and Prevention (CDC), the risk of COVID-19 to the American public is low.

PREVENTION

There are simple everyday actions to help prevent the spread of respiratory viruses. These include;

- Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.



SYMPTOMS

Patients with COVID-19 have reportedly had mild to severe respiratory illness with symptoms of: cough, fever, and shortness of breath.



TRANSMISSION

If you are sick, you should stay home and call your healthcare provider.

