

Metamorphosis : Matter to Energy

By Connie Hernandez, ND



We humans are beings of energy living in a world of energy...born of energy, molded by energy, intaking energy, emanating energy.

In 2019, we have relatively recently entered an age long cycle in which mankind has begun to truly grasp the truth that energy trumps matter. We know that everything in the universe has a unique energy signature, that we live in a hologrammatic and interconnected universe, that energy can transform and destroy.

As to the specifics in medicine, we are in our infancy, just beginning to toddle onwards.

Modern medicine has progressed from crude anatomic solutions to medicine based on physiology, biochemistry and molecular biology. Resting on this foundation, naturopathy

is the original functional medicine, focusing on the optimization of biologic systems. **Naturopathic doctors are trained to discover and address the root cause of a disease, whether genetic, environmental, lifestyle, mental or emotional.** And, beyond that, naturopaths pay homage to the Vix Medicatrix Naturae, or the healing power of nature, that force that patterns and animates all of life. Therapies aim to facilitate the flow of that life force through the body to effect a cure. Foremost among energy remedies, effecting a cure through the movement of life force, are homeopathy, flower essences, acupuncture, hand healing, spiritual healing.

Yet another dimension in medicine was ushered in early in the 20th century, as Raymond Rife, Nikola Tesla, and other scientists pioneered energy diagnostics and therapies based on specific and unique energy frequencies. **“Black box” therapies of the late 20th and early 21st century are the Model T’s of what will be sophisticated and precise diagnostics and therapies.** We in the US are only beginning to acknowledge the effects of earth energy, of cell phone energy, of WiFi energy, of microwaves (see our last newsletter) and the potential of directed frequencies for healing. We’re not quite there yet, but it is indisputable science that all lifeforms are impacted by electromagnetic energy of all wave lengths, sometimes beneficially, sometimes adversely.

In alternative energy circles, the global electromagnetic Schumann Resonances have become known as the earth's vibrational frequency. Lightning generates electromagnetic waves between the earth's surface and the ionosphere. Some of these waves combine to form what is known as the atmospheric heartbeat, the rhythm of the earth. We humans evolved with and are tuned to this vibration. **Researchers find that when exposed to the Schumann frequency, we entrain our brains, our HCG levels increase, we are calm and meditative.**

Given that those healing Schumann frequencies resonate at 7.83 Hertz, proponents of energy medicine have developed modalities around the resonant frequencies, ranging from binaural beat recordings to pulsed electronic frequency devices (see article above re the Centurion device). Quackbusters, wedded to the realm of matter as they are, are quick to dispute all of this, from the assertion that we are energetic beings to all of the attendant science, which they perceive as pseudoscience.

Never mind all the newest of today's high frequency technologies, think about the fact that even the lowest frequency radio waves used to send signals to an AM/FM radio are some one hundred times higher than that of the Schumann Resonance. Then **consider that introducing unknown frequencies through the 5G network (frequencies of which have not been tested on human beings) will have unknown consequences, altering who we are as biological and conscious beings and who we are to become.**

The future is unfolding before us, and it behooves each one of us to become far more conscious in our choices as we metamorphose in interchange with the multiple frequencies which now constitute our electro-smogged environment.