A Day of Joy and Connection at Lucy’s Farm Zoo

Recently, Jen and Vickie enjoyed a memorable outing to **Lucy’s Farm Zoo in Utopia**, and it was a day filled with laughter, learning, and meaningful connections with animals. From feeding friendly farm animals to exploring the grounds, everyone had the opportunity to experience the simple joys that nature and animals can bring.

One of the highlights of the visit was getting up close and personal with a variety of animals, including horses, rabbits, guinea pigs, hamsters, and even a pig affectionately known as “Kevin Bacon.” Participants enjoyed feeding, petting, and interacting with the animals, creating special moments that brought smiles to everyone’s faces.

Animal-assisted experiences like those offered at Lucy’s Farm Zoo are not only fun—they can also be incredibly therapeutic. Spending time with animals has been shown to help reduce stress, encourage relaxation, and promote emotional well-being. The calm environment of the farm provided a welcome opportunity to slow down, be present in the moment, and enjoy meaningful sensory experiences. For many participants, interacting with the animals fostered feelings of comfort, confidence, and connection.

The outing also encouraged social interaction, communication, and community participation. Whether sharing excitement over a new animal friend, helping feed the animals, or simply enjoying the peaceful farm setting together, everyone had the opportunity to build relationships and create lasting memories.

A special thank you to the staff and volunteers at Lucy’s Farm Zoo for providing such a warm and welcoming experience. Days like these remind us of the importance of inclusion, community engagement, and opportunities that support both emotional wellness and personal growth.

We look forward to many more adventures that help the people we support explore, connect, and thrive!

"*Sometimes the best therapy has fur, feathers, and four legs.*" 🐴🐰🐹🐷