



**VNSWestchester**  
Bring the best care home

Also serving the Bronx, Dutchess, Putnam & Rockland  
A Not-for-Profit Agency Founded in 1901



# on the Home Front



## VNSW Celebrating 120 Years

**V**NSW is celebrating 120 years! What started in 1901 as a nursing service to care for patients discharged from the wards of hospitals in Yonkers, has now evolved into the largest, not-for-profit Medicare certified home healthcare agency in Westchester County. Today, in addition to serving residents of Westchester County, VNSW also serves the Bronx, Dutchess, Putnam, and Rockland counties. Over the past 120 years, VNSW has evolved to meet the changing needs of the community through new technology and best practices in care all while “keeping our community healthy at home.” In celebration of 120 years, VNSW has put together a series of virtual educational webinars and small in-person gatherings for its agency supporters in the lead up to its 120th Anniversary Gala on June 2, 2022. A special thank you to our sponsors for their support in celebration of our 120 years:

### 120 Years Celebratory

Mutual of America  
VNSW CCN

### Building a Legacy

BNY Mellon Wealth  
Management  
Wells Fargo

### Future Innovations

Anatomy IT  
Burke Rehabilitation Hospital  
Mytrex Inc.  
Waterstone of Westchester

### Healthy at Home

BDO  
SimiTree Healthcare Consulting  
White Plains Hospital

### Home Care Heroes

Compass Healthcare  
Homecare Homebase  
NFP Corporate Services (NY) LLC

### In Good Hands

United Hebrew

### Loving Care

Atlantic, Tomorrow's Office  
Atria Senior Living  
Hospice of Westchester  
River Spring  
The Osborn Senior Living

## IN THIS ISSUE

### Community Care Navigation

Program 2

Grant from 2  
Field Hall Foundation

Proctor of the Year 2

Van Services Ribbon Cutting 2

50 Surface Pro-3  
Tablets Donation 3

Staff Appreciation 3  
Celebration

Job Fair 3

Grant from Phelps 3  
Health Foundation

Health Insurance and 3  
Eldercare Webinar

VIP Open House 4

Virtual Visit Program 4

Sponsorship Opportunities 4

Save The Date 5

2020 Annual Report 5



## VNSW Launches Community Care Navigation Program



VNSW launched its Community Care Navigation (CCN) Program on March 1st, designed to provide a wide range of care navigation services for individuals, employers, and groups. As adults transition through different life stages, a team of Care Navigators and Entitlement Specialists can help to provide coordinated care, life planning, and wellness services in the comfort of a home setting. The CCN staff works closely with individuals and/or family members to provide services that take into consideration their goals and wishes regarding physical and cognitive wellness, social and emotional needs, legal matters, occupational goals, and living environment. In addition, the CCN staff can also assist individuals with discharge planning and transitions among care settings, enrollment in insurance and other entitlement plans, adoption of healthy behaviors through regular check-ins, and identifying and implementing other resources to help individuals safely age in place. To learn more about the CCN Program, please visit [www.vns.org/vnswatccn](http://www.vns.org/vnswatccn).

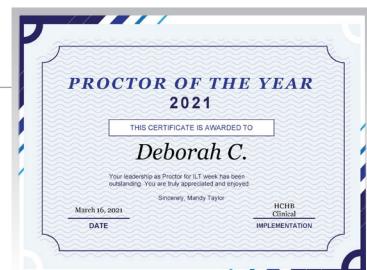
## VNSW Awarded Grant from Field Hall Foundation



VNSW received a grant of \$42,000 from the Field Hall Foundation along with a matching grant from the VNSW Foundation for its new Van Services Program. Receiving this grant enabled VNSW to purchase a van to transport its Home Health Aides to patients' homes in Westchester, Putnam, and Dutchess counties. The funds received will help fill the current gaps in home care services to the homebound elderly in hard to reach areas throughout Westchester, Putnam, and Dutchess counties. To learn more about this grant, please [READ HERE](#).

## Proctor of the Year

A special congratulations to Deborah Connor, Nurse Manager at Hopewell Junction, who was honored with the Homecare Homebase Proctor of the Year award. Thank you for your leadership, positive attitude, and being a major asset to VNSW.



## Van Services Program Ribbon Cutting

A ribbon cutting was held for the launch of the van services program and kicked off VNSW's 120th Anniversary series of events on Thursday, June 17th at VNSW headquarters in White



Plains. A special thank you to the VNSW Foundation and to the Field Hall Foundation for awarding VNSW with a grant to help provide home care services for our homebound elderly throughout Westchester, Putnam, and Dutchess counties.

## VNSW Donates 50 Surface Pro-3 Tablets

VNSW donated 50 Surface Pro-3 Tablets to the Boys & Girls Club of New Rochelle on Thursday, July 15th at its headquarters in White Plains. The donation of tablets will replace the old and outdated computers at the Boys & Girls Club of New Rochelle, allowing their club members to receive further enrichment programming. To learn more, please [CLICK HERE](#).



## Staff Appreciation Celebration



VNSW held a staff appreciation celebration as part of its 120th Anniversary series of events at its headquarters in White Plains on Thursday, August 5th. The afternoon included delicious food from Seaside Sliders, dancing, games, a photo booth, and dessert from Ben & Jerry's. The leadership team thanks all of the staff for their hard work and dedication in helping VNSW continue its mission of keeping our communities healthy at home.

## VNSW Participates in a Job Fair

VNSW participated in a local job fair hosted by the Yorktown Chamber of Commerce in September 2021. A great day was had by all as VNSW met with candidates in the Yorktown community. Interested in working for VNSW? [CLICK HERE](#) to view our open positions.



## VNSW Awarded Grant from Phelps Health Foundation

VNSW received a grant of \$125,000 from the Phelps Health Foundation to address the unmet needs for home health aides in suburban and rural areas in Northern Westchester, Putnam, and Dutchess by providing funding for ridesharing services such as Uber and Lyft. This grant in addition to the Van Services program, will allow VNSW to serve more patients throughout all areas.



## Health Insurance and Eldercare Webinar

VNSW held a webinar for their patients and families as part of its educational series titled *“Health Insurance and Eldercare: Getting the most from your Benefits”* presented by Robert Klein on Thursday, October 7th. Attendees received information on how to understand their plan, understand the moving target of prescription drugs, and learn how their income in retirement can affect their Medicare and Social Security benefits.



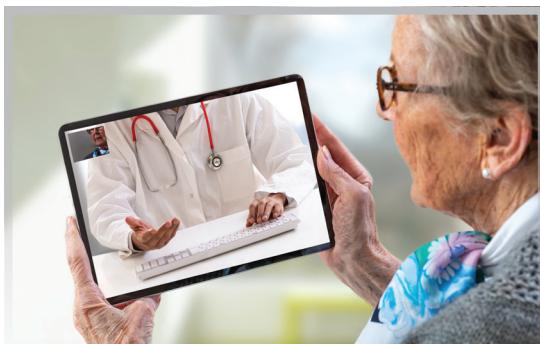
## VNSW VIP Open House

VNSW held a VIP Open House for its supporters and partners as part of its 120th Anniversary series of events on Friday, November 12th at its headquarters in White Plains. Attendees received a tour of the new offices, champagne, hors' d'oeuvres, and a raffle prize entry. A special thank you to everyone who attended!



## VNSW Piloting Virtual Visit Program

VNSW is currently in a pilot program with Health Recovery Systems (HRS) utilizing the HRS Model of Care of incorporating skilled nurse virtual visits as part of its Telehealth program. The



aim of the current pilot is to have 30 patients over 90 days with a focus on the diagnosis of congestive heart failure and hypertension. In addition, patients with COVID-19 who are utilizing Telehealth are also being captured in the pilot. The goal of the skilled nursing virtual visits is to enhance the patient's self management of their disease, assess the patient's status, identify improving or worsening problems, and to provide education.

VNSW looks forward to the growth of this program as a way to improve patient engagement and self-symptom management while reducing hospital re-admissions and visits to the emergency department.

## Sponsorship Opportunities Available

Join VNSW in celebrating 120 years of keeping our community healthy at home by becoming a sponsor! Your support will help impact lives by allowing VNSW to continue to develop new cutting-edge programs and expand upon their community services to bring a "high tech, high touch" approach to patient care. To view all the sponsorship opportunities available, please [CLICK HERE](#) or visit our website.



**VNSW Foundation, Inc.**

**2021 + 2022**

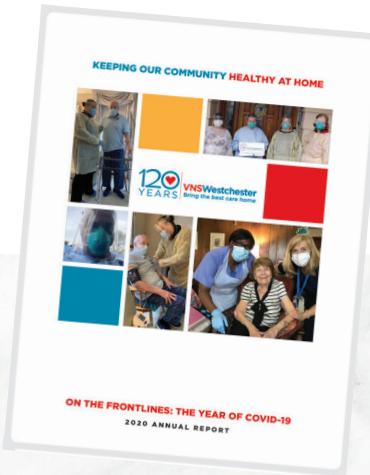
**SPONSORSHIP OPPORTUNITIES**

**Celebrate**  
WITH US ALL YEAR LONG

*Visiting Nurse Services in Westchester (VNSW) is celebrating our 120th Anniversary with a wide range of new programs and services that build on our tradition of **keeping our community healthy at home.***

## Save The Date

Mark your calendars and join VNSW for its 120th Anniversary Gala on June 2, 2022 at Westchester Country Club! We have a wonderful evening planned in celebration of 120 years and look forward to celebrating with you. Please [VISIT OUR EVENT WEBSITE](#) to purchase your tickets and sponsorship.



## VNSW 2020 Annual Report Available

Have you viewed our 2020 Annual Report? For a summary of VNSW and VNSW at Home news, activities, and a "By the Numbers" review of 2020, please [CLICK HERE](#) to download.



### Westchester Visiting Nurse Services Group, Inc. Board of Directors 2021-2022

James Martell, *Chairperson*  
Jesse Rosenblatt, *Vice-Chairperson*  
Andrea McKay-Harris, *Secretary*  
Camille Fremont, *Treasurer*

Michael J. Amoruso  
Dr. Amy Ansehl  
Martin Considine  
Richard J. Davidian  
Richard D. Fenton  
Leroy Francis  
Karen Herrero  
Stephen Landon  
Dr. Arlene F. Rosen  
Jessica Ansehl Steinberg

### President & CEO

Timothy P. Leddy

1311 Mamaroneck Ave., White Plains, NY 10605

1-888-FOR-VNSW • 914-682-1480

2531 Route 52, Hopewell Junction, NY 12533

845-278-2550 • [www.vns.org](http://www.vns.org)



**VNSW Foundation, Inc.**

A not-for-profit organization supporting the programs and services of VNS Westchester  
914-218-3968

**VNSW Home**

An affiliate of VNS Westchester

1-800-805-WCAH • 914-997-7912

**VNSW CCN**

914-358-7238

**To make a tax-deductible donation, at any level, please:**

**1. VISIT** our secure online donation site at

[www.vns.org/donate](http://www.vns.org/donate)

**2. CALL** 914-218-3968

**3. MAIL** your donation to

VNS Westchester at

1311 Mamaroneck Ave., Suite 180  
White Plains, NY 10605

*Thank you!*