



Alumni Spotlight



Minh Duong, PTA, FMT, AS Physical Therapist Assistant

Minh Duong began his journey at Valley College in fall 2008, after graduating from San Geronimo High School. As a new student, he was unsure of which direction he wanted to go. Minh ultimately decided to pursue electronics/digital logic training after a year or so. Shortly after, he changed majors, chose to pursue HVAC/R, and was on the Dean's List. Minh completed the program with an A.S. in HVAC/R in 2012-2013.

After working in the field, Minh decided to overhaul his path completely and pursued a career in health/wellness and medical, pursuing further education in Physical Therapy as a Physical Therapist Assistant, successfully graduating in July 2020, and officially becoming a licensed practitioner in October of 2020.

He is also a CrossFit coach and athlete. CrossFit is a varied modality, high-intensity functional training class designed with gymnastics, weightlifting, and other forms of fitness combined into a one-hour session. Minh also holds two Functional Movement Technique (FTM) certifications - kinesiotape and mobility - from Rocktape. This company makes physical therapy and athletic products to help restore movement and injury prevention. He coaches groups ranging from 5-20 people and competes as an athlete at the local level.

Minh enjoys automobiles as a hobby in his spare time, occasionally restoring and fixing for leisure. He has a fond memory of SBVC and credits his successful career for his early education at SBVC.