



ACACIA NETWORK & IPR/HE PRESENT

VIRTUAL WELLNESS SERIES

FOR ESSENTIAL WORKERS AND SENIORS

COVID-19 COMMUNITY CONVERSATIONS MENTAL HEALTH, EQUITY & RESILIENCE

with

*Mental Health COVID-19 Response Unit
NYC Department of Health & Mental Hygiene*

THIS 1.5 HOURS INFORMATIONAL VIRTUAL PRESENTATION WILL RAISE AWARENESS ABOUT:

- THE MENTAL HEALTH IMPACT OF COVID 19
- THE EFFECT OF TRAUMA, GRIEF, AND ANXIETY
- HEALTH DISPARITIES IN LOW INCOME COMMUNITIES
- COPING SKILLS AND MENTAL HEALTH RESOURCES AVAILABLE IN NYC

FRIDAY, OCTOBER 16, 2020

11:00 AM - 12:30 PM

**CLICK TO
REGISTER**

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ATTEND NOW!

<https://acacianetworkinc.timetap.com>

STAY TUNED FOR MORE EVENTS!

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